

# Measles and Varicella in Solid Organ Transplantation

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Conflicts of interest : none

Measles

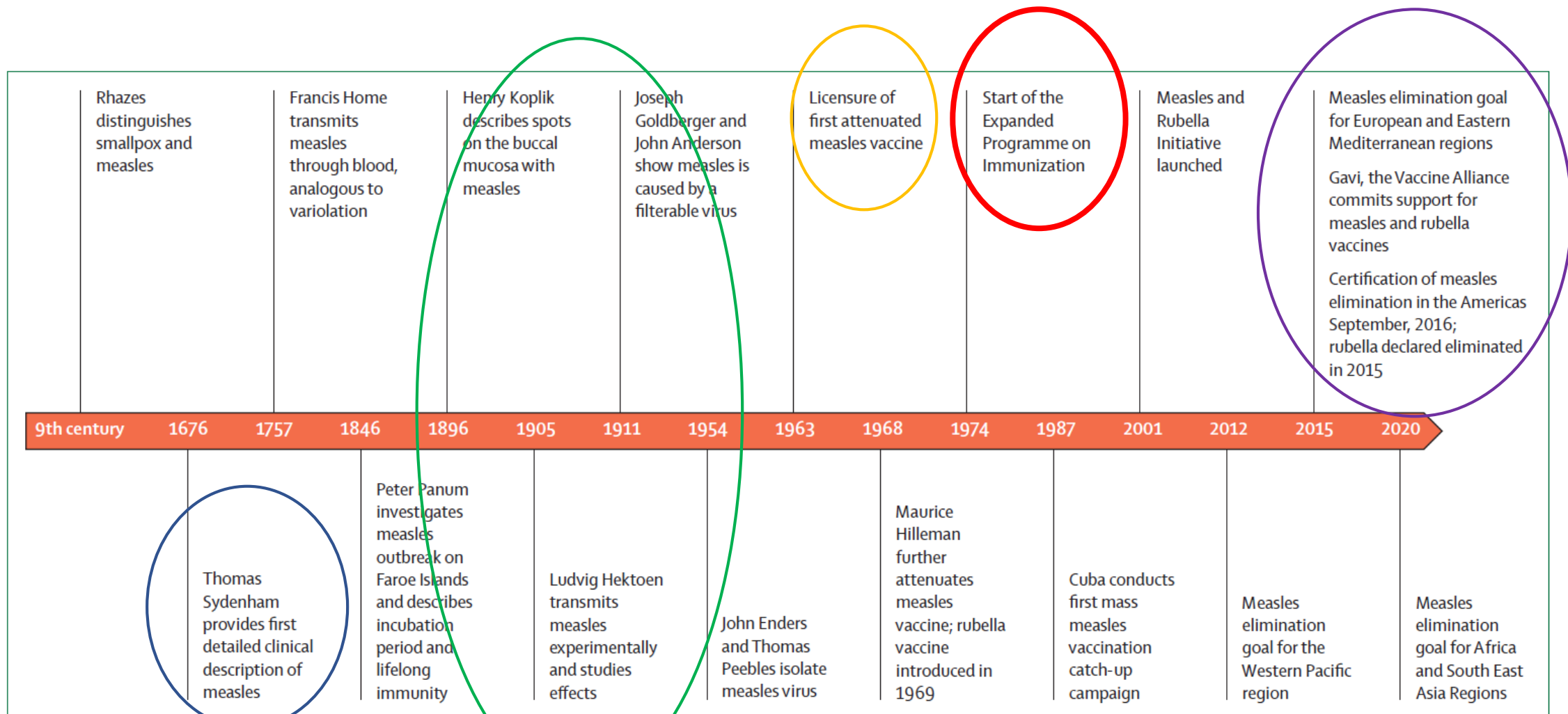
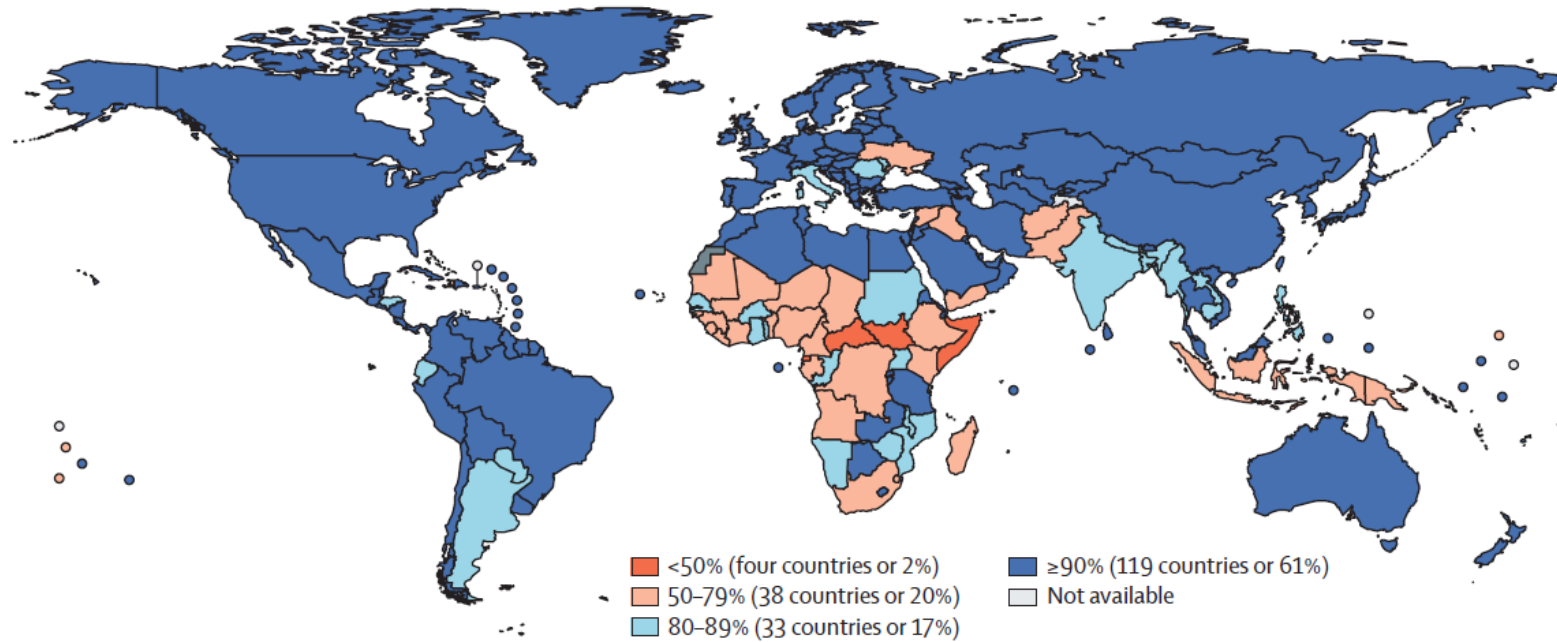
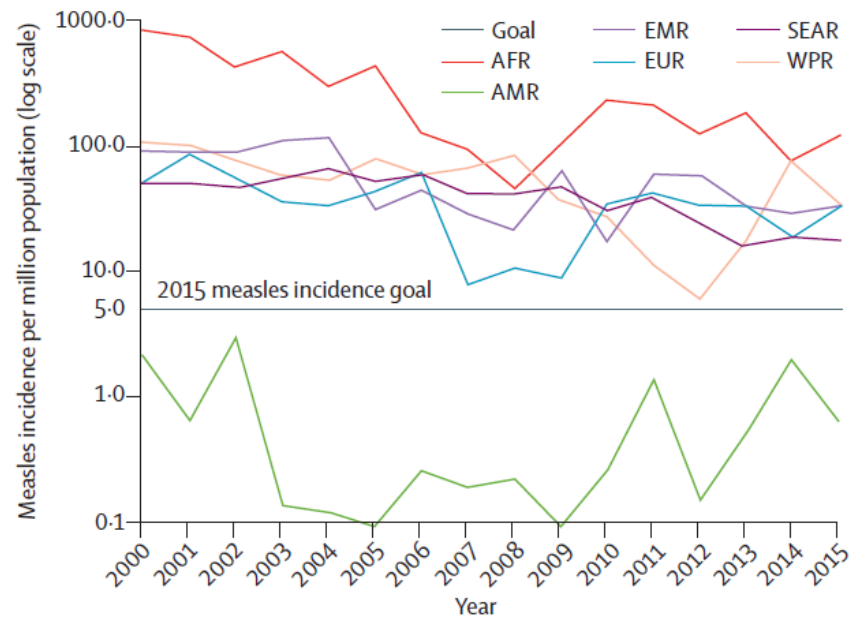


Figure 1: Measles timeline

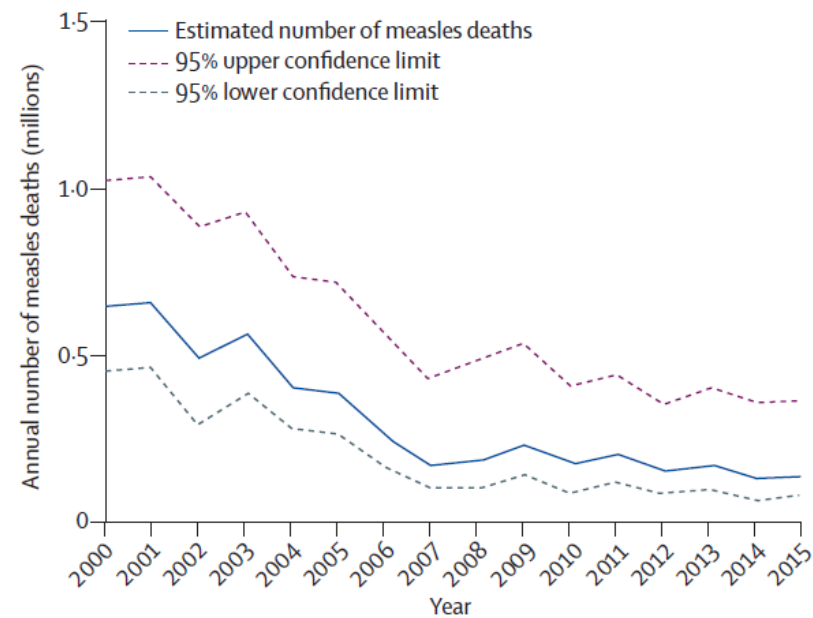
A MCV1 coverage in infants, 2015



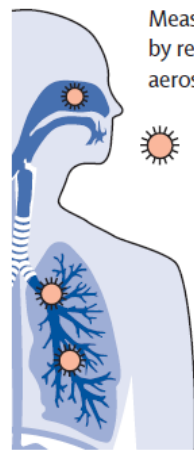
B Global measles incidence by WHO region, 2000-15



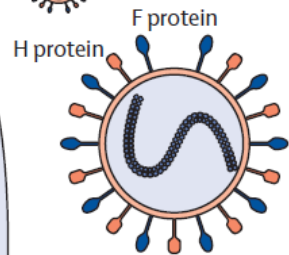
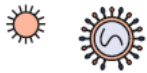
C Estimated annual number of global measles deaths, 2000-15



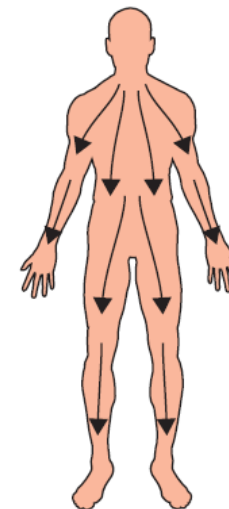
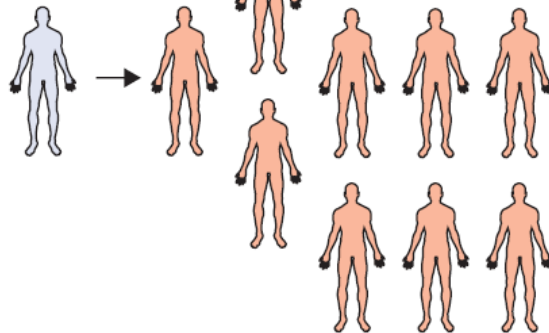
## B Transmission



Measles virus is transmitted by respiratory droplets and aerosolised particles



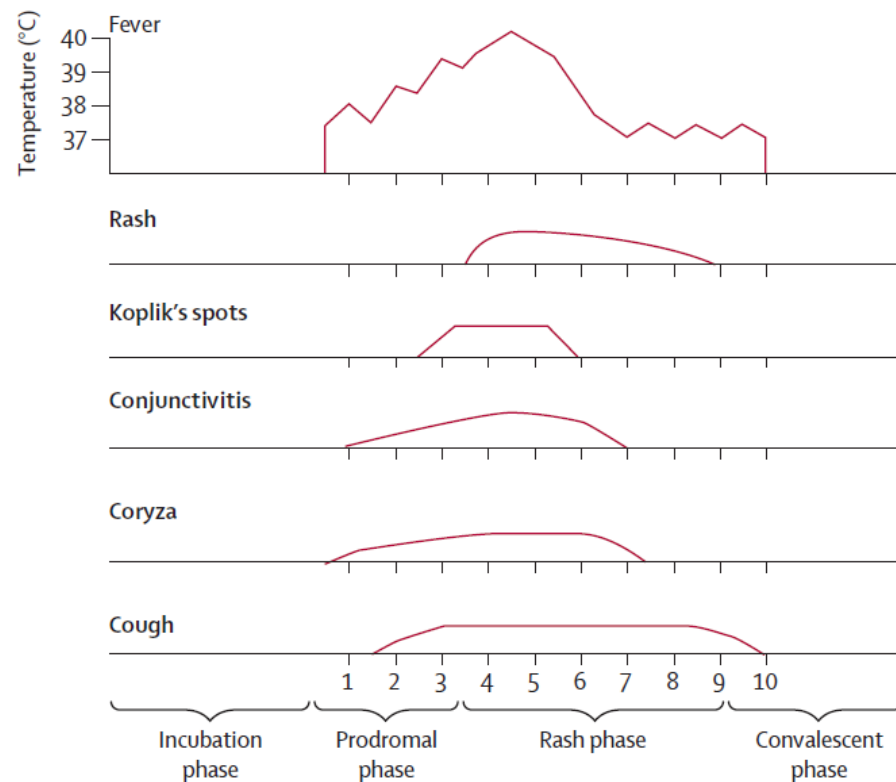
A single person with measles infects 9-18 other people on average



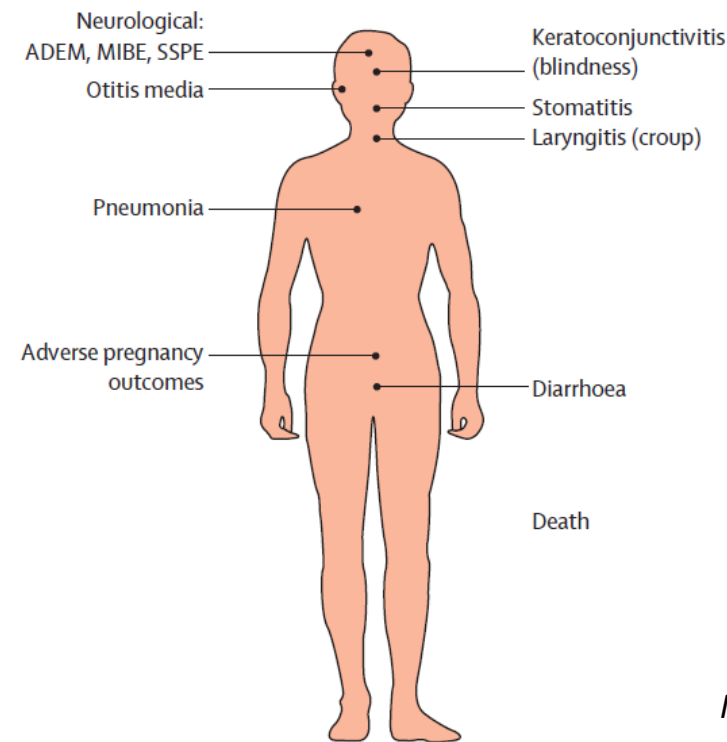
Measles virus spreads first to local lymphoid tissue and is then disseminated throughout the blood stream through infected lymphocytes, infecting cells in almost all organ systems

The incubation period for measles is 12.5 days on average (95% CI 11.8-13.2 days), with a range up to 23 days

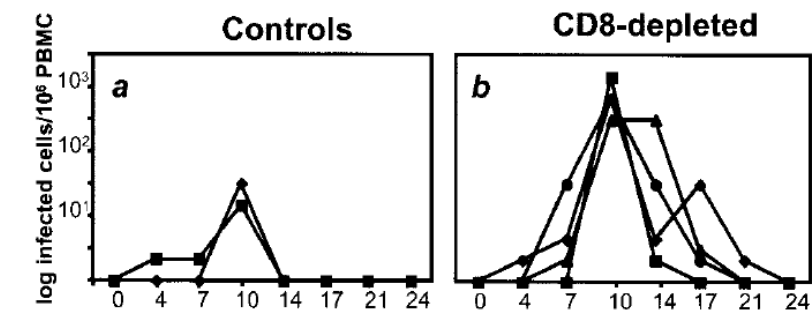
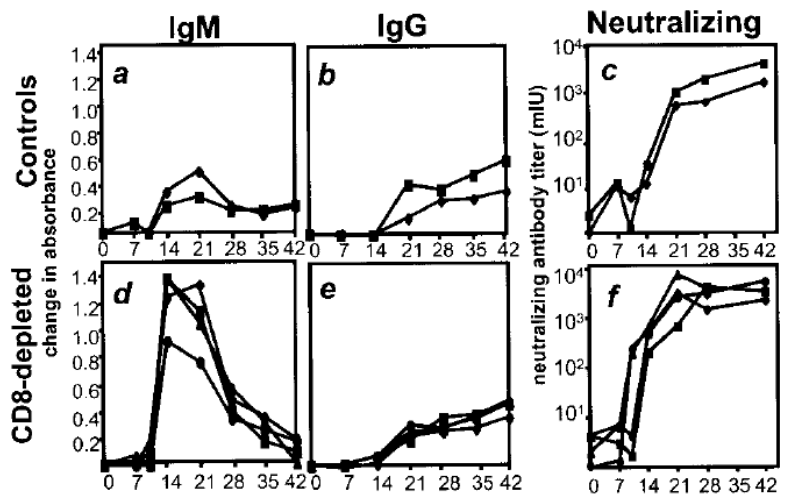
## C Disease course



## D Complications

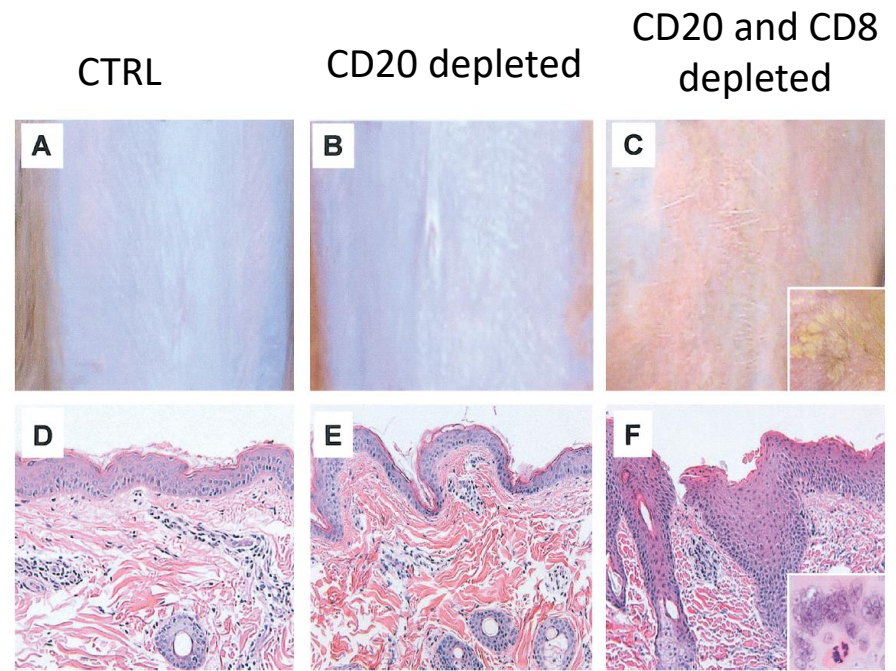


# An increased risk in SOT ?

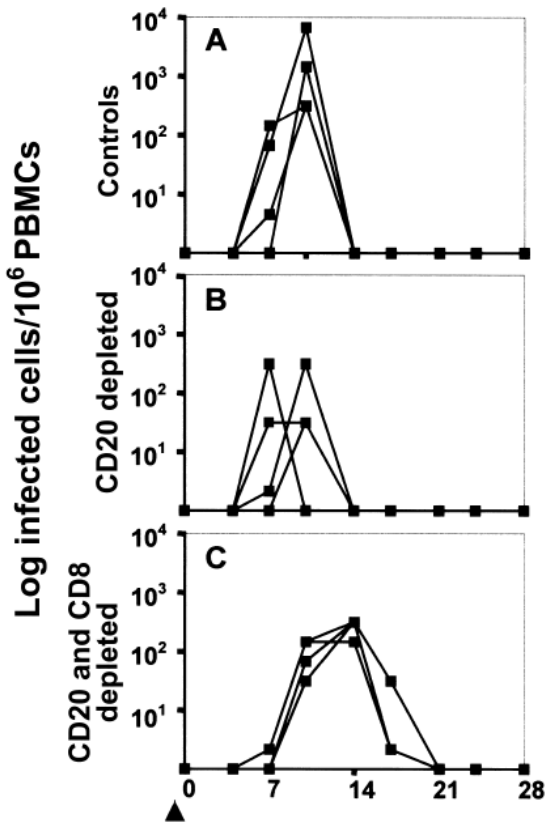


Higher and longer MV viremia in CD8+ depleted Monkeys

Permar et al. J Virol, 2003



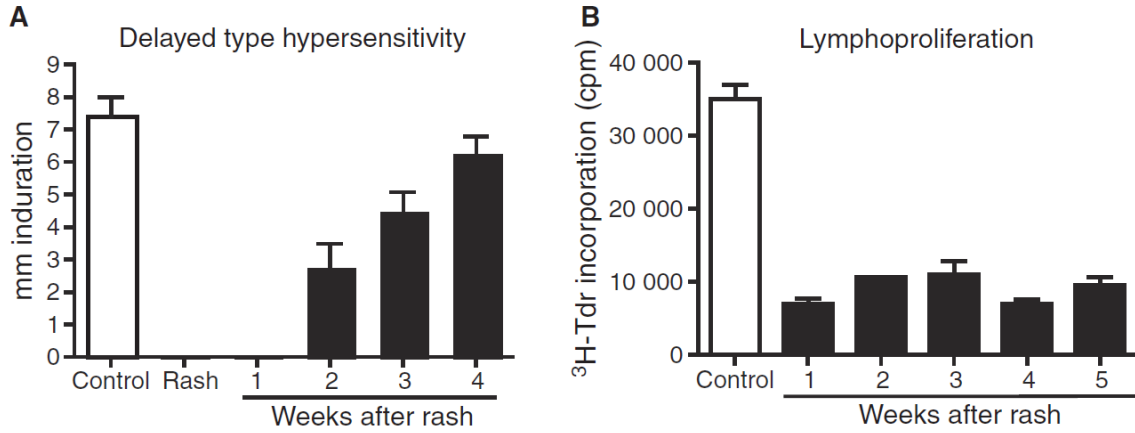
Extensive and more severe rash in CD20 and CD8 depleted monkeys



Longer viremia in CD20 and CD8 depleted monkeys

Permar et al. J Inf Diseases, 2004

# An increased risk in SOT ?



Delayed global immune response following MV viremia : higher risk of co-infections ?

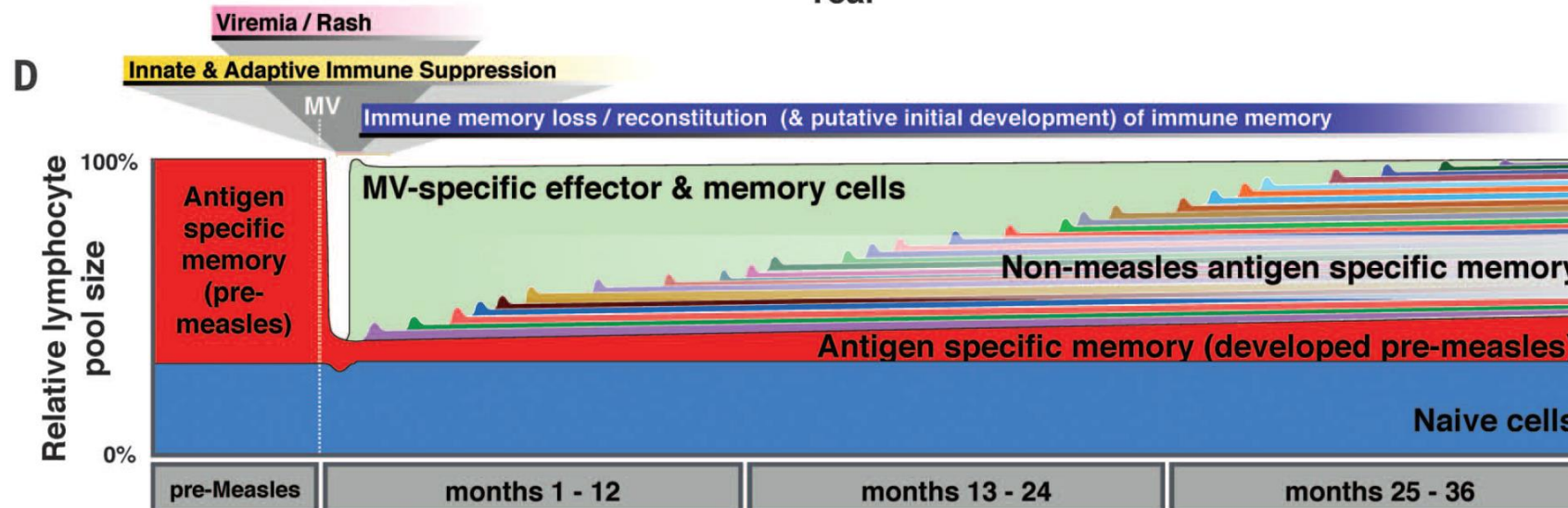
*Griffin, Immunol Reviews, 2010*

**TABLE 2. Selected clinical characteristics (%) of children exposed versus unexposed to measles at recruitment, Cohort Study of Childhood Morbidity After Measles in Urban Bangladesh, 1995–1996†**

Characteristic	Hospital cohorts		Community cohorts	
	Exposed (n = 117)	Unexposed (n = 117)	Exposed (n = 137)	Unexposed (n = 137)
Watery diarrhea‡	91	93	26	4**
Mucoid diarrhea‡	43	29*	13	3**
Bloody diarrhea‡	20	11	3	1
ALRI§: WHO§ criteria	23	10**	36	1***
Oral candidiasis	14	4**	7	2*
Stomatitis	8	4	25	3***
Stunted¶	57	47	63	57
Wasted#	61	63	38	8**
Vitamin A deficient††	77	76	84	30***

More secondary infectious complications following MV

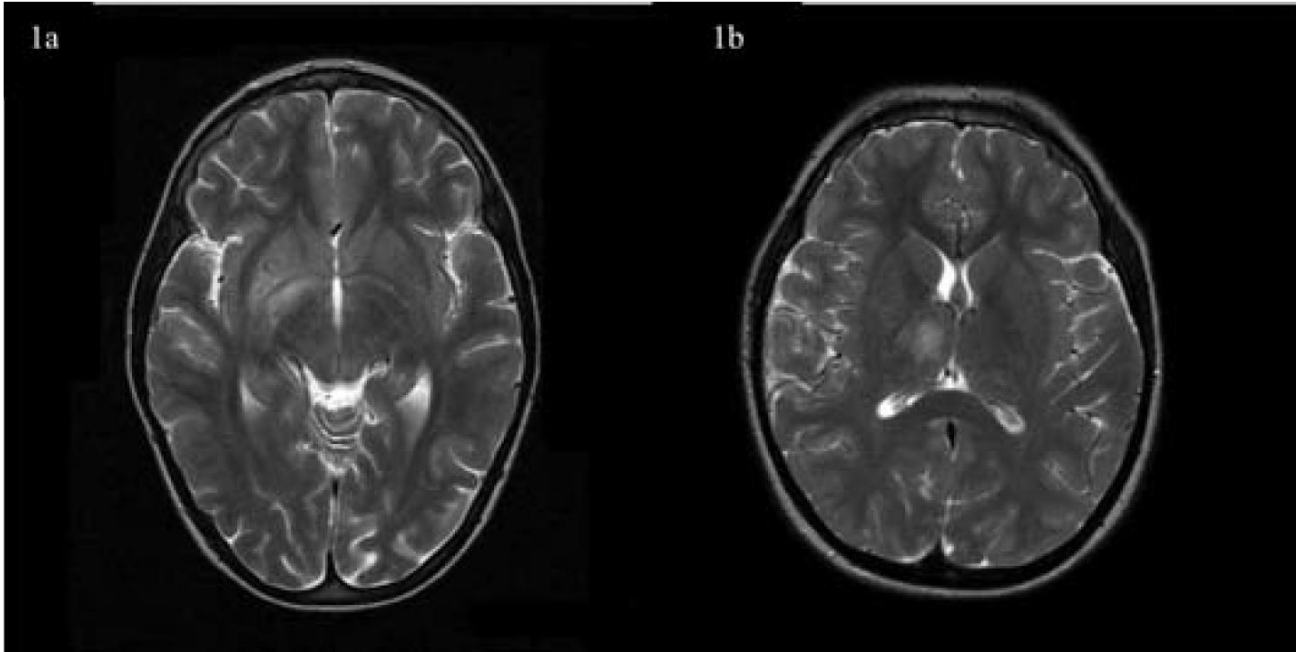
*Akkramuzzaman et al, Am J Epidemiol, 2000*



*Mina et al., Science, 2015*



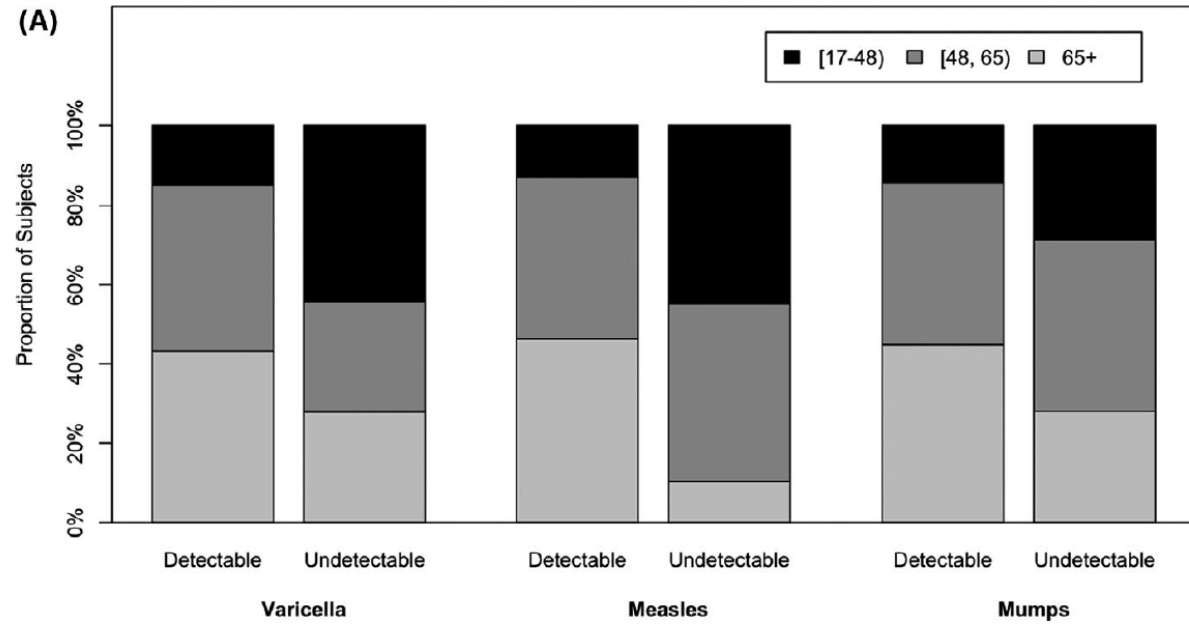
# Acute encephalitis



*Turner et al, AJT, 2006*

- Uncomplete vaccination schedule
- Delayed diagnosis
- Thalamic and glial lesions
- Reduction of immunosuppression + IV-Ig + Ribavirin

# Screening for Mesles vaccination before transplantation



40% of seronegative patients before Lung Transplant

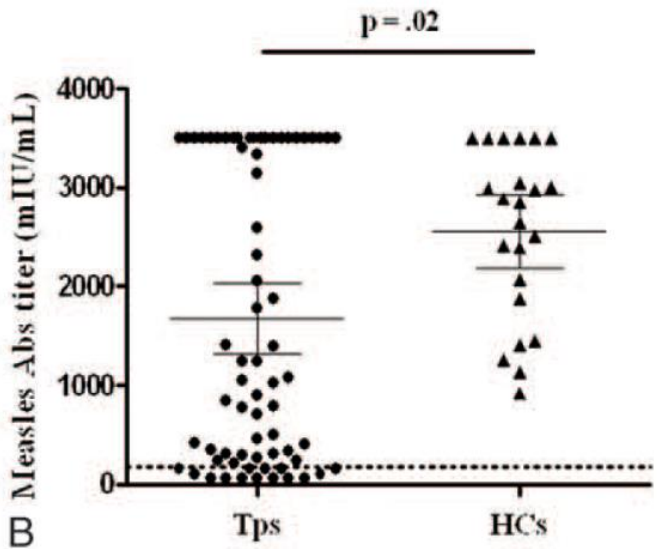
*Hostetler et al, AJT, 2021*

Vaccine	Paediatric renal transplant recipients (%)	Healthy children and adolescents (%) <sup>b</sup>
Hepatitis B ( <i>n</i> = 155) <sup>a</sup>	83.3	72.6 <sup>c</sup>
HBsAb >10 IU/L	83.3	72.6 <sup>c</sup>
Complete vaccination ( <i>n</i> = 133)	85.8	n.a.
Incomplete vaccination ( <i>n</i> = 22)	68.2	n.a.
HBsAb >100 IU/L	58.1	60.9 <sup>c</sup>
Complete vaccination ( <i>n</i> = 133)	60.2	n.a.
Incomplete vaccination ( <i>n</i> = 22)	45.5	n.a.
Rubella ( <i>n</i> = 88)	89.8	100 <sup>d</sup>
Complete vaccination ( <i>n</i> = 72)	88.9	n.a.
Incomplete vaccination ( <i>n</i> = 16)	93.8	n.a.
Varicella ( <i>n</i> = 77)	79.2	96.8 <sup>d</sup>
Complete vaccination ( <i>n</i> = 72)	79.2	n.a.
Incomplete vaccination ( <i>n</i> = 5)	80.0	n.a.
Measles ( <i>n</i> = 99)	76.8	97.0 <sup>d</sup>
Complete vaccination ( <i>n</i> = 84)	77.4	n.a.
Incomplete vaccination ( <i>n</i> = 15)	73.3	n.a.

20% of seronegative patients before KT

*Hocker et al, Ped Nephrol, 2018*

# Post vaccine antibodies after transplantation



No IgG (and lower titers) after KT in 20% of patients

*Rocca et al, Medicine, 2016*

	Non-immune (n = 16, 22%)		Immune (n = 56, 78%)		P-value
	n	%	n	%	
Number of pre-LT vaccine doses					
1	12	75%	21	38%	0.026
2	4	25%	31	55%	
≥3	0	0%	4	7%	
Age at vaccine					
<1 y	4	25%	2	4%	0.006
≥1 y	12	75%	54	96%	
Age at transplant					
≤2 y	9	56%	11	20%	0.004
>2 y	7	44%	45	80%	
Post-LT booster					
	2	13%	4	7%	0.494
Years from last vaccine to transplant					
≤1 y	10	63%	22	39%	0.099
>1 y	6	38%	34	61%	

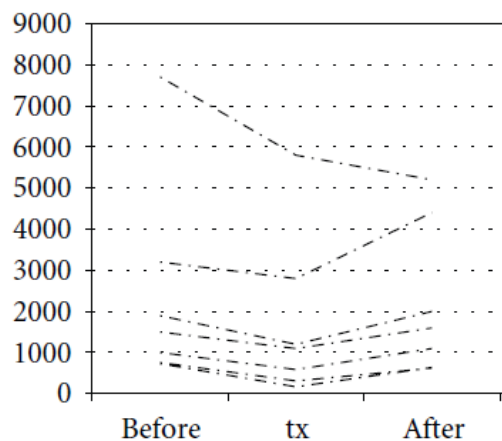
Absence of IgG in 22% of LT

*Yoeli et al, Ped Transplant, 2019*

Vaccine	Patients, n (%)
Diphtheria	7/15 (46.7)
Hepatitis A	5/28 (17.9)
Hepatitis B	14/75 (18.7)
Measles	3/42 (7.1)
Mumps	4/34 (11.8)
Pertussis	3/4 (75.0)
Pneumococci	6/13 (46.2)
Rubella	5/45 (11.1)
Tetanus	7/24 (29.2)
Varicella	12/48 (25.0)

Patients with a seropositivity loss during the 1st year post KT

*Hocker et al, Ped Nephrol, 2018*



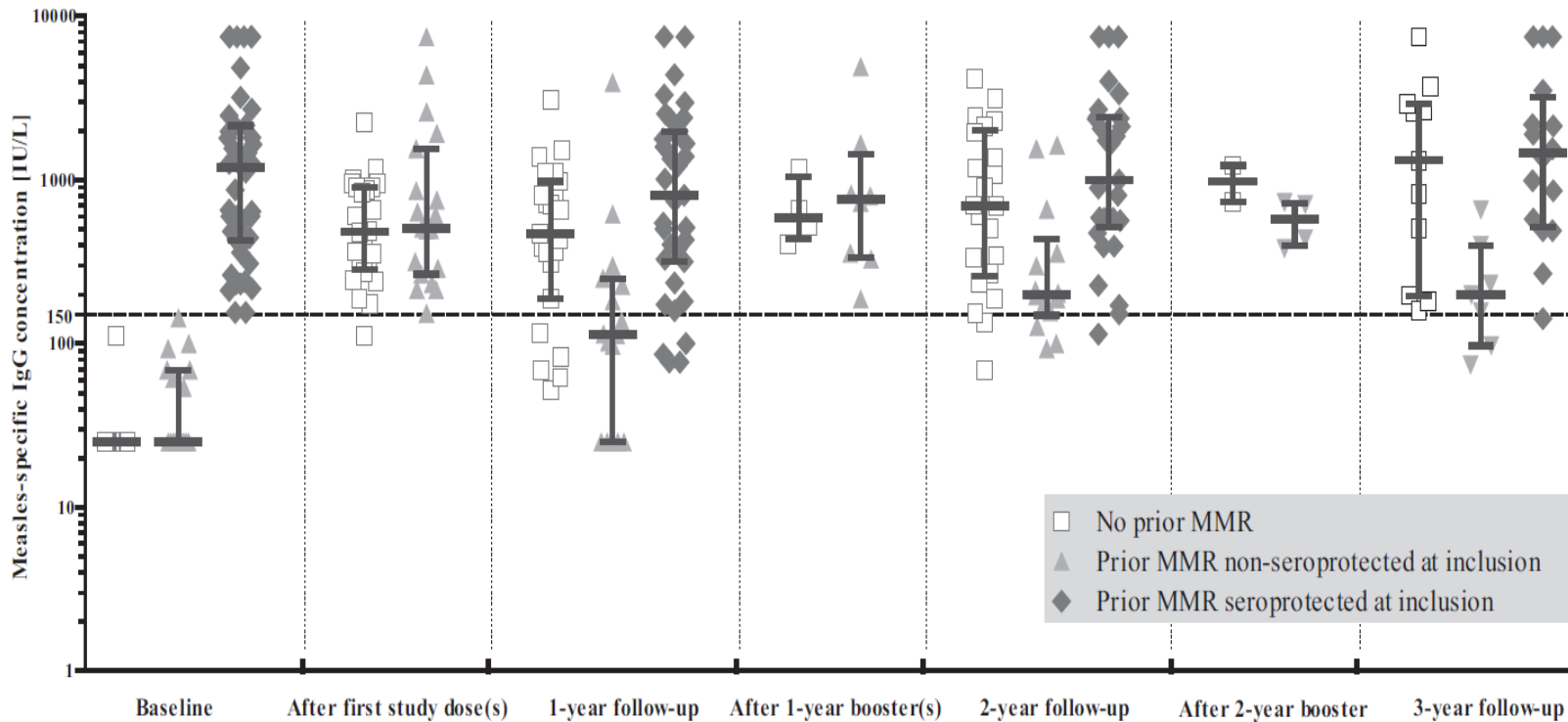
Little and reversible effect of PEX

*Warmington et al, Ped Transplant, 2005*

Virus	Type of Transplanted Organ (No.)	Seronegative Prior to Transplantation	Seropositive Prior to Transplantation
Measles	All SOT recipients (1182)	28 (2.4)	1127 (95.3)
	Heart (84)	2 (2.4)	80 (95.2)
	Lung (210)	7 (3.3)	199 (94.8)
	Liver (285)	1 (0.4)	277 (97.2)
	Kidney (577)	18 (3.1)	548 (95)
	Liver-kidney (8)	0 (0.0)	7 (88)
	Pancreas-kidney (18)	0 (0.0)	16 (89)

*Rezahosseini et al, CID, 2020*

# Vaccination after transplantation



*Pittet et al, AJT, 2018*

- Child Liver transplantation > 1 year, Low Tac, Ly > 750/mm<sup>3</sup>
- 46/90 were non protected (40% were previously vaccinated)
- Booster at one and two years if IgG < 150IU/L

# Management of SOT recipients during a regional Measles outbreak

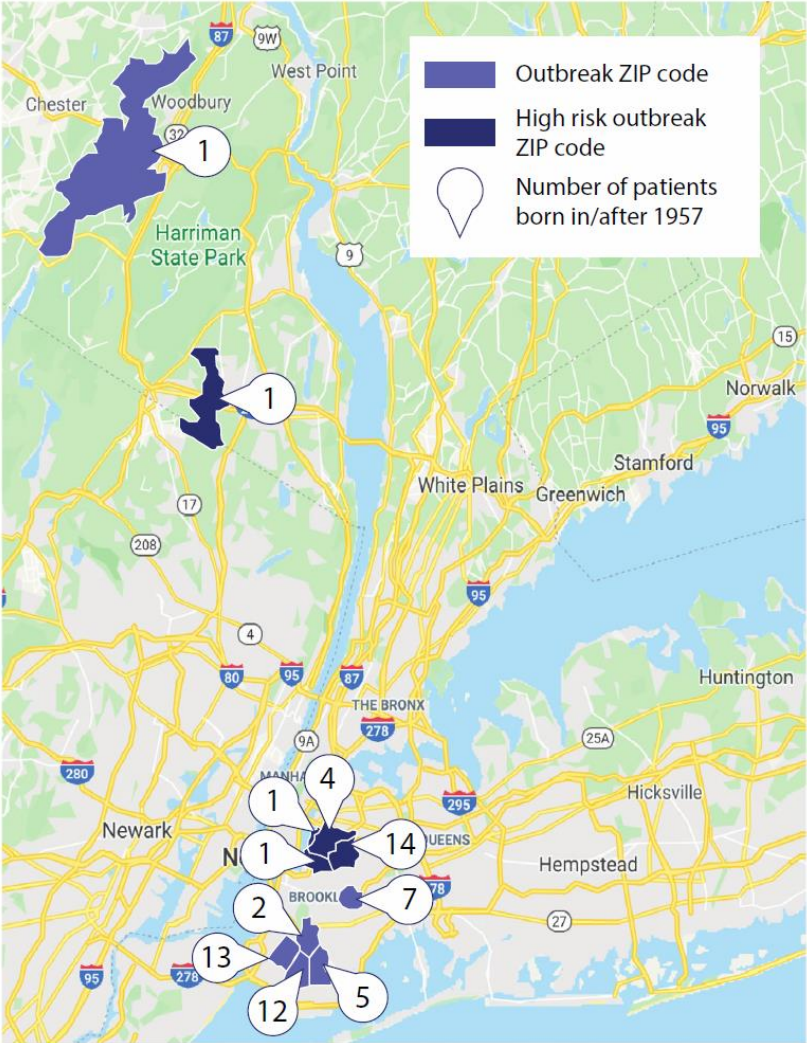
## Keeping You and Your Family Safe from Measles

We know that your and your family's health and well being are very important to you. There is a measles outbreak in parts of Brooklyn and Rockland County. Measles is the most contagious germ and can be very serious. We want to make sure to partner with you and your family to keep you safe.

Here are some ways we can partner to keep you and your family safe from germs, colds and the measles:

- Make sure you and your visitors are free of fever, rash, or respiratory symptoms.
- Ask family and friends to wait to visit your home until they are healthy and don't have any of the above symptoms.
- Let your provider know if you have been exposed to someone who had measles over the past month.
- Make sure you, your guests, your other children and family caregivers wash hands when spending time with your child
- Make sure you and your visitors are vaccinated to prevent measles. Two doses of measles vaccine are recommended for everyone 12 months and older. **Important note:** This is not recommended for people severely immunocompromised.
- Please let us know if you would like more information about measles vaccinations.

Thank you for partnering with NYU Langone Health to keep your family safe.



## Education of patients to risk-reduction

Kreiger et al, AJT, 2020

- Identification of patients at-risk in localised areas
- Measles immunity testing if unknown



- Vaccine program
- Preventive Ig-IV

# Use of IV Ig in post-exposure Measles

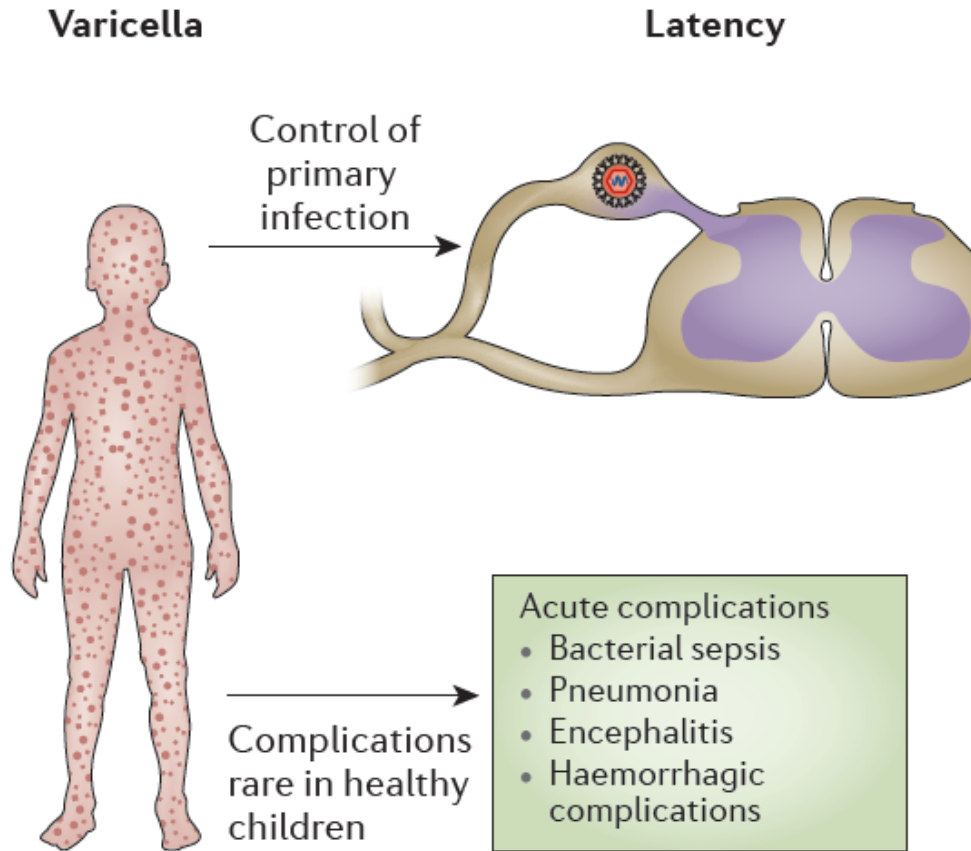
## SUMMARY OF FINDINGS

### Summary of findings for the main comparison. Immunoglobulin compared to no treatment for preventing measles

Immunoglobulin compared to no treatment for preventing measles						
<b>Patient or population:</b> susceptible people exposed to measles <b>Settings:</b> community and hospitals <b>Intervention:</b> immunoglobulin <b>Comparison:</b> no treatment						
Outcomes	Illustrative comparative risks* (95% CI)		Relative effect (95% CI)	No of participants (studies)	Quality of the evidence (GRADE)	Comments
	Assumed risk	Corresponding risk				
	No treatment	Immunoglobulin				
Measles cases - gamma globulin	Study population		<b>RR 0.17</b> (0.08 to 0.36)	545 (2 studies)	⊕⊕⊕⊕ <b>moderate</b> 4,5,10,11,12	
	110 per 1000	<b>19 per 1000</b> (9 to 40)				
	Moderate					
	402 per 1000	<b>68 per 1000</b> (32 to 145)				
Mortality due to measles	Study population		<b>RR 0.24</b> (0.13 to 0.44)	893 (3 studies)	⊕⊕⊕⊕ <b>high</b> 3,5,7	
	142 per 1000	<b>34 per 1000</b> (18 to 62)				
	Moderate					
	40 per 1000	<b>10 per 1000</b> (5 to 18)				
Complications due to measles	Study population		<b>RR 0.18</b> (0.05 to 0.6)	832 (3 studies)	⊕⊕⊕⊕ <b>moderate</b> 3,4,5,7	
	52 per 1000	<b>9 per 1000</b> (3 to 31)				
	Moderate					
	71 per 1000	<b>13 per 1000</b> (4 to 43)				
Adverse events	Study population		Not estimable	0 (0)	See comment	Adverse events were poorly reported or not measured in all but one study comparing immunoglobulins and no treatment. No serious adverse events were reported. <sup>13</sup>
	See comment	See comment				
	Moderate					

Varicella

# Acute VZV infection



*Gershon et al. Nature Rev, 2015*

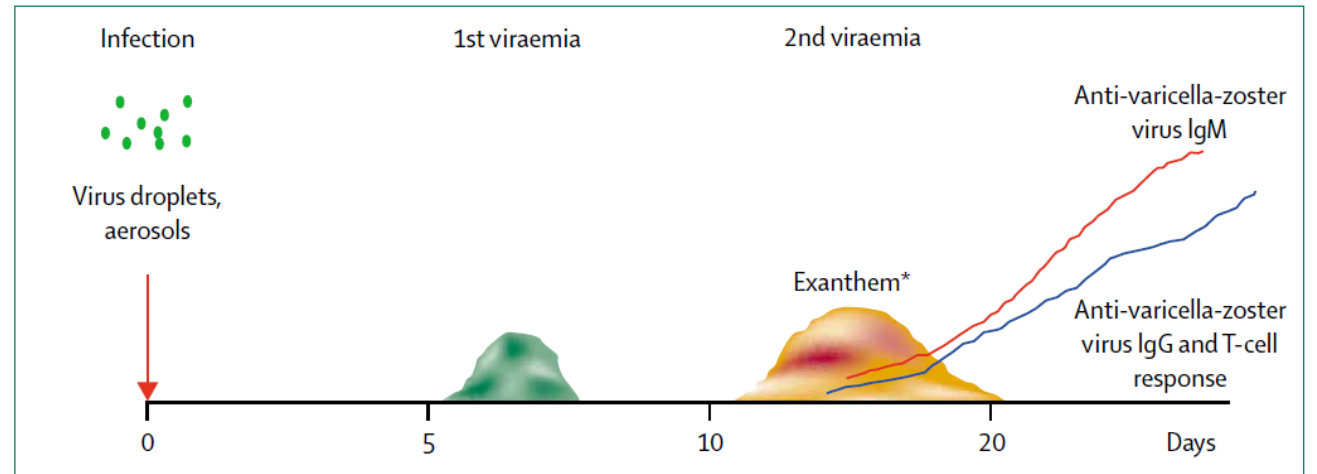


*Strauss et al. Ann Int Med, 1988*

Organ	HR	95% CI	p
Renal	1.0		
Liver	0.81	0.44 – 1.49	0.50
Lung	2.23	1.02 – 4.84	0.04
Heart	2.32	1.33 – 4.06	<0.01

## Immunosuppression' impact

*Gourishankar et al, AJT, 2004*



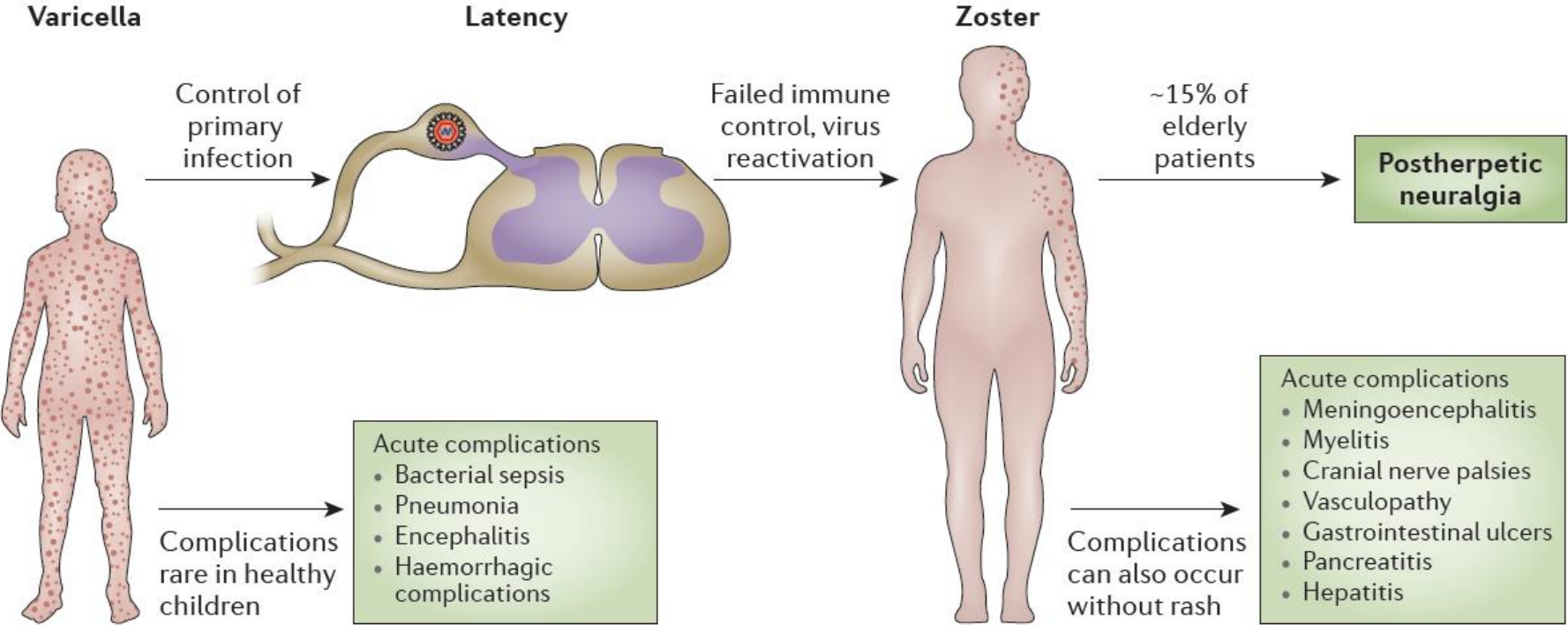
**Figure 3: Schematic representation of pathogenesis of varicella zoster virus infection**

\*Onset varies between 10 and 21 days after exposure.

*Heininger et al. Lancet, 2006*



# Herpes-Zoster



Gershon et al. Nature Rev, 2015

# Acute varicella treatment in SOT

**Table 2. Complications Occurring during Treatment of Varicella-Zoster Infection with Acyclovir and Vidarabine.**

COMPLICATION	TREATMENT GROUP		P VALUE*
	ACYCLOVIR	VIDARABINE	
	<i>no. of patients</i>		
Cutaneous dissemination†	0/10	5/10	0.016
Treatment failure	0/11	4/11	0.05
Fever ≥38.5°C	2/11	8/11	0.015
Additional therapy required‡	2/11	7/11	0.04

## Benefit of early Acyclovir IV

*Shepp et al, NEJM, 1986*

## Foscarnet if Acyclovir resistance

Acute varicella

Acyclovir

30 mg/kg IV in three divided doses (adults and children <1 y)

OR

1500 mg/m<sup>2</sup> IV per day in three divided doses (children ≥1 y of age)<sup>b</sup>

Strong, low

- IV therapy can be changed to oral therapy once the patient has significantly improved
- Careful monitoring of renal function is needed while on IV therapy, and dosing should be adjusted for renal insufficiency

*Pergham et al, AJT, 2013*

*Pergham et al, Clin Transplant, 2019*

**Table II.** Chickenpox treatment and outcome

	Pred-Aza	Pred-Aza-CsA
No. of cases	30	38
VZIG*	12	15
Reduction in Pred	0	1†
Aza held	30	36‡
CsA held	—	2
Acyclovir		
Parenteral only	24	23
Parenteral, then oral	6	9
Oral only	0	5
Not given	0	1
Outcome		
Severe disease§	5	4
Acute rejection*	1	2
Death¶	0	0

\* Administered within 3 weeks before onset of rash.

† Pred was given on alternate days in one patient.

‡ Aza was reduced by 50% in one patient and continued unchanged in another.

§ Pneumonitis, hepatitis, or fever/rash > 7 days (Pred-Aza vs Pred-Aza-CsA,  $p > 0.1$  by chi-square).

¶ The single death occurred in a patient receiving only Pred (1 mg/day) at the time of chickenpox infection, 2 months after unsuccessful cadaveric transplant. This patient had pulmonary, hepatic, esophageal, and adrenal involvement on postmortem examination.

\* Acute rejection was diagnosed on clinical grounds in the Pred-Aza patient and was biopsy-proven in the Pred-Aza-CsA patients.

## Reduction of Immunosuppression

*Kashtan et al, J.Pediatric, 1997*

Specific anti-VZV IgG ?

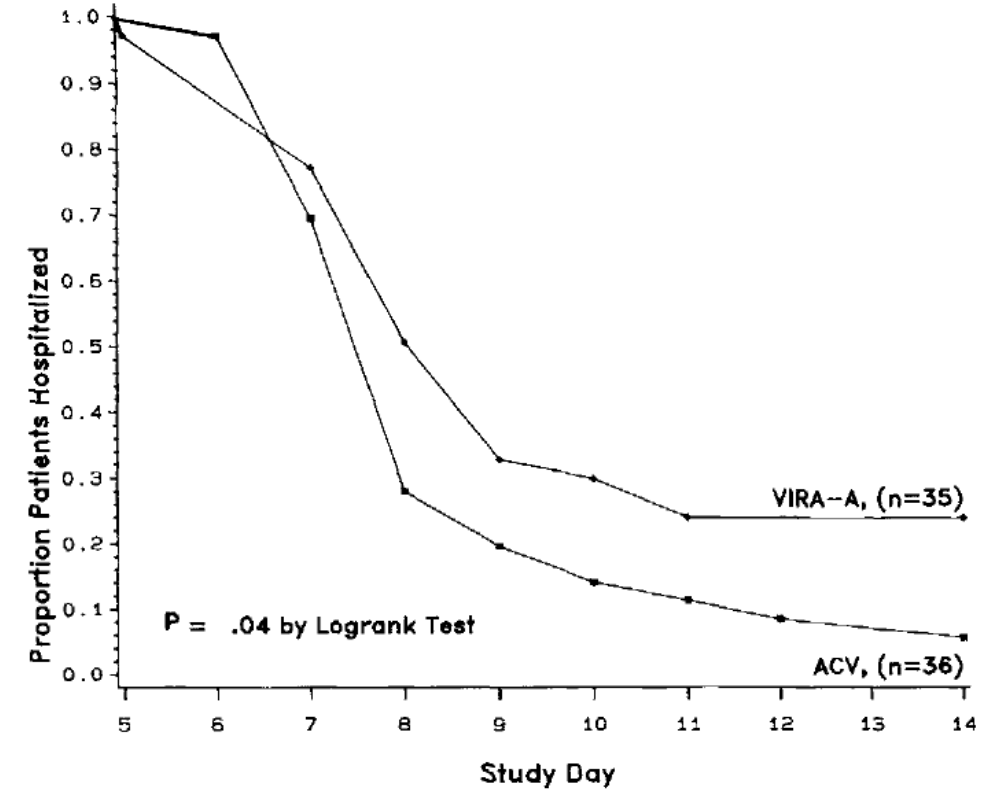
# Herpes Zoster treatment in immunocompromised patients

**Table II.** Multicentre placebo-controlled trial of ACV in immunocompromised patients: comparison of median time to events in days by study group

Event	Diagnosis at entry			
	Localized cutaneous zoster		Cutaneous disseminated zoster	
	ACV n = 28	Placebo n = 24	ACV n = 24	Placebo n = 18
Cessation of new lesions	1.8	2.7	1.8	2.2
Cessation of viral shedding	2.6	3.3	1.4	2.6
Lesions 100% pustulated	4.2	6.8	4.3	4.3
Loss of pain	5.7	5.9	4.2	6.4
Lesions 100% scabbed	9.2	9.9	5.2	9.6
Loss of erythema	9.4	9.6	6.6	9.6
Lesions 100% healed	22.4	21.3	20.6	26.5

Acyclovir reduces progression of cutaneous HZ

*Balfour et al, JAC, 1983*



**Figure 3.** Evaluation of duration of hospitalization by treatment group. VIRA-A, vidarabine therapy; ACV, acyclovir therapy.

Acyclovir reduces progression of disseminated HZ

*Whitley et al, J Inf Diseases, 1992*

# Herpes Zoster treatment in SOT

<p>Herpes zoster Localized (Dermatomal)</p>	<p>Acyclovir 800 mg PO five times daily (adults and children <math>\geq 12</math> y of age) IV acyclovir is recommended in children <math>&lt; 2</math> y of age (10 mg/kg IV every 8 h) or those who cannot tolerate oral therapy OR Valacyclovir 1 g PO three times daily (adults) 20 mg/kg PO three times daily (children <math>\geq 2</math> and <math>\leq 18</math> y of age)<sup>a</sup> OR Famciclovir 500 mg PO three times daily (adults only)</p>	<p>Strong, moderate</p>	<ul style="list-style-type: none"> <li>• Oral therapy is not recommended for young children <math>&lt; 2</math> y of age, or patients with evidence of dissemination, tissue invasion, HZ ophthalmicus or oticus, or those with severe symptoms. These patients should be treated with IV therapy (see below)</li> <li>• Antivirals are typically given for at least 7 d or until lesions have crusted over, which may be delayed in immunocompromised hosts</li> <li>• Valacyclovir and Famciclovir are not FDA approved for treatment of herpes zoster, but are commonly used in clinical practice</li> <li>• Valacyclovir is only recommended for children <math>\geq 2</math>-18 y of age</li> <li>• Careful monitoring of renal function is needed while on high-dose acyclovir therapy, and dosing should be adjusted for renal insufficiency</li> </ul>
<p>Herpes zoster disseminated or Invasive disease or Herpes zoster ophthalmicus or Ramsay-hunt syndrome/herpes zoster oticus</p>	<p>Acyclovir 30 mg/kg IV in three divided doses (adults and children)</p>	<p>Strong, moderate</p>	<ul style="list-style-type: none"> <li>• In disseminated disease IV therapy should be given for at for at least 7 d, but may need to be given for longer in patients with extensive involvement or CNS disease</li> <li>• Ophthalmology consultation is recommended for patients with ophthalmic involvement</li> <li>• Consideration for switch to oral therapy dependent on patient's clinical status</li> <li>• Careful monitoring of renal function is needed while on IV therapy, and dosing should be adjusted for renal insufficiency</li> </ul>

*Pergham et al, AJT, 2013*

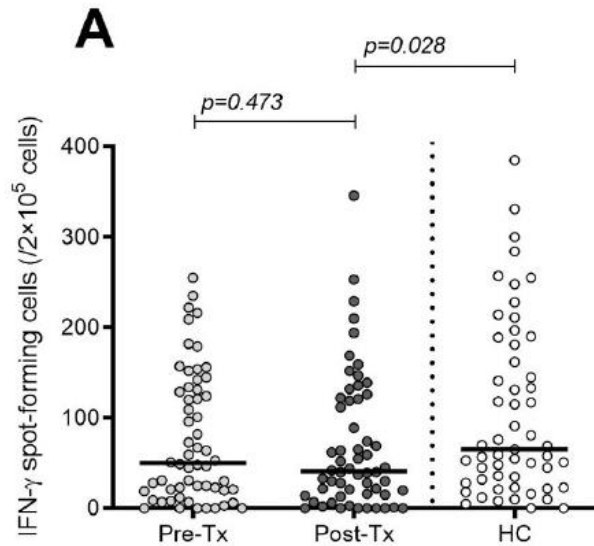
*Pergham et al, Clin Transplant, 2019*

# VZV prophylaxis

**TABLE 2** Recommendations for VZV prevention in solid organ transplant recipients

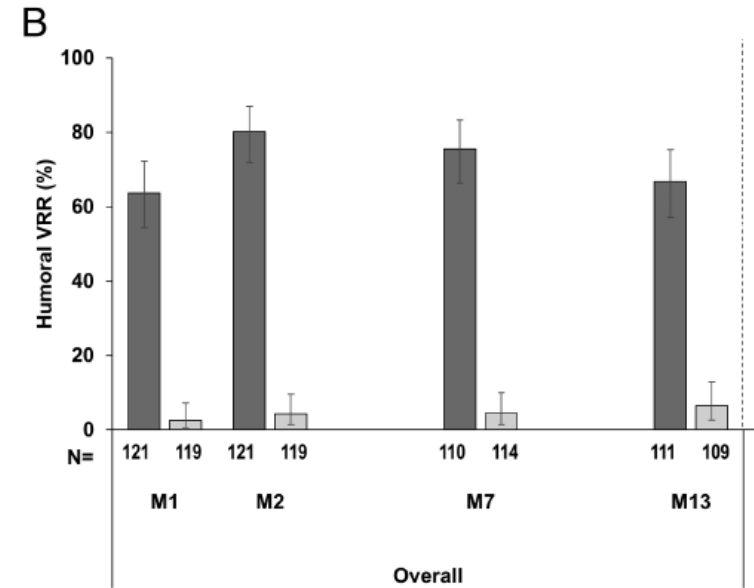
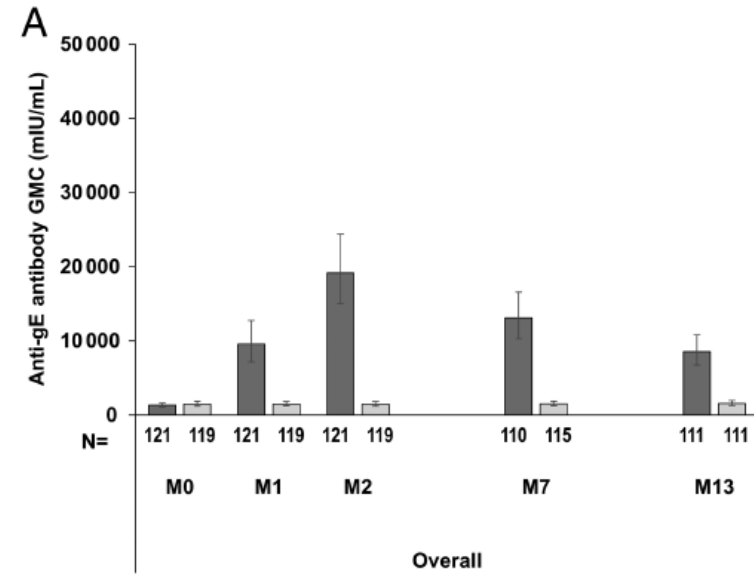
Strategy	Pre-transplant	Post-transplant	Dosing	Comments
Varicella/HZ prevention				
Antiviral prophylaxis				
Acyclovir (and pro-drugs)	N/A	Short-term prophylaxis is recommended for patients who are HSV seropositive and not receiving CMV prophylaxis (Strong, high). Prophylaxis in VZV seropositive CMV/HSV seronegative recipients has not been studied but can be considered (Strong, very low)	Acyclovir 600-1000 mg/d PO in 3-5 divided doses (adults and children $\geq 2$ y) Max dose in children is 80 mg/kg/d not to exceed 3200 mg/d IV acyclovir is recommended in children $< 2$ y of age (5 mg/kg IV every 8 h) or those who cannot tolerate oral therapy *See reference 39 for dosing in children $< 2$ y OR Valacyclovir 500 mg PO twice daily (adults only)	<ul style="list-style-type: none"> <li>Evidence in other populations for effectiveness against VZV, minimal data in SOT recipients. Alternate less frequent dosing (BID) for acyclovir has been described but has not been evaluated in SOT populations</li> <li>Patients receiving CMV prophylaxis generally should be protected from VZV reactivation, unless they are receiving letermovir which does not prevent VZV reactivation.</li> <li>Valacyclovir is only recommended for children 2 to <math>&lt; 18</math> y of age and has not been studied as a prophylactic agent in children post-SOT</li> <li>Lifelong risk of HZ limits use of these agents for long-term prevention.</li> </ul>

# VZV vaccination



Cellular VZV immunity persists after transplantation

*Rondaan et al, Antiviral Research, 2020*



Vaccination after transplantation : safe and induces a robust humoral and cellular response

*Vink et al, CID, 2019*

# VZV vaccination

Vaccination				
Varicella vaccine (Varivax <sup>®</sup> )	Yes, if seronegative (Strong, moderate)	Generally, contraindicated, but can be used with caution if seronegative in select populations (Weak, low)	Varivax <sup>®</sup> 0.5 mL administered SQ	<ul style="list-style-type: none"> <li>• Vaccination has been shown to be safe in ESRD and ESLD patients</li> <li>• Minimum recommended age for vaccine is ≥6 mo of age</li> <li>• Do not give if &lt;1 mo to transplant</li> <li>• Seroconversion rate reduced in immunosuppressed individuals</li> <li>• Caution should be used in post-transplant patients since live virus vaccine; education and close follow-up recommended.</li> <li>• Second dose can be given 4-8 wk after first dose (see package insert for guidelines)</li> </ul>
Inactivated adjuvanted subunit herpes zoster vaccine (Shingrix <sup>®</sup> )	Yes, known seropositive and on minimal immunosuppression ≥50 y age (Strong, high), populations <50 y of age on minimal immunosuppression can be considered for vaccination (Weak, low)	Safety and efficacy studies ongoing (Weak, moderate)	Shingrix <sup>®</sup> 0.5 mL administered IM Two doses at 0 and 2-6 mo	<ul style="list-style-type: none"> <li>• Currently only FDA approved for patients ≥50 y of age</li> <li>• Side effects are common, and frequently include pain at injection site, fever and chills/myalgias</li> <li>• Data demonstrate vaccine immunogenicity and safety in carefully selected renal transplant patients on immunosuppressive therapy at low risk for rejection, Efficacy data are not available to date</li> <li>• Patients with primary autoimmune diseases (eg, systemic lupus erythematosus, etc) and or at moderate/high risk for rejection were excluded from the trial so data on safety is unknown</li> <li>• Prospective studies have not been done in children &lt;18 y of age.</li> </ul>
Live-attenuated herpes zoster vaccine (Zostavax <sup>®</sup> )	Alternative to Inactivated Adjuvanted Vaccine for >50, if not severely immunosuppressed (Strong, high)	Contraindicated (Strong, low)	Zostavax <sup>®</sup> 0.5 mL administered SQ	<ul style="list-style-type: none"> <li>• Follow label indications, as no evidence that vaccine is safe in severe organ dysfunction or post-transplant</li> <li>• If patient meets label indications can be considered, but should be given at least 3-4 wk prior to</li> </ul>

Pergham et al, AJT, 2013

Pergham et al, Clin Transplant, 2019

# Post-exposure prophylaxis

## FDA Approval of an Extended Period for Administering VariZIG for Postexposure Prophylaxis of Varicella

*Weekly*

March 30, 2012 / 61(12);212-212

VariZIG (Cangene Corporation, Winnipeg, Canada) is the only varicella zoster immune globulin preparation available in the United States for postexposure prophylaxis of varicella in persons at high risk for severe disease who lack evidence of immunity to varicella and are ineligible for varicella vaccine. VariZIG is available in the United States through an investigational new drug (IND) application expanded access protocol (1). VariZIG is a purified immune globulin preparation made from human plasma containing high levels of anti-varicella zoster virus antibodies (immunoglobulin G). In May 2011, the Food and Drug Administration (FDA) approved an extended period for administering VariZIG. The period after exposure to varicella zoster virus during which a patient may receive VariZIG, which had been 96 hours (4 days), is now 10 days (1). VariZIG should be administered as soon as possible after exposure (1).

Limited data suggest that the incidence of varicella is comparable among persons who receive varicella zoster immune globulin within 4 days of exposure and those who receive it more than 4 days (up to 10 days) after exposure and attenuation of disease might be achieved with administration of varicella zoster immune globulin up to 10 days after exposure (2-5). One study indicated an increase in varicella incidence with increasing time between exposure and administration of the immune globulin, but disease was attenuated in all cases (6).

VariZIG can be obtained by health-care providers from the sole-authorized U.S. distributor, FFF Enterprises (Temecula, California), by calling 800-843-7477 at any time or by contacting the distributor online at <http://www.fffenterprises.com>. As with any product used under an IND protocol, patients must give informed consent before receiving the product.

Advisory Committee on Immunization Practices (ACIP) recommendations regarding indications for the use of VariZIG remain unchanged (7,8). Patients without evidence of immunity to varicella (i.e., without a health-care provider diagnosis or verification of a history of varicella or herpes zoster, documentation of vaccination, or laboratory evidence of immunity or confirmation of disease) who are at high risk for severe disease and complications, who have been exposed to varicella or herpes zoster, and are ineligible for varicella vaccine, are eligible to receive VariZIG (7). Patient groups recommended by ACIP to receive VariZIG include the following:

- Immunocompromised patients.
- Neonates whose mothers have signs and symptoms of varicella around the time of delivery (i.e., 5 days before to 2 days after).
- Premature infants born at  $\geq 28$  weeks of gestation who are exposed during the neonatal period and whose mothers do not have evidence of immunity.
- Premature infants born at  $< 28$  weeks of gestation or who weigh  $\leq 1,000$  g at birth and were exposed during the neonatal period, regardless of their mothers' evidence of immunity status.
- Pregnant women.



# Post-exposure prophylaxis

Post exposure prophylaxis (seronegative patients only)				
Immunoprophylaxis				
VZV immunoglobulin (VZIG, VariZIG™)	Yes, if seronegative (Strong, moderate)	Yes, if seronegative (Strong, moderate)	VariZIG 125 units/10 kg body weight in single IM dose (Max dose is 625 units, min 125 units)	<ul style="list-style-type: none"> <li>• Must be given as soon as possible—no efficacy if given more than 10 d post-exposure</li> <li>• Not 100% effective in clinical studies of preventing VZV, so close observation is suggested</li> <li>• If varicella develops, patient should be treated with antiviral therapy</li> </ul>
IV immunoglobulin (non-specific IVIG)	Yes, if seronegative and VariZIG not available (Weak, low)	Yes, if seronegative and VariZIG not available (Weak, low)	IVIG 400 mg/kg IV single dose	<ul style="list-style-type: none"> <li>• Amount of anti-VZV antibodies in IVIG is variable, and should only be considered if VZV-specific immunoglobulin therapy is not available</li> </ul>
Antiviral prophylaxis				
Acyclovir <sup>a</sup> (and pro-drugs)	Consider, if seronegative and VZIG or VariZIG not available or in addition to immunoprophylaxis (Weak, low)	Consider, if seronegative and VZIG or VariZIG not available or in addition to immunoprophylaxis (Weak, low)	Acyclovir 800 mg PO four times daily (adults) 20 mg/kg PO four times daily (maximum 800 mg four times a day, ≥2 y of age) 30 mg/kg IV per day in three divided doses (adults and children) OR Valacyclovir 1 g PO three times daily (adults)	<ul style="list-style-type: none"> <li>• Given 7-10 d after exposure for 7 d</li> <li>• Alternatively, some experts recommend dosing being given days 3-22 after exposure (or till day 28 if given immunoprophylaxis)</li> <li>• Caution with patients with underlying renal dysfunction as dosing may need to be reduced</li> <li>• IV acyclovir is recommended in children &lt;2 y of age or those who cannot tolerate oral therapy</li> <li>• Valacyclovir is only recommended for children 2 to &lt;18 y of age and has not been studied as a prophylactic agent in children post-SOT</li> </ul>

# The Case...

20 ans : 2<sup>e</sup> greffe rénale (dec 2019)

ATCD :

- dysplasie rénale congénitale/IEC grossesse.
- 1ere greffe a l'âge de 6 ans.
- LAL T a l'âge de 13 ans : induction puis allogreffe.
- 15 ans : rejet de greffe rénale, puis transplantectomie sur lymphoproliferation EBV induite

Induction Lymphodéplétive (Thymo) puis CNI/MMF/Steroids

CMV : D-/R- : pas de Rovalcyte

Pas de complications immédiates : RAD

# The Case...

7 Mars 2020 : Douleurs abdominales non fébriles

- cytolyse et cholestase 4N, pas d'IRA
- echo abdo, TDM : RAS

12 mars :

- eruption pustuleuse cuir chevelu et racine de cuisse
- aggravation du BH, TP 67%
- céphalées
- Syndrome activation macrophagique
  - ➔ Arrêt de l'immunosuppression, relai hydrocortisone. Acyclovir IV 15mg/kg/8h. Ig anti VZV.

14 mars :

- défaillance hépatique TP 25%
- Troubles de conscience
  - ➔ Transfert Réa Rennes

# The Case...

En réanimation :

- Stabilisation (pénible) du foie : pas de greffe
- Méningite a VZV
- Pneumonie a VZV + surinfection Aspergillus
- Fièvre malgré Acyclovir IV : bactériémie à Corynebactérium : Dapto

Un peu mieux : transfert aux Soins de Néphro

# The Case...

Aux soins de Néphro (avril 2020)

- Doucement mieux mais réaggravation rapide : fièvre, troubles de conscience
- PL = Méningite à *Corynebactérium* : retour en réa : Mero + Dapto (6 sem)
- Pas d'abcès, pas de ventriculite mais vascularite cérébrale : reprise d'une corticothérapie + IV-Ig (+ Ig-VZV)
- Amélioration : Soins de néphro
- Relai Acyclovir per-os
- RAD (12 mai)

# The Case...

15 mai

- Consultation post-hospit : Baisse Acuité Visuelle
- Ophtalmo = Retinite a VZV bilatérale
- Genotypage VZV intra-retinien : résistance acyclovir (pas dans le sang)
- Foscarnet IV + IO, baisse de la corticothérapie
- Dégradation de fonction rénale, troubles métaboliques : Acyclovir IV + Foscarnet IO

6 juin

- Céphalées fébriles, troubles de conscience
- PL : récurrence de méningite a Corynébactérie : Penem et Dapto-R
- Liné puis Tidézolide + Rifampicine avec dosages intra-thécaux (12 sem)

# The Case...

- Amélioration de la rétinite gauche (perte de vision OD)
- RT VZV toujours positif dans l'œil et le sang
- Hypothèse : « débris » viraux détectés mais maladie contrôlée ?
- Relai acyclovir IV > per os → Cytolyse et réapparition de la rétinite
- Reprise acyclovir IV + Foscarnet IO long cours
- A nouveau : troubles de conscience : pas de rechute méningite
- Hypertension portale sur fibrose hépatique séquellaire de VZV avec encéphalopathie hépatique => TIPS urgent
- Finalement... MPR puis HAD (mi juillet 2020)

# The Case...

- Dec 2020 : Covid+
- « Miracle » : forme pauci-symptomatique et séroconversion rapide
- Donc système immunitaire qui récupère !
- Et donc : Rejet humoral en février 2021



# The Case : la fin

- Staff : pas de traitement du rejet
- Juillet 2021 : Pic line bouché : relai zelitrex (doses curatives) per os avec dosages résiduels
- Septembre 2021 : Arrêt des injections intra oculaires
- Mais le VZV reste détectable dans le sang et l'humeur aqueuse....
- Encéphalopathie stabilisée sous duphalac et tixtar
- Creat qui dérive lentement

Le plus important :

- Vivant
- Est retourné au lycée
- Projette un séjour a Disneyland avec ses amis (est vacciné Covid)