

Efficacy of 7 days versus 14 days of
antibiotic therapy for acute pyelonephritis in
kidney transplant recipients, a multicentre
randomized non-inferiority trial.

Essai SHORTCUT (PHRC-19-0193)

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Conflits d'intérêt

Y a pas

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Sponsor: AP-HP

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Methodologist : Pr Sylvie Chevret

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DRCI-URC project advisor and monitoring of the study: Pr Matthieu RESCH-RIGON

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Budget: 535000 euros

Background

- Duration of antimicrobials treatment in immunosuppressed population?
- Most time excluded from studies.
- Need to reduce antibiotic consumption in kidney transplant recipients at high risk of developing infections due to resistant pathogens.

Main objective

To show that a 7 day-antibiotic therapy is not inferior to a 14 day-antibiotic therapy in the treatment of acute pyelonephritis in kidney transplant (APN) recipients.

Primary endpoint: Clinical cure and microbiological eradication and no additional antibiotic treatment since the end of antibiotic treatment up to the main evaluation at day 30.

- Clinical cure is defined as $T < 38^{\circ}\text{C}$ and no symptoms of UTI.
- Microbiological eradication is defined as uropathogen ≤ 10.3 CFU/mL in urine culture

Secondary objectives

- To compare between both arms:
 - Clinical and microbiological efficacy at day 90 and day 180
 - Tolerance and safety of antibiotics
 - Hospitalization length stay
 - Antibiotic consumption during total follow up
 - Rectal carriage of antibiotic resistant *Enterobacteriaceae*
 - Kidney graft function at day 90 and day 180
 - The total costs
- To evaluate risk factors for failure and relapse.

Design of the trial

- Multicenter, controlled, randomized, non-inferiority, open-label clinical trial with 2 parallel groups (1:1): 7 days versus 14 days of antibiotic treatment.
- The randomization will be stratified by date of renal transplantation (< or > 1 year), center and sex

Inclusion criteria

- Age >18 years KTR
- APN defined by: fever ($T^{\circ} \geq 38^{\circ}\text{C}$) (with or without clinical signs and/or symptoms of UTI) and pyuria (≥ 10.4 white blood cells/mL) and positive urine culture (single uropathogen ≥ 10.3 CFU/mL susceptible to the empirically administered antibiotic)
- No confirmed or suspected febrile non urinary infection
- No urologic/renal complication at baseline imaging (abscess, obstruction...)
- Early response after 48h of antibiotic treatment defined by: $T^{\circ} < 38^{\circ}\text{C}$ and improvement or complete resolution of any symptoms and/or signs of UTI if present at baseline

Main exclusion criteria

- Severe or complicated APN
- Any rapidly progressing disease or immediately life-threatening illness (septic shock, current or impending respiratory, acute heart or liver failure)
- Admission or stay in intensive care unit at baseline
- Obstruction of the urinary tract
- Renal, perinephric or prostatic abscess
- Dual therapy (only 1 dose of aminoglycoside is allowed before randomization)
- First month post transplantation
- Current indwelling catheter (including bladder catheter, ureteral stents, percutaneous nephrostomy tubes)
- Neurogenic bladder/Enterocystoplasty
- Immunodeficiency or immunosuppressive therapy not related to kidney transplantation (hematologic malignancy, cancer, asplenia, <500 PNN/mm³)

Statistical analysis

- Sample sizes of 235 in each group
- achieve 80% power
- to detect a non-inferiority margin difference between the group proportions of -0.05.
- The power was computed for the case the actual treatment group proportion is 0.90. The test statistic used is the one sided Z test (unpooled).
- The significance level of the test is 0.05

Duration of the trial...

- Length of Inclusion period: 36 months
- Total study duration: 42 months
- Number of sites: 10

Centres

Name	Town, Country	Hospital
Péraldi	Paris, France	CHU Saint-Louis
Scemla	Paris, France	CHU Necker
Matignon	Créteil, France	CHU Mondor
Snanoudj	Paris, France	CHU Kremlin-Bicêtre
Delahousse	Boulogne, France	Hôpital Foch
Kamar	Toulouse, France	CHU Toulouse
Kaminski	Bordeaux, France	CHU Bordeaux
Levi	Lyon, France	CHU Lyon
Giral	Nantes, France	CHU Nantes
Hazzan	Lille, France	CHRU Lille

A randomized, double-blind, multicenter study to compare the efficacy of Fosfomycin-trometamol (FT) to Ciprofloxacin(CIPRO) single dose as prophylaxis for transrectal ultrasound-guided biopsy of the prostate (TRUBP): **PROFOSFO (PHRC-19-0261)**

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Background

- In France, 150000 TRUBP every year.
- Resistance rate to FQ (FQR) and ESBL *Enterobacteriaceae* infections keep increasing, leading to a lower efficacy of FQ as prophylaxis before TRUBP and to difficulties to treat adequately patients with urinary tract infection (UTI) after TRUBP.

Fosfomycin-trometamol (FT) or fluoroquinolone (FQ) as single-dose prophylaxis for transrectal ultra sound-guided prostate biopsy (TRUS-PB): A prospective cohort study (Delory et al), Int J Infect Dis, 2021 Jan;102:269-274

Prevalence and incidence of primary and secondary clinical endpoints.

Clinical endpoints ^b	FQ-arm n= 116	FT-arm n= 81	Total n= 197	RR ^a	95%CI	p-value
Post-TRUS-PB UTI	17/116 (15%) (95%CI, 10–17%)	7/81 (9%) (95%CI, 5–13%)	24/197 (12%) (95%CI, 8–17%)	0.55	(0.22–1.40)	0.209
Post-TRUS-PB microbiologically documented UTI	6/116 (5%) (95%CI, 2–8%)	1/81 (1%) (95%CI, 0–3%)	7/197 (4%) (95%CI, 1–6%)	–		
Post-TRUS-PB antibiotic intake	14/116 (12%) (95%CI, 8–17%)	7/81 (9%) (95%CI, 5–13%)	21/197 (11%) (95%CI, 6–15%)	0.70	(0.27–1.82)	0.462
Post-TRUS-PB hospitalization (all causes)	13/116 (11%) (95%CI, 7–16%)	3/81 (4%) (95%CI, 1–6%)	16/197 (8%) (95%CI, 4–12%)	0.30	(0.08–1.11)	0.071
Post-TRUS-PB hospitalization (due to UTI)	9/116 (8%) (95%CI, 4–11%)	1/81 (1%) (95%CI, 0–3%)	10/197 (5%) (95%CI, 2–8%)	0.15	(0.02–1.20)	0.073
Post-TRUS-PB adverse events	36/116 (31%) (95%CI, 25–37%)	28/81 (36%) (95%CI, 28–41%)	64/197 (32%) (95%CI, 26–39%)	1.17	(0.64–2.15)	0.602

Main objective and primary endpoint

- To demonstrate that FT is non inferior to CIPRO for the prophylaxis of post-TRUBP UTI within 4 weeks from TRUBP.
- Occurrence of UTI within 4 weeks from TRUBP, defined as follows:
 - at least one among the following *clinical signs*:
 - Fever ($T^{\circ} \geq 38^{\circ}\text{C}$, on 2 consecutive occasions ≥ 1 hour apart)
 - Shaking and chills
 - Urinary signs including urinary burn, pain, urgency
 - Orchitis/Epidydimitis
 - and *microbiologically confirmed infection*:
 - bacteriuria $\geq 10^3/\text{mL}$ (single uropathogen)
 - and leucocyturia $\geq 10^4/\text{mL}$
 - and/or bacteremia

Secondary objectives and endpoints

- If non-inferiority of FT vs CIPRO is demonstrated, *to demonstrate superiority of FT over CIPRO* for the prophylaxis of post-TRUBP UTI.
- To compare between FT and FQ, 4 weeks after TRUBP
 - The antibiotic use (dose, duration and indication (UTI or other infection) after TRUBP;
 - The rate of adverse events related to antibiotic prophylaxis;
 - The rate of hospital admissions with a focus on admissions due to post TRUBP UTI;
 - The all-causes mortality;
 - The rate of FQ and FT-resistance of pathogens involved in post-TRUBP UTI;
 - The acquisition of rectal carriage of resistant bacteria to FQ, FT and ESBL-producing *Enterobacteriaceae*;
 - The total costs.

Design of the study

- Randomized, double blind, non-inferiority, multicenter clinical trial:

Cipro 500 mg + placebo vs fosfo 3 g + placebo:
single dose 2 hours before TRUBP

- The randomization will be stratified by center

Inclusion criteria

- Man
- ≥ 18 years
- Recommended to undergo a prostate biopsy as part of standard of care
- Signed informed consent

Exclusion criteria

- < 3 months-life expectancy
- **Severe renal failure (defined as creatinine clearance ≤ 20 ml/min)**
- G6PD deficiency
- Non-controlled epilepsy
- History of FQ associated tendinopathy, aortic aneurysm or dissection
- History of cardiac valvular insufficiency
- Marfan syndrome/Ehlers-Danlos syndrome
- History of FQ or FT allergy
- **Hepatic cytolysis (ASAT/ALAT $\geq 5N$)**
- Myasthenia gravis
- History of severe psychiatric disorders
- Galactose intolerance, lactase deficiency, glucose or galactose digestive malabsorption
- Tutorship or guardianship
- No health insurance

Sample sizes

- The rate of the primary endpoint (UTI post-TRUBP) in the FQ arm (control group) is estimated at 5%.
- **Sample sizes of 326 in FT-arm and 326 in Group FQ-arm**
- 90% power
- to detect a non-inferiority margin difference between the group proportions of 0.05.
- The intervention group proportion is assumed to be 10% under the null hypothesis of inferiority.
- The significance level of the test is 0.05.

- Duration of enrolment period : 18 months
- Length of participation for participants : 8 weeks
- Total study duration : 20 months
- Participating sites: 10

Centres

- Service d'urologie, CHU Rennes
- Service d'Urologie Hôpital Bicêtre Le Kremlin-Bicêtre
- Service d'Urologie Institut Mutualiste Montsouris Paris
- Service d'Urologie: Clinique beausoleil, Montpellier
- Service d'Urologie Hôpital Saint-Louis, Paris
- Service d'Urologie Hôpital Bretonneau Tours
- Service d'Urologie Clinique La Croix du Sud Quint Fonsegrives
- Service d'Urologie et Transplantation Rénale CHRU de Besançon
- Service d'Urologie Hôpital Tenon Paris
- Service d'Urologie, andrologie et transplantation rénale Hôpital Rangueil Toulouse

Efficacy of 7 versus 14 days of antibiotic therapy in male
with febrile urinary tract infection due to
fluoroquinolone susceptible organisms.
PROSTASHORT: a randomized clinical trial.

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31/08/2021

Study design, methods

- Randomized, double-blind, placebo-controlled, non-inferiority multicenter trial.
- Assuming that a non inferiority margin of 10% (14 days vs. 7 days) reflects acceptable non inferiority
- **Necessary number of patients : 284 (142 per arm)** with a first-species risk (one-sided) of 2.5% and a power of 80%.
- **Missing data considered as failures**, pointwise and with 95% confidence interval calculated by the exact method.
- Sensitivity analysis for recoding missing data performed.

Eligibility criteria

- Male
- Aged 18 years or older
- Febrile urinary tract infection , defined as :
 - Fever (temperature $\geq 38\text{C}^{\circ}$)
 - and at least one of the following :
 - dysuria, frequency of urination, urgency of urination, hematuria
 - perineal, flank or suprapubic pain
 - pain on rectal examination
 - and leukocyturia $\geq 10/ \text{mm}^3$
- Duration of symptoms for less than 3 months

Exclusion criteria

- Septic shock or sepsis
- Nosocomially acquired urinary tract infection
- Prior urinary tract infection treatment within 12 months
- Indwelling urinary catheter
- Neutropenia (polynuclear count of less than $500/\text{mm}^3$)
- Fluoroquinolone or aminoglycoside within 72 hours prior antibiotic treatment
- Creatinine clearance ≤ 20 ml/min
- Severe disease with a high probability of death at 3 months
- Allergy or contraindication to fluoroquinolones and/or cephalosporins
- Known G6PD deficiency
- Major cognitive impairment
- History of tendinopathy with a fluoroquinolone
- ASAT/ALAT $\geq 5N$,
- Myasthenia gravis/galactose intolerance, Lapp lactase deficiency or glucose/galactose malabsorption syndrome.
- Guardianship, curatorship or no social security coverage
- Absence of written consent from the patient

Day 1
Fever + UTI signs
+ Leukocyturia $\geq 10^3$ /mL
Inclusion



Antibiotic therapy

- Ofloxacin 200 mg bd (IV or per os)
- Ceftriaxone 1 g od (IV or IM)
- Cefotaxime 1g td (IV or IM)



Day 3-4

- Urine culture positive
- Single uropathogen ($\geq 10^3$ /mL)
- Susceptible to : 3rd generation cephalosporins, nal acid and FQ
- No prostate abscess
- post-void residue < 100mL
- No fever (< 38°C)
- Possible oral route



7-day treatment
Day 3-4 to Day 7 oral ofloxacin
Day 8 to Day 14 placebo

14-day treatment
Day 3-4 to Day 7 oral ofloxacin
Day 8 to Day 14 oral ofloxacin

Yes
To all items
Randomisation

Week 12
Secondary assessment



Week 6
Main assessment



Randomization

- **Randomization criteria: Day 3-4**
 - positive urine culture with a single uropathogen ($\geq 10^3$ UFC/ml)
 - uropathogen susceptible to nalidixic acid, FQ and 3rd generation cephalosporins
 - possibility of oral treatment
 - temperature $< 38^\circ$ C on ceftriaxone, cefotaxime or ofloxacin initiated empirically at diagnosis
 - No prostatic abscess and post-void residue > 100 ml on ultrasound
- **Stratification by:**
 - study site
 - urinary tract-related comorbidities
 - age (< 50 years/ ≥ 50 years)

Primary end-point

Cure of the UTI 6 weeks after initiation of active antibiotic therapy and defined as follows:

- **Negative urine culture** (except contaminants *i.e.* alpha-hemolytic streptococci, *Lactobacillus*, *Corynebacteria*, *Gardnerella* or coagulase negative Staphylococci)
- **No fever** ($T < 38^{\circ}$ or $T \geq 38^{\circ}$ not related to UTI)
- **No antibiotic treatment** whose spectrum includes the causative uropathogen

Secondary end-points

- Adverse events related to antibiotic treatment
- Intestinal carriage of antimicrobial-resistant gram-negative bacilli
- Infectious and urological complications during treatment and follow-up

Primary outcome

Analysis	Patients	% (95%CI)	14-day antibiotic therapy	% (95%CI)	7-day antibiotic therapy	% (95%CI)	Absolute Difference (95%CI)
Per-protocol	225		117		108		
Cure	160	71.1% [64.7;76.9]	96	82.1% [73.9;88.5]	64	59.3% [49.4;68.6]	-22.8% [-34.2;-11]
Intention to treat	240		125		115		
Cure	161	67.1% [60.7;73]	97	76.6% [69.3;84.6]	64	55.7% [46.1;64.9]	- 21.9 %[-33.3;-10.1]

→ non-inferiority 7-day vs 14-day not demonstrated

→ deleterious effect of 7-day vs 14-day antibiotic therapy

Adverse events related to antimicrobials

		Total		14-day antimicrobial therapy		7 day-antimicrobial therapy	
		N=13		N=9		N=4	
Adverse events	Headache	1	8%	1	11%	0	0%
	Diarrhea	3	23%	2	22%	1	25%
	Tendon and joint pain	5	39%	3	33%	2	50%
	Rash	4	31%	3	33%	1	25%
Grade	1	9	69%	7	78%	2	50%
	2	2	15%	1	11%	1	25%
	3	2	15%	1	11%	1	25%
Stopping antibiotic treatment	Yes	2	15%	1	11%	1	25%