



# IST : émergence de la résistance aux antibiotiques

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# JNI

20<sup>es</sup> Journées  
Nationales  
d'Infectiologie



## Déclaration d'intérêts de 2014 à 2018

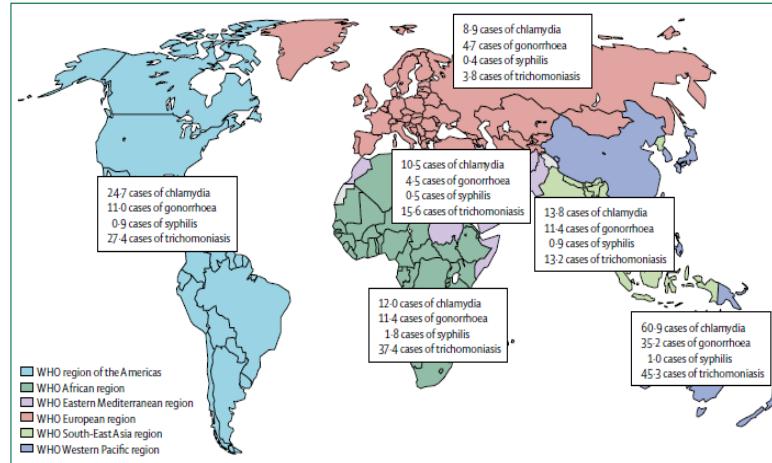
Investigateur principal d'une évaluation de trousse diagnostiques :

- Hologic,
- SpeeDx

# INTRODUCTION

**WHO 2012: 357 million new cases for curable non viral STIs in adults**

- ***Chlamydia*** 131million
- ***Gonorrhoea*** 78 million
- ***Syphilis*** 5.6 million



Newman et al PLoS One 2015; Unemo, Bradshaw et al, *Lancet Infect Dis*, 2017;17:e235-79

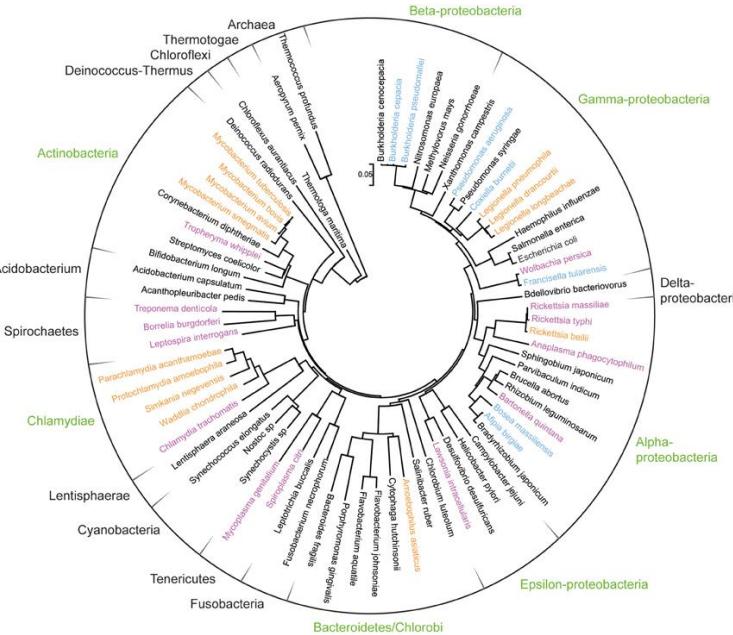
- Emerging STI pathogen: ***Mycoplasma genitalium***, exceedingly prevalent
- Emergence of **antimicrobial resistance** (AMR) in these bacterial STIs  
→ reduced treatment options and STIs control

# *Chlamydia trachomatis*

- **Chlamydiae:** intracellular bacteria, a distinct phylogenetic lineage among Gram-negative bacteria and very limited evidence of horizontally acquired foreign DNA

- 1st line treatment: Azithromycin

- Heterotypic subpopulations less susceptible



;

ctious loads:  
d growth rate,

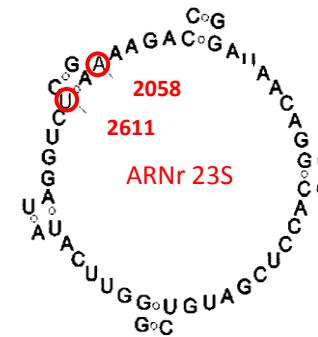
# *C. trachomatis*: acquired resistance

Exceptional !

- **Macrolides**
- **Resistance** described for 4 clinical strains  
-> ribosomal mutations

Misyrina et al, Antimicrob Agents Chemother, 2004;

Binet et al, Antimicrob Agents Chemother, 2007; Zhu et al, Andrologia, 2010



- **Tetracyclines**
- **No clinical resistance**
- **In vitro horizontal transfer** of a tetracycline resistance gene between *C. trachomatis* and *C. suis*, a porcine species

Dugan et al., Antimicrob Agents Chemother, 2004; Suchland et al., Antimicrob Agents Chemother 2009; Jeffrey et al., BMC Microbiol 2013

# *C. trachomatis*: acquired resistance

- Fluoroquinolones
- No clinical resistance
- In vitro-selected mutants

TABLE 2. Antibiotic susceptibilities of the reference strain and fluoroquinolone-resistant mutants of *C. trachomatis* L2

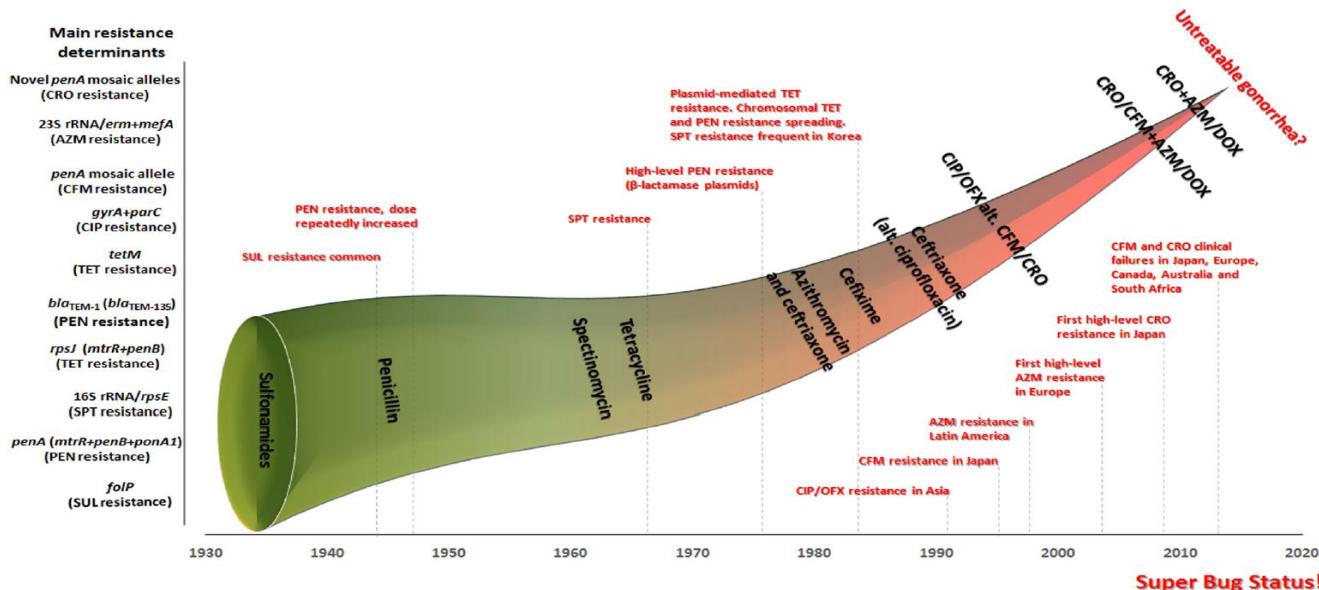
Strain	Selecting agents	MIC ( $\mu\text{g/ml}$ ) <sup>a</sup>					
		OFX	SPX	PFX	CFX	NFX	ERY
Reference	None	1	0.03	2	1	12	0.4
L2-OFXR	Oflloxacin	64	32	32	32	96	0.4
L2-SPXR	Sparfloxacin	32	32	32	16	48	0.4

<sup>a</sup> OFX, ofloxacin; SPX, sparfloxacin; PFX, pefloxacin; CFX, ciprofloxacin; NFX, norfloxacin; ERY, erythromycin; DOX, doxycycline.

Dessus-Babus et al., Antimicrob Agents Chemother, 1998

# *N. gonorrhoeae*: antibiotic resistance

- NG has an extraordinary capacity to alter its genetic material
- It is naturally competent for transformation and can also change its genome through all types of mutations



# *N. gonorrhoeae*: antibiotic resistance

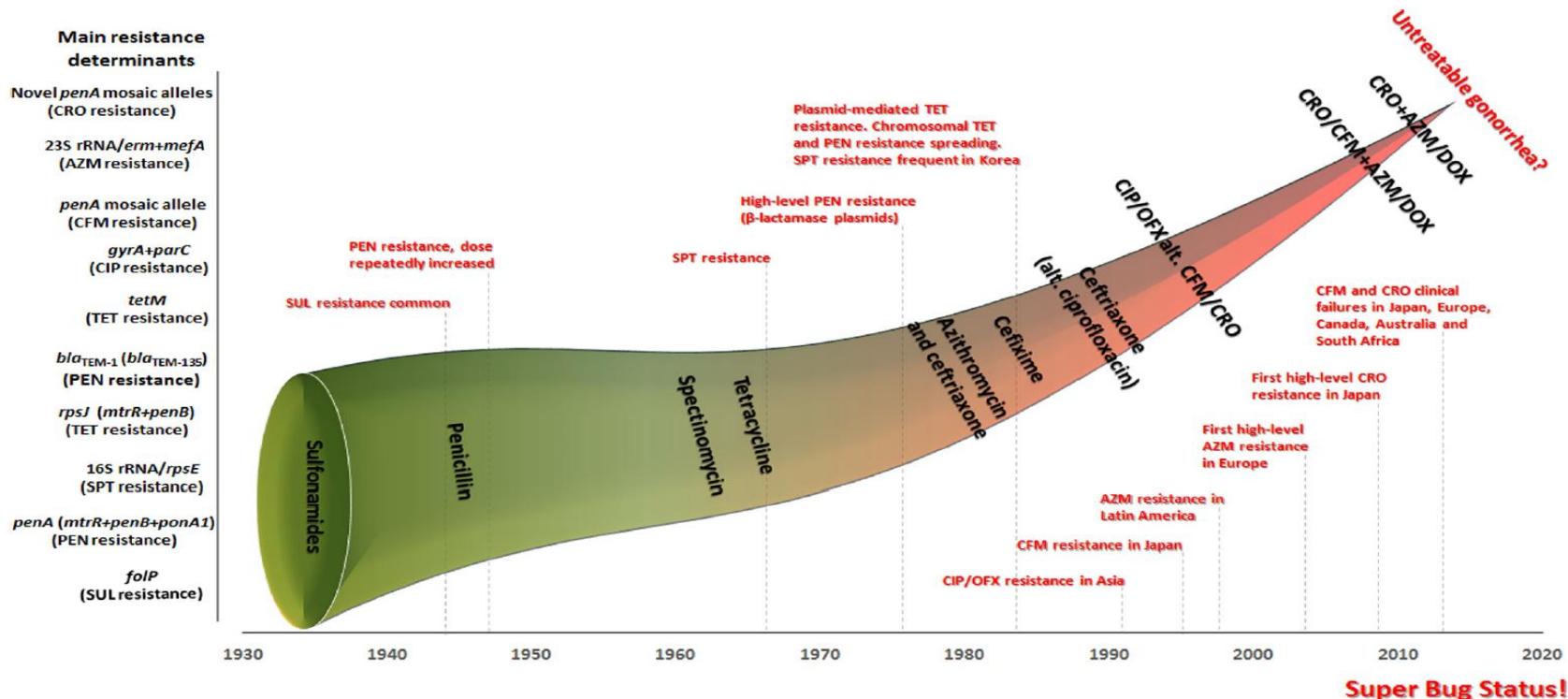
- Super bug status



- **Empirical 1<sup>st</sup>-line treatment  
for uncomplicated gonorrhoea (WHO, Europe, USA)**  
Dual antimicrobial therapy: **ceftriaxone + azithromycin**

WHO 2016; Bignell and Unemo Int. J. STD AIDS 2013; Workowski, et al. MMWR Recommend Rep 2015; Public Health Agency of Canada. 2013; Australasian Sexual Health Alliance. [www.sti.guidelines.org.au/sexually-transmissibleinfections/gonorrhoea#management](http://www.sti.guidelines.org.au/sexually-transmissibleinfections/gonorrhoea#management) 2016.

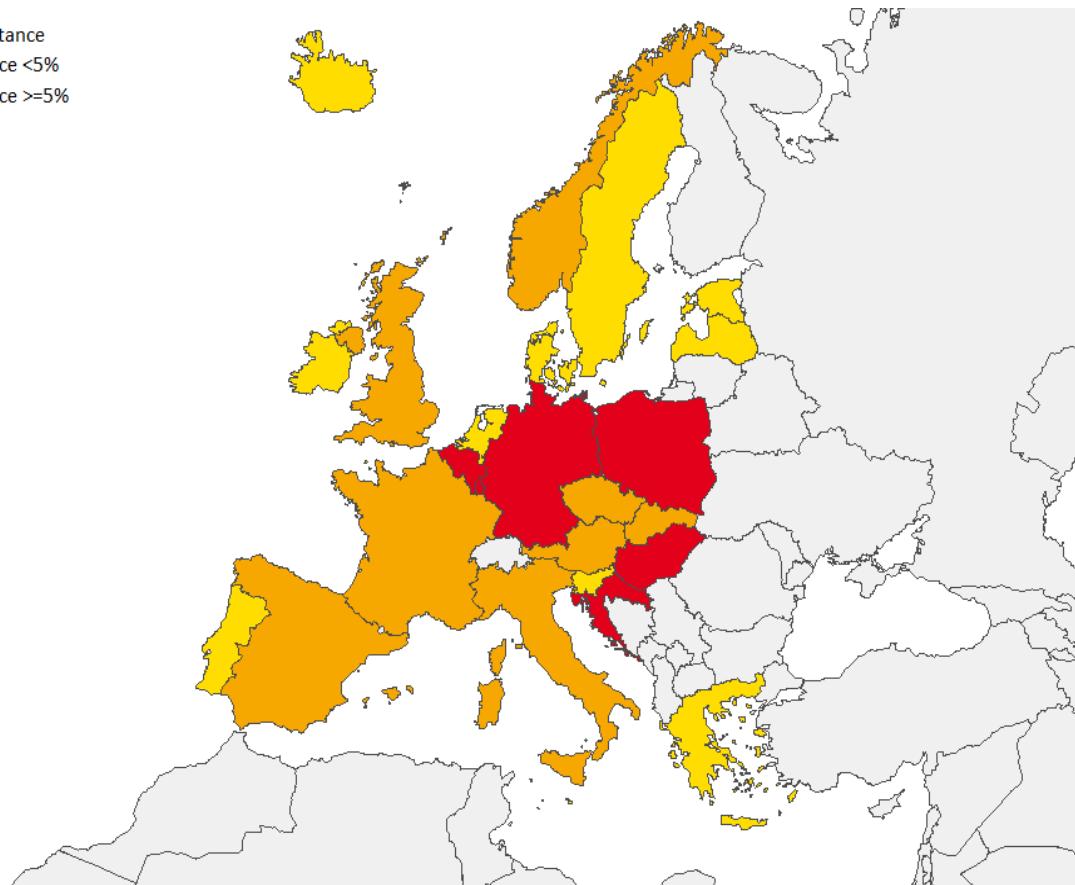
# *N. gonorrhoeae*: antibiotic resistance



## % of isolates with decreased susceptibility or resistance to cefixime in 2016 (Euro-GASP-ECDC)

- No cefixime resistance
- Cefixime resistance <5%
- Cefixime resistance >=5%

- Liechtenstein
- Luxembourg
- Malta



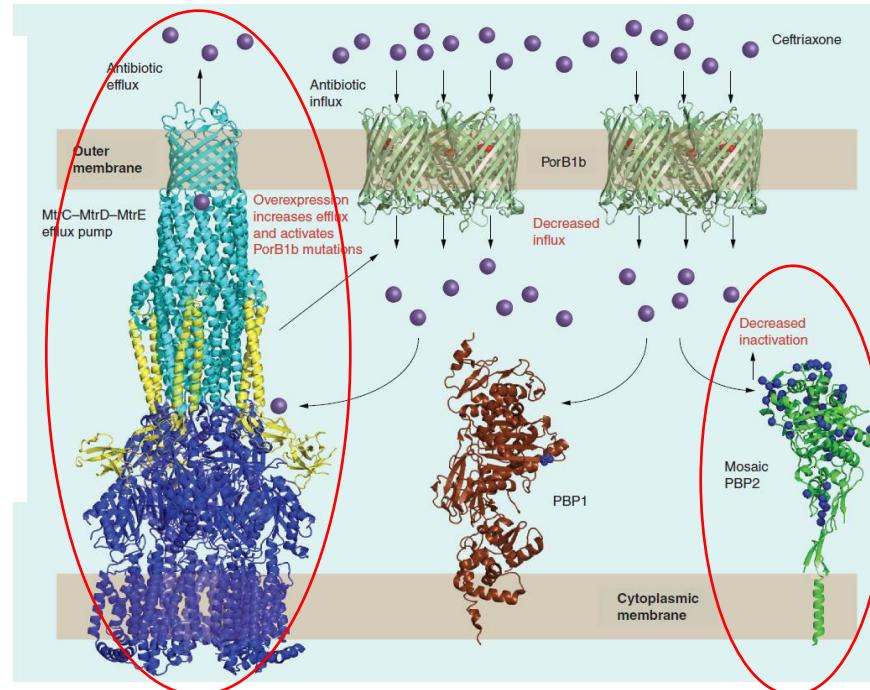
# *N. gonorrhoeae*: antibiotic resistance

- Resistance to 3<sup>rd</sup> generation cephalosporins : 0.3% cefixime-R strains, no ceftriaxone-R strain in France in 2018

**Mosaic penA gene**  
Alteration of PBP2, the lethal target for ESCs

**Hyperexpression of  
the MtrCDE efflux  
pump**

Enhanced efflux &  
decreased influx of ESCs



Unemo et al, Future Microbiol. 2012



# *N. gonorrhoeae*: antibiotic resistance

- **Azithromycin resistance: 2% - 8%**

Europ EURO-GASP 2016 (n=22659) 25 countries	Australia 2015 n=5411	United States GISP 2014 (n=5093), 27 sites
7.5%	2.6%	2.5%

- **6.5% - 17.3% according to networks in France in 2018**
- Low and more rarely high-level resistance, ribosomal mutations (23S rRNA)

- **Fluoroquinolone resistance: 30 % – 50 %**

**47% - 55% according to networks in France in 2018**

- High-level resistance, mutations in the enzyme targets (gyrase)



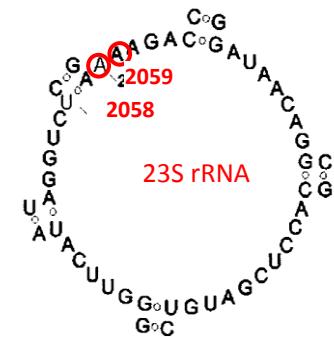
- **Tetracycline resistance: > 50%**

**47.3 % - 63.8% according to networks in France in 2018**

- High-level resistance (*tet(M)* gene on a transposon)

# *Treponema pallidum*: antibiotic resistance

- Since > 50 decades, 1st-line treatment for syphilis is **benzathine penicillin G** (WHO 2016, IUSTI Europe 2014, MMWR 2015):
  - For all stages of syphilis
  - no clinical AMR described
- **Alternatives:** doxycycline or azithromycin
  - No clinical resistance to tetracyclines
  - **Macrolide resistance (AZM) highly prevalent**
    - Ribosomal mutations (23S rRNA)
    - **France (86.4% in 2018), UK (66%), Australia (84%), USA (80%) China (100%)**



# *Mycoplasma genitalium*

- STI pathogen:

- 15-20% NGU
- 10-30% cervicitis
- 2-20% salpingitis

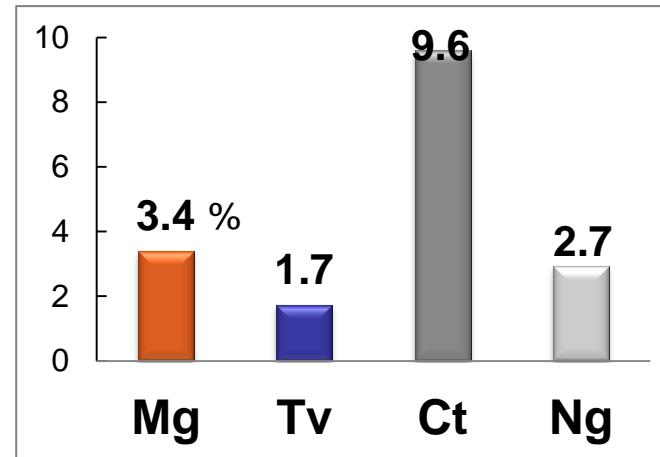
- Prevalence

- 1-3% general population
- 4-38% high risk population

- Prevalence in France 2014-2015

- Diagnostic by NAAT

- 1<sup>st</sup> line treatment with macrolides  
(azithromycin)



Urogenital specimens submitted for *C. trachomatis* (Ct) and *N. gonorrhoeae* (Ng) detection (2594 patients)

Pereyre Clin. Microbiol. Infect. 2016

REVIEW ARTICLE

## 2016 European guideline on *Mycoplasma genitalium* infections

J.S. Jensen,<sup>1,\*</sup> M. Cusini,<sup>2</sup> M. Gomberg,<sup>3</sup> H. Mol<sup>4,†</sup>

<sup>1</sup>Microbiology and Infection Control, Statens Serum Institut, Copenhagen, Denmark

<sup>2</sup>Fondazione IRCCS Ca' Granda Ospedale Maggiore Policlinico, Milan, Italy

<sup>3</sup>Moscow Scientific and Practical Centre of Dermatovenerology and Cosmetology, Moscow, Russia

<sup>4</sup>Olaifa Clinic, Oslo University Hospital, Institute of Medicine, University of Oslo, Oslo, Norway



- All *M. genitalium*-positive test should be followed up with an assay capable of detecting macrolide resistance-associated mutations

# Detection of macrolide resistance-associated mutations

- Amplification and sequencing of 23S rRNA
  - Time-consuming, not adapted to routine
- Published in-house methods
  - Ex : FRET real-time PCR (Touati *et al.* J. Clin. Microbiol. 2014)
- Commercial kits
  - ResistancePlus™ MG kit (SpeeDx, Australia) : multiplex real-time PCR  
Detection of Mg and 5 mutations (Le Roy, J. Clin. Microbiol. 2017)
  - S-DiaMGRes kit (Diagenode, Belgium)
  - Real accurate TVMG<sup>RES</sup> (Pathofinder)
  - Others expected (Seegene, Elitech, Cepheid ...)



# *M. genitalium*: antibiotic resistance

- **Tetracyclines: low eradication rate for *M. genitalium* clinically (30-40%)**
  - No acquired resistance described
- **Recommended treatment for uncomplicated *M. genitalium* infections**
  - Azithromycin 500 mg (day 1), then 250 mg (days 2-5)

DOI: 10.1111/jdv.13849

JEADV

REVIEW ARTICLE

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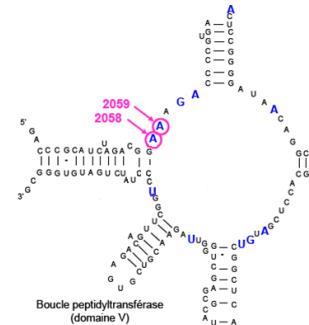
<sup>2</sup>Fondazione IRCCS Ca' Granda Ospedale Maggiore Policlinico, Milan, Italy

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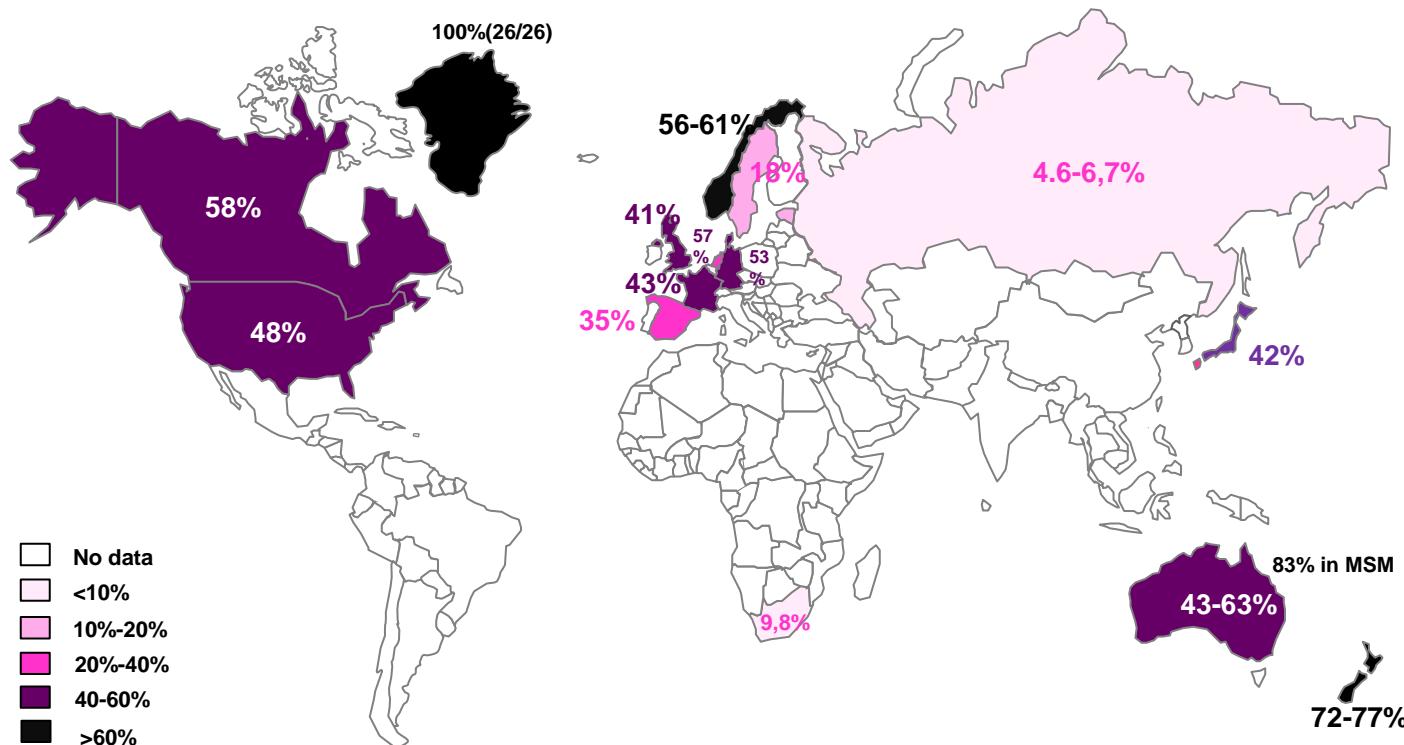
<sup>4</sup>Olafia Clinic, Oslo University Hospital, Institute of Medicine, University of Oslo, Oslo, Norway



- **Clinical acquired resistance to macrolides**
  - By mutations in the macrolide target (23S rRNA)
  - Most likely caused by azithromycin 1g single dose

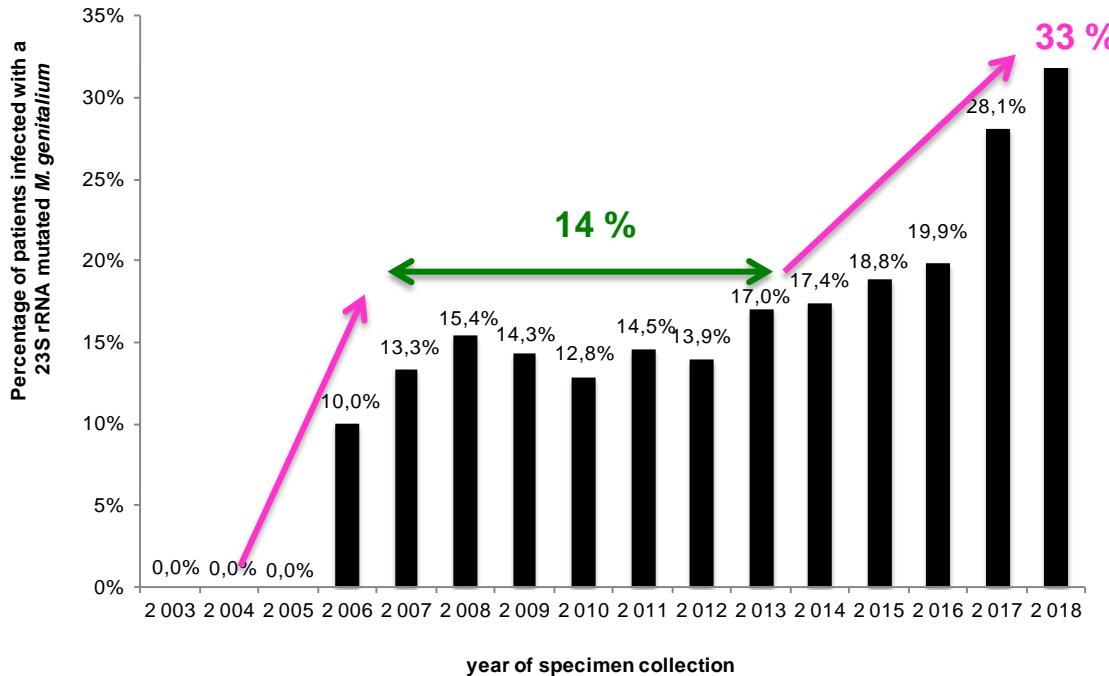


# Prevalence of macrolide resistance in *M. genitalium*



Anagrius, PloS one 2013; Tagg, J. Clin. Microbiol. 2013; Pond, Clin. Inf. Dis. 2014; Salado-Rasmussen, Clin. Inf. Dis. 2014; Kikuchi, J. Antimicrob. Chemother. 2014; Hay, Sex. Transm. Dis. 2015; Gushin, BMC Infect. Dis. 2015; Nijhuis, J. Antimicrob. Chemother. 2015; Gesink, Can. Fam. Physician, 2016; Getman, J. Clin. Microbiol. 2016; Gossé, J. Clin. Microbiol. 2016; Shipitsina, Plos One, 2017; Basu, J. Clin. Microbiol. 2017; Tabrizi, J. Clin. Microbiol. 2017; Barbera, Sex. Transm. Dis. 2017; Dumke, Diagn Microbiol Infect Dis, 2016; Coorevits, J. Glob. Antimicrob. Resist. 2017; Anderson, J. Clin. Microbiol. 2017; Unemo, Clin. Microbiol. Infect. 2017. Bébéar C, French National Center for STI report, 2018.

# Macrolide resistance in *M. genitalium* Bordeaux, France



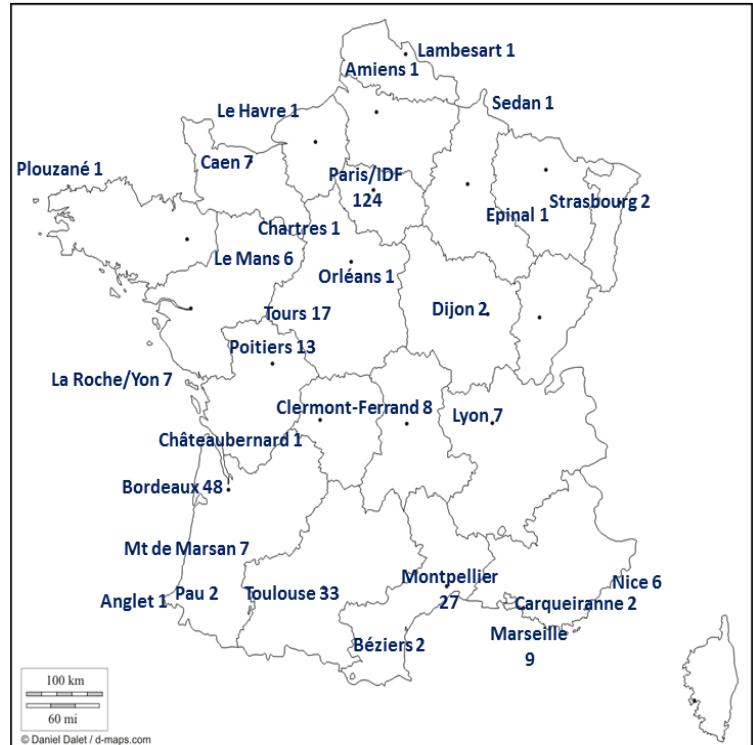
Chrisment et al. J. Antimicrob. Chemother. 2012; Touati et. al, J. Clin. Microbiol. 2014; Le Roy et al., Emerg. Inf. Dis, 2016;  
Bébéar C, French National Center for STI report, 2018.

# Macrolide resistance in France

## September 15 - October 15, 2018



- **42.6% resistance in 2017 in France**
- **43% resistance in 2018 in France**
  - 270 patients (60% M, 40% F)
  - MR for 58.8% M vs 18.5% for F ( $p<0.001$ )
  - MR for 49.3% patients HIV(+) vs 18.7% for patients HIV(-) ( $p<0.001$ )
  - A2059G > A2058G >> A2058T/C

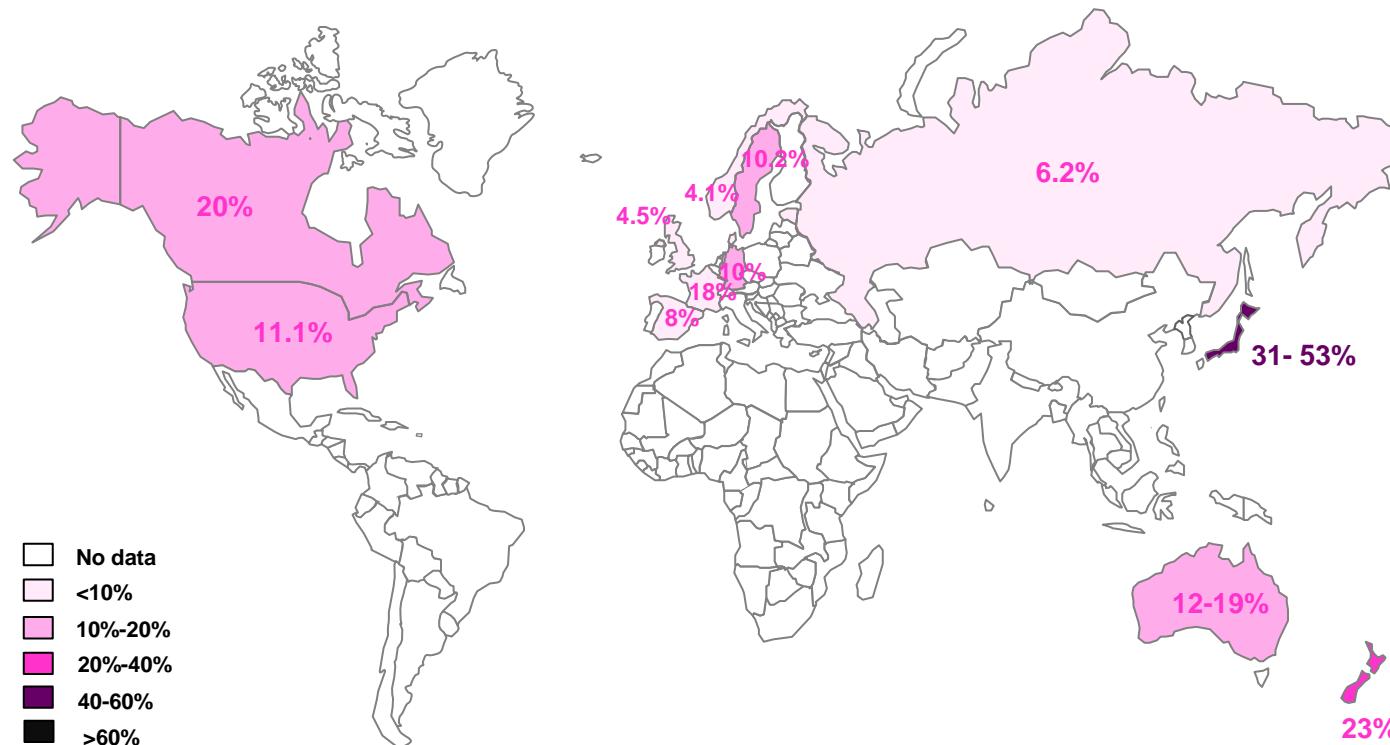


# *M. genitalium*: antibiotic resistance

- Recommended treatment for complicated and macrolide-resistant *M. genitalium* infections
  - Moxifloxacin 400 mg od 7-10 days  
(Jensen et al. JEADV 2016)
- Emergence of clinical acquired resistance to MXF
  - by mutations in the FQ target (topoisomerase IV)
  - both *in vitro* and clinical resistance
  - ranging from 4.5% (UK) to 50% (Japan)
  - **17.8%** in France in 2018, vs 7.7% in 2017



# Prevalence of fluoroquinolone resistance-associated mutations



Bisssessor Clin Infect Dis 2015; Deguchi, Clin Infect Dis 2016; Dumke, DMID 2016; Kikuchi J Antimicrob Chemother 2014; Le Roy Emerg Infect Dis 2016; Pond Clin Infect Dis 2014; Shipitsina PLoS one 2017; Couldwell Int J STD and AIDS 2013; Gesink Can family Physician 2016; Tagg J Clin Microbiol 2013; Murray Emerg Infect Dis 2017; Barbera Sex Transm Infect 2017; Anderson, J Clin Microbiol 2017, Unemo, Clin Microbiol Infect 2017; Bébérard C, French National Center for STI report, 2018.

# Dual class resistance Macrolides AND fluoroquinolones

- Prevalence of dual resistance
  - France : 10.9% in 2018 vs 7.5% in 2017, mainly in males
  - Australia : 8.6%
  - Japan : 17-30%
- Mainly due to successive treatment failures of macrolides then fluoroquinolones
- Tremendous clinical implications



*Murray Emerg. Infect. Dis. 2017; Kikuchi J Antimicrobiol Chemother 2014; Le Roy Emerg. Infect. Dis. 2016; Deguchi Clin Infect Dis 2016; Kikuchi J Antimicrobiol Chemother 2014, Bébéar C, French National Center for STI report, 2018.*

# NEWS

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## Emerging sex disease MG 'could become next superbug'

By Michelle Roberts

Health editor, BBC News online

⌚ 11 July 2018



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# Conclusion

- Should we fear AMR for bacterial STIs? Yes but..
- Distinct situations
  - *N. gonorrhoeae* and *M. genitalium* evolving into so called superbugs ->untreatable ??  
(Jensen and Unemo Nature Rev Urol 2017)
  - By contrast *C. trachomatis* remains susceptible to many antimicrobials
  - **Syphilis** remains S to the 1<sup>st</sup>-line drug but there is some concern with azithromycin (2<sup>nd</sup>-line drug)

*The Lancet Infectious Diseases Commission  
STIs: challenge ahead, Unemo et al, Lancet Infect Dis, 2017;17:e235-79*

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**S. Pereyre**

