



Session en partenariat avec la SFM

Transplantation: existe-t-il encore un risque infectieux

Infections respiratoires virales chez les transplantés (hors SARS-CoV-2)

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Université Claude Bernard Lyon 1



Lyon
HémiInf
Study group





Déclaration de liens d'intérêt avec les industriels de santé
en rapport avec le thème de la présentation (loi du 04/03/2002) :

- Intervenant : ADER Florence
- Titre : Infections respiratoires virales chez les transplantés

- Consultant ou membre d'un conseil scientifique
- Conférencier ou auteur/rédacteur rémunéré d'articles ou documents
- Prise en charge de frais de voyage, d'hébergement
ou d'inscription à des congrès ou autres manifestations
- Investigateur principal d'une recherche ou d'une étude clinique

NON

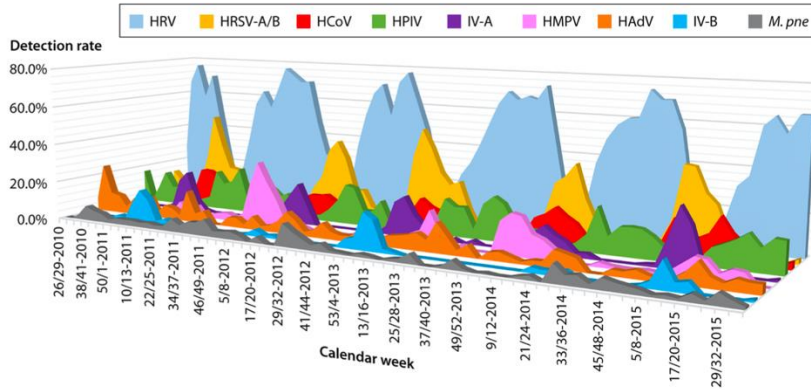
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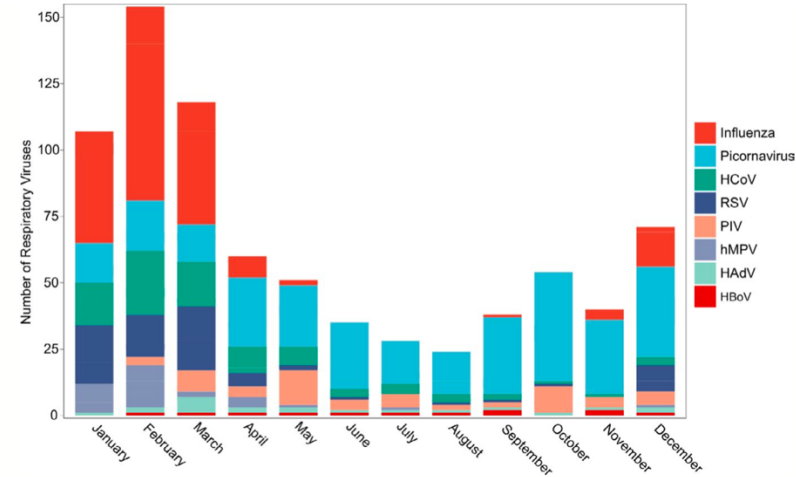
NON

Community-acquired respiratory virus (CARV)

General population



Solid organ transplantation



Similar seasonality

Fall --- > winter

Influenza virus A/B, RSV, Metapneumovirus

Spring, summer -- > fall

Picornavirus/Rhinovirus, CoV, Parainfluenza virus



Highest
impact

Allo-HSCT
Lung Tx

Other SOTs

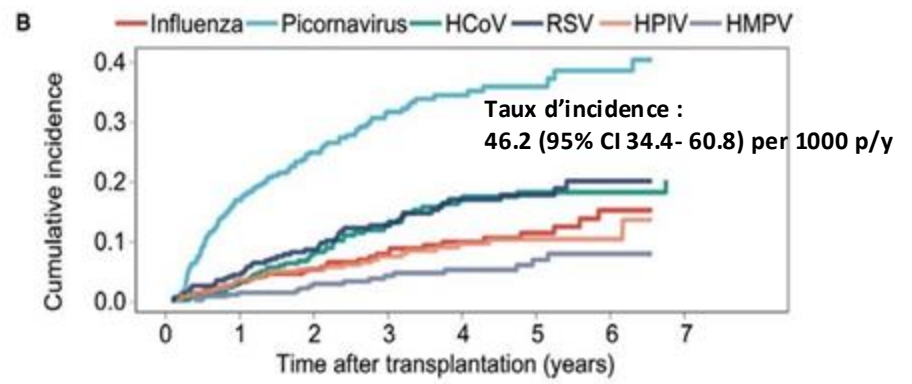
COPD-bronchiectasis
Auto-inflammatory
diseases

Lowest
impact

Children < 5 a



Lung Tx – Overall post-transplant survival 6.2 y



Allograft rejection

Bronchiolitis obliterans/chronic lung allograft dysfunction



Highest
impact

Allo-HSCT
Lung Tx

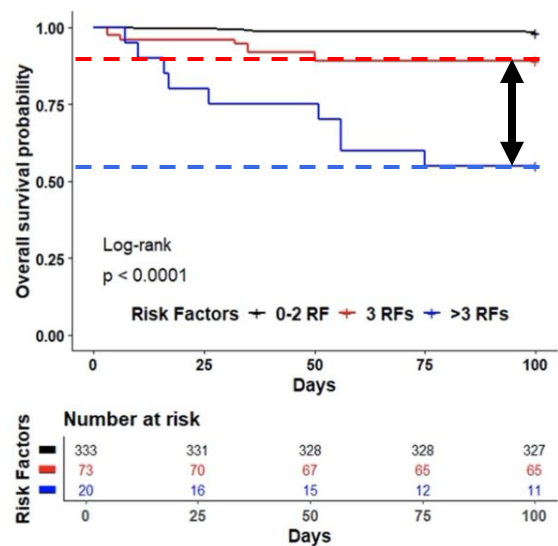
Other SOTs

COPD-bronchiectasis
**Auto-inflammatory
diseases**

Lowest
impact

Children < 5 a

Allo-HSCT, n= 426 – 1070 CARV episodes
Lower RTD progression rate = 26%
All-cause mortality rate at day 100 = 5%

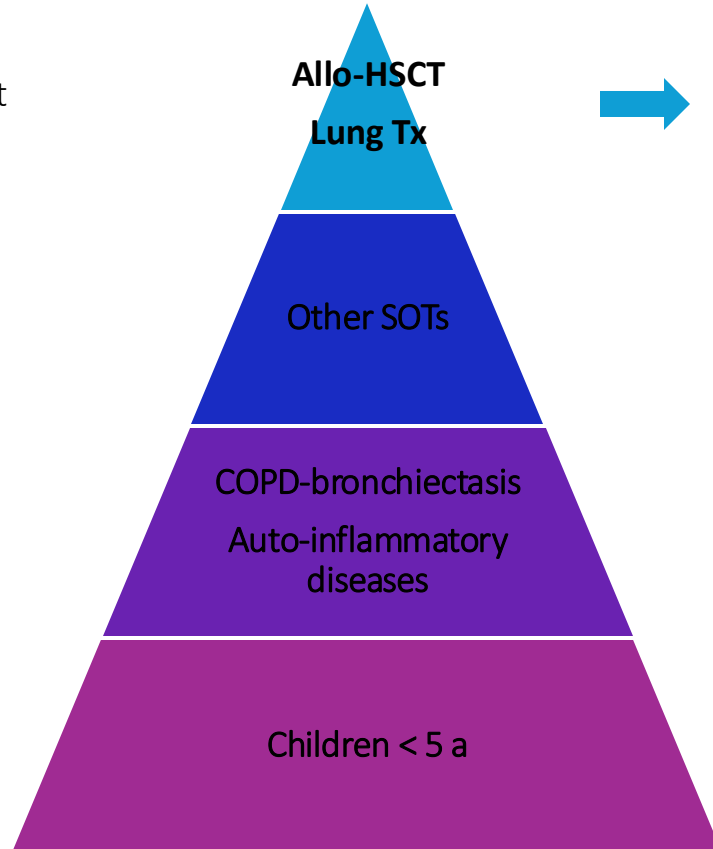


Overall survival at day 100 after CARV detection in allo-HSCT recipients with lower RT disease according to risk factors :

- Donor/recipient HLA mismatch
- CST use
- GvHD
- ALC < 0.1
- Neutropenia
- Age ≥ 40y



Key factors influencing net immune status





Allo-HSCT
Lung Tx

Other SOTs

COPD-bronchiectasis
Auto-inflammatory diseases

Children < 5 a



At transplantation

Age (threshold 40 yr)
Multiple transplants
End-organ disease
Malnutrition
Conditioning
Graft source
Related vs. unrelated (HLA mismatch)
Receipt of lympho-depleting agents

Highest
impact

Lowest
impact



Allo-HSCT
Lung Tx



Post-transplantation

Other SOTs

COPD-bronchiectasis
Auto-inflammatory
diseases

Children < 5 a

Age and malnutrition
IS regimen <---> anti-donor/graft immunity
Hypogammaglobulinemia (HSCT)
Slow/poor immune reconstitution



Highest impact

Allo-HSCT
Lung Tx



Allo-HSCT with CARV (RSV, PIV, MTPv and Influenza A/B) at risk for progression from upper RTI to lower RTD

Other SOTs

COPD-bronchiectasis
Auto-inflammatory diseases

Lowest impact

Children < 5 a

Allo-HSCT – Immunodeficiency Scoring Index

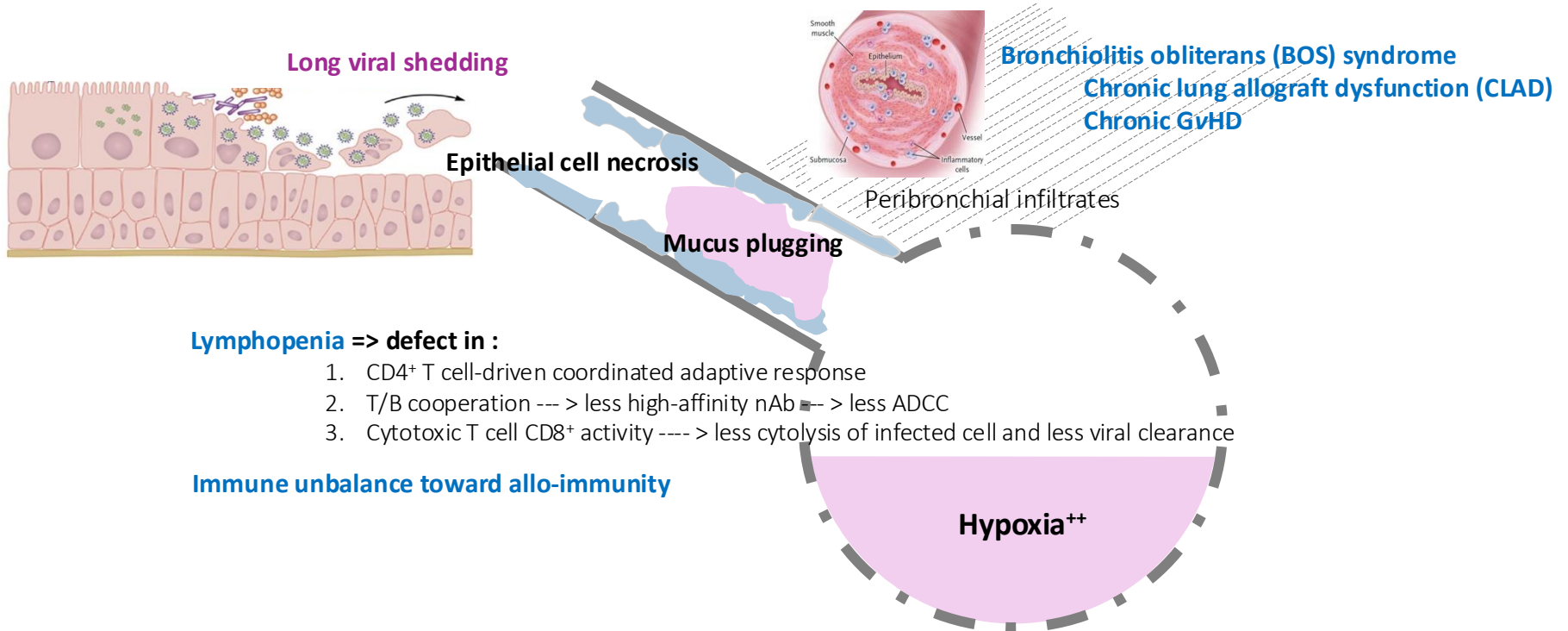
Criterion or parameter	
Neutropenia, $<0.5 \times 10^9 / L$	3
Lymphopenia, $<0.2 \times 10^9 / L$	3
Myeloablative conditioning	1
Pre-engraftment or allo-HCT < 1 month	1
GvHD (acute/chronic)	1
Corticosteroids	1
Age, > 40 yr	2
Maximal	12

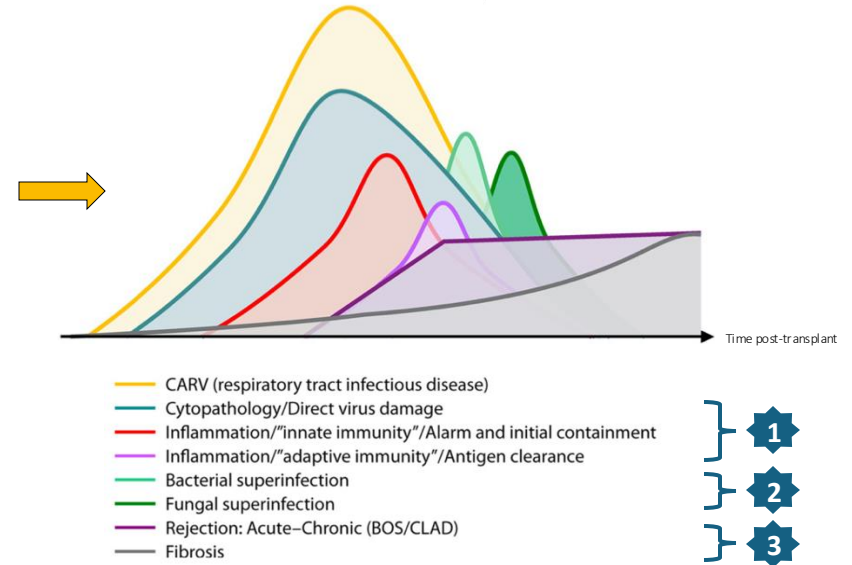
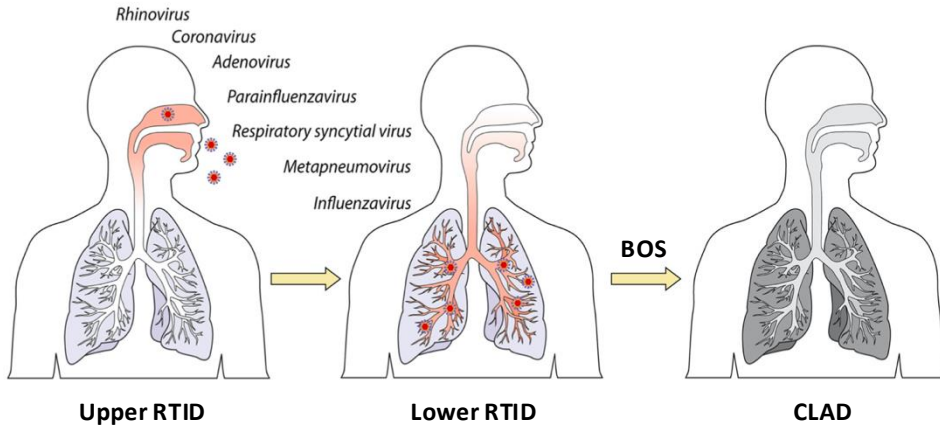
Stratification

Low risk	0-2
Moderate risk	3-6
High risk	7-12

+ multiple transplants

Houist AL, et al. Bone Marrow Transplant. 2021 doi: 10.1038/s41409-021-01462-z
 Shah DP, et al. Blood 2014. doi: 10.1182/blood-2013-12-541359
 Ogimi C, et al. Bone Marrow Transplant. 2022 doi: 10.1038/s41409-022-01575-z.
 Micó-Cerdà M et al. Transplant Cell Ther. 2025 doi: 10.1016/j.jtct.2025.02.012.





Diagnosis work up

Direct antigen detection (DAD) = lower sensitivity compared to CARV-NAT and reduced specificity in low prevalence setting, but if used for rapid (self-) testing, the result should be discussed with referent physician to evaluate the consequences for care including the need of early antivirals or for confirmation by NAT. **AII**



Naso-pharyngeal swab

Negative NPS – highly suggestive

BAL fluid

Nucleic acid testing (NAT) AII

Multiplex NAT kit (RhinoV, Influenza A/B, RSV, CoV, ...)

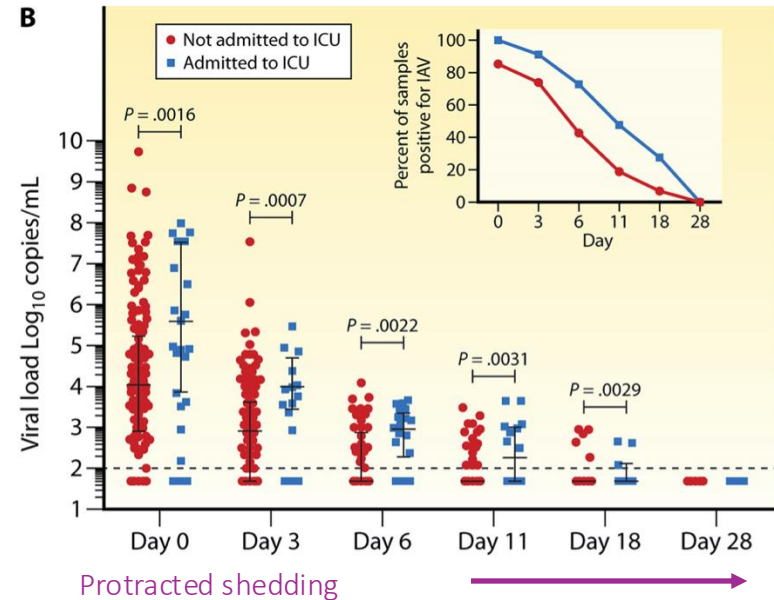
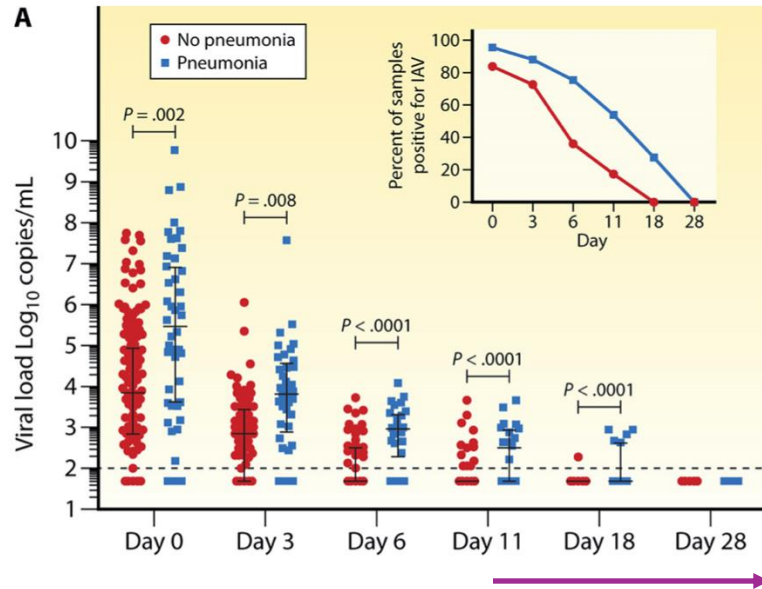
Turn-round time < 2 hours are preferred

(Semi-)quantitative NAT => [Cycle threshold] CIII

Center-dpdt – can be considered to follow the course of viral replication

ENT symptoms/cough/fever

5 consecutive influenza seasons
n=616 transplant recipients with influenza
Solid organ transplant, n=477 and HSCT recipients, n=139

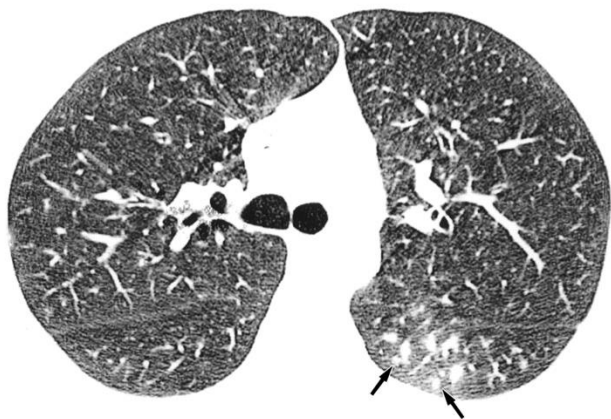


Imagery work up ----- > [HR] CT scan

Patches of **ground glass opacities**

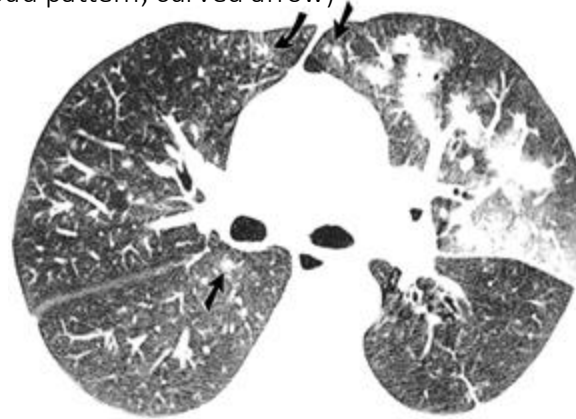
Airway inflammatory changes such as **tree-in-bud opacities** (20-50%), **bronchial wall thickening** (30-70%), **centrilobular nodules** (35-60%) and **peribronchiolar consolidation** (~ 50%) are associated with CARV LRTD.

Multifocal consolidation is commonly found in cases of CARV LRTD but is **non-specific**.



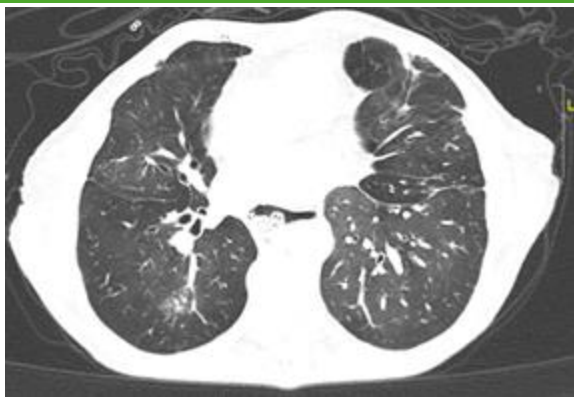
Centrilobular nodules (arrows) and adjacent ground-glass opacities

Centrilobular branching nodular opacities
(tree-in-bud pattern, curved arrow)

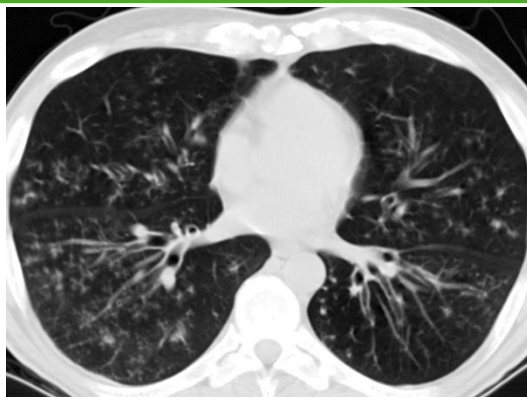


Centrilobular nodules (straight arrows)

Ground-glass opacities and dense focal areas of consolidation



Lung Tx – RSV LRTD

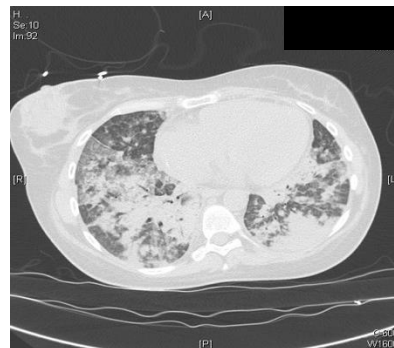
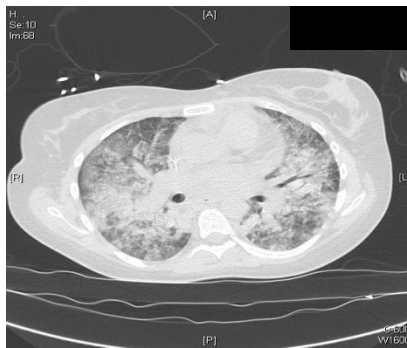
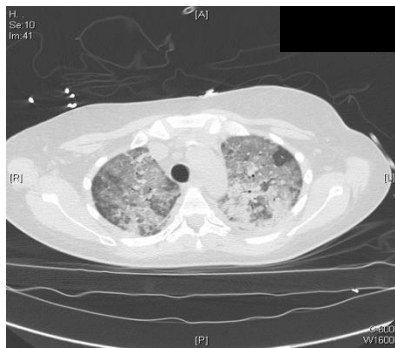
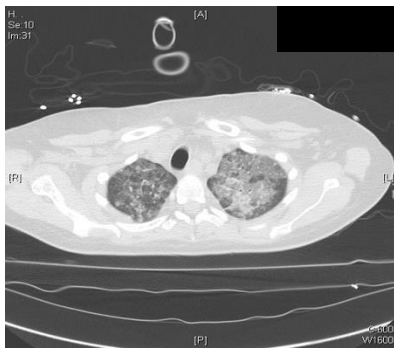


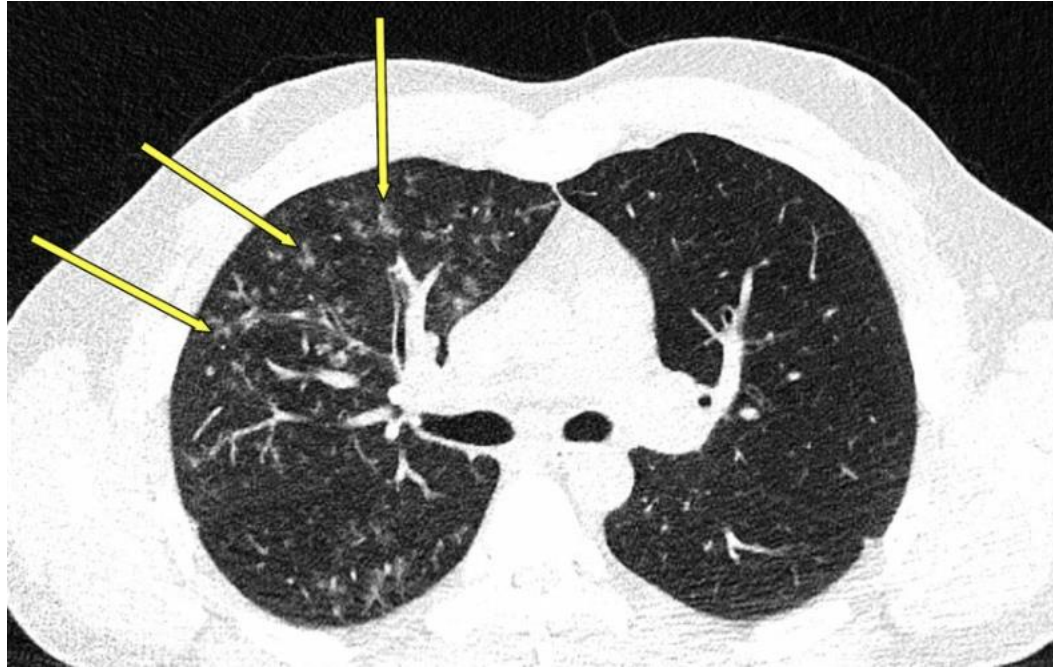
Allo-HSCT – Influenza LRTD



Allo-HSCT – RSV LRTD

Allo-HSCT day 10 post-transplantation – RSV ARDS





Upper respiratory tract infection (URTI)

- detection of respiratory virus in a respiratory sample
- AND
- at least one of: new onset of cough, or sore throat, or shortness of breath, or coryza, or fever, or nasal congestion
- AND
- clinician judgement that the illness was due to the infection
- AND
- no criteria for lower respiratory tract disease (LRTI)

Lower respiratory tract disease (LRTD)

- detection of respiratory virus in a respiratory sample
- AND
- at least one of: new onset of cough, sore throat, shortness of breath, coryza, or fever
- AND
- clinician judgement that the illness was due to the infection
- AND
- at least one of:
 - ✓ hypoxia defined as oxygen saturation <90% or need for supplemental oxygen, or
 - ✓ radiologic infiltrate, or
 - ✓ detection of respiratory virus in a lower respiratory tract sample

Who to treat ?

Upper respiratory tract infection (RTI) at high-risk of progression to lower RT disease (20-30%)

Determinants of decision making

Type of transplantation [Allo-HSCT, lung Tx]

Time after transplantation

IS regimen

GvHD/rejection

Lymphopenia/neutropenia

Timing of decision

Treat ALL lower RT diseases

Therapeutic options in high-risk transplant settings

DIRECT-ACTING
ANTIVIRALS

?

IMMUNOGLOBULINS

?

CORTICOSTEROIDS

?

VIRUS-SPECIFIC
mAbs



Data on adjuvant treatments: IV Igs or corticosteroids

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DOI: 10.1111/tid.14142

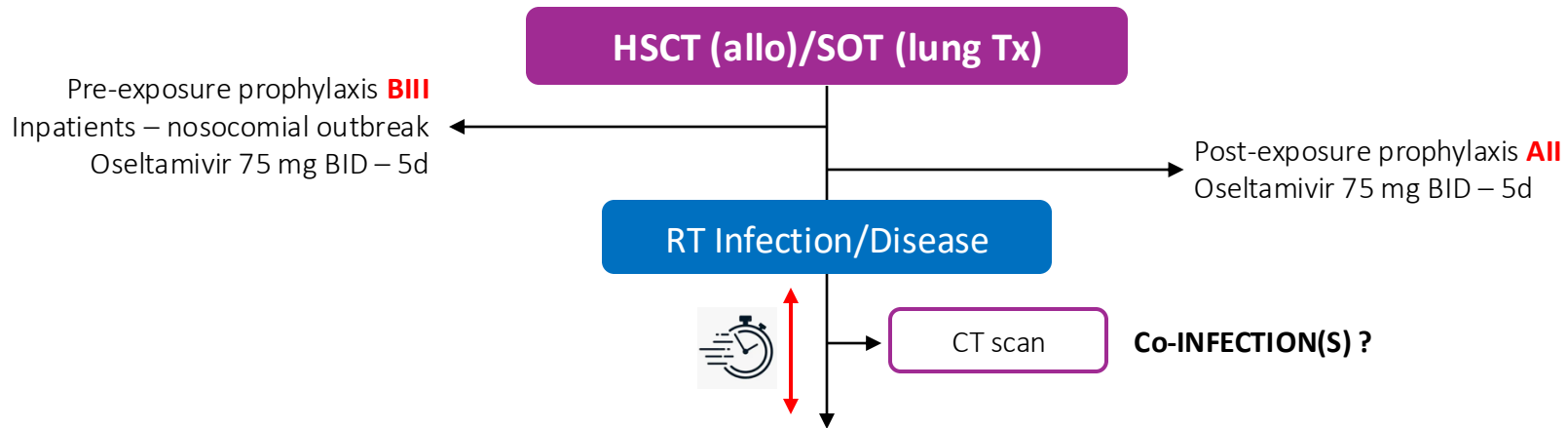
EDITORIAL



The role of systemic steroids in lung transplant recipients with community-acquired respiratory viruses: Time for a moratorium, or not?

Copyright Dr Lorena van den Bogaart

Influenza : therapeutic algorithm



1st line : oseltamivir* 75 mg BID 5 ---- > 10d **BIII**

Severe LRTD from the start : consider 150 mg BID **CIII**

2^d lines = 2 scenarii

- Severe LRTD prolonged : consider + baloxavir **BIII**
- Impaired gastro-intestinal absorption/no oral ingestion : switch to IV zanamivir or peramivir if available **CIII**

NAT monitoring
Genotypic resistance testing

* Full dose oseltamivir 75 BID > 40 kgs

Inactivated Influenza Vaccine (IIV)

Risk Factor	No.	Pneumonia (n = 134)	No Pneumonia (n = 472)	P Value (Univariate)	Multivariate OR (95% CI)	P Value (Multivariate)
Influenza vaccination in the same season	543	63/119 (52.9)	306/416 (73.6)	<.001	0.34 (.21–.55)	<.001

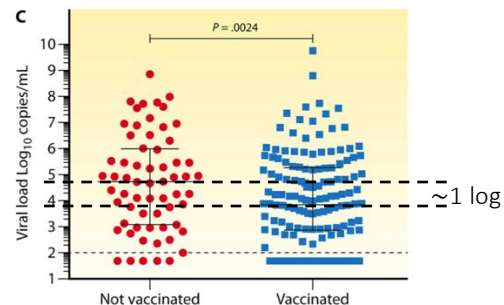
Annual seasonal **IIV** is recommended to be given at the beginning of influenza season for all patients at **3 to 6 months** post-transplant. **AII**

Vaccination should be continued on a yearly basis. **AII**

+ vaccinations of **household individuals**

High-dose trivalent IIV-A/B is recommended for **allogeneic** HSCT-patients. **BI**

A **2nd dose after 4 weeks** may have a benefit **BIII** and should be considered in patients with **severe GvHD**, **low lymphocyte counts**, or during a prolonged **community outbreak**.



STOP Flu Trial

Target population = **SOT**

High-dose vs MF59-**adjuvanted** vs **standard** influenza vaccine – 1:1:1

Primary outcome : **vaccine response rate at day 28** = > proportion of seroconversion for at least 1 viral strain (at least 4-fold increase of HAI titer from baseline)

	Vaccine Response Rate	Risk Difference	<i>P</i> Value
High-dose and MF59-adjuvanted versus standard vaccine ^a	63% (251/400) versus 42% (84/198)	0.20 (97.5% CI, .12–1)	<.001
High-dose versus standard vaccine ^a	66% (129/195) versus 42% (84/198)	0.24 (95% CI, .16–1)	<.001
MF59-adjuvanted versus standard vaccine ^b	60% (122/205) versus 42% (84/198)	0.17 (97.5% CI, .08–1)	<.001
High-dose versus MF59-adjuvanted vaccine ^b	66% (129/195) versus 60% (122/205)	0.07 (95% CI, –.01 to 1)	.085

RSV : therapeutic algorithm

Palivizumab could be considered as **post-exposure prophylaxis** in severely immunodeficient adults when **nosocomial outbreak** is occurring. **CIII**

SOT/HSCT and VRS⁺

CT scan (no contrast)

Upper RT Infection

Allo-HSCT
(risk factors)
Lung Tx

Auto-HSCT
Other than
lung Tx

Oral or IV RIBAVIRIN

Ig G < 4.5 g/L --- > IV Igs 0.5
mg/kg x 3 **BIII**

Lower or no corticosteroids CIII

No first-hand DAAVT
But surveillance

DAAVT: direct-acting antiviral
treatment

Lower RT Disease

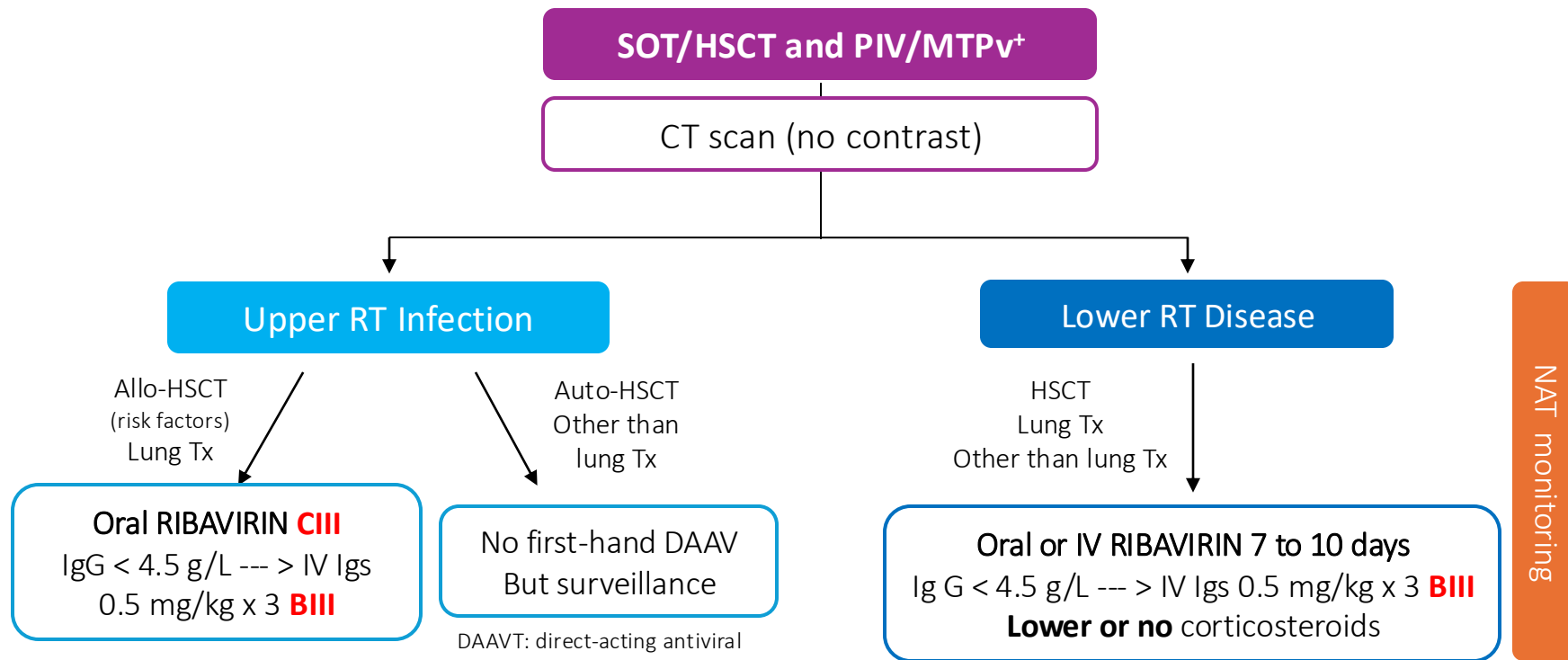
HSCT
Lung Tx
Other than lung Tx

IV RIBAVIRIN
7 to 10 days

Ig G < 4.5 g/L --- > IV Igs 0.5 mg/kg x 3 **BIII**
Lower or no corticosteroids CIII

NAT monitoring

PIV and MPV : therapeutic algorithm



Ribavirin (RBV): 1972 !! Guanosine analogue

Bio-availability **45-65%**

Ingestion with **fat meal** : bio-availibility optimization **x 1.5**

Important but slow **tissular diffusion index**, CNS included

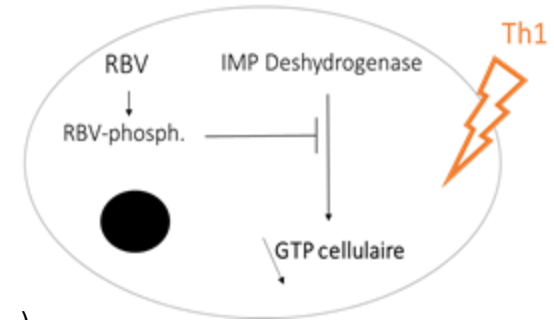
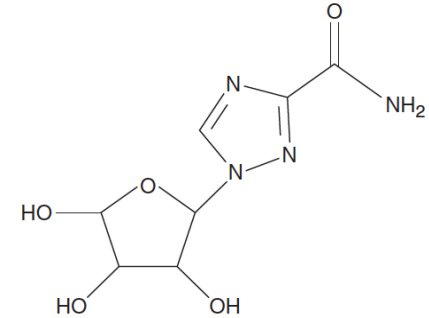
Long half-life = **150h** (1 dose) up to **300h** (cumulative doses)

---- > **loading dose**

Drug clearance dpdt on :

- **weight** (adaptation dose/weigth)
- **renal function**

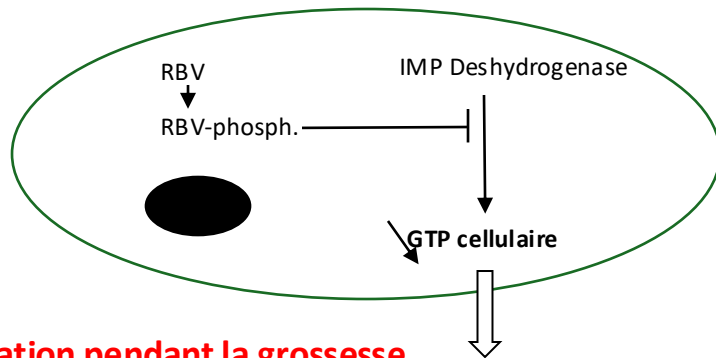
No hepatic metabolization = no dose adaptation (end-stage liver diseases)



Use of systemic ribavirin for RTI/D with RSV, PIV, and MPV

Treatment course	Description
Oral or intravenous ribavirin maximal dosing at 10 mg/kg body weight every 8 h for adults	Day 1: start with 600 mg loading dose, then 200 mg every 8 h Day 2: 400 mg every 8 h Day 3: Increase the dose to a maximum of 10 mg/kg body weight every 8 h In case of adverse events, decrease dose or discontinue ribavirin
Oral or intravenous administration according renal function	Dose for a creatinine clearance of 30 to 50 ml/min: a maximum of 200 mg every 8 h For a creatinine clearance of 10 to 30 ml/min, no dose recommendation can be given ^b

^bSome experts use 200 mg once daily under close clinical and laboratory monitoring



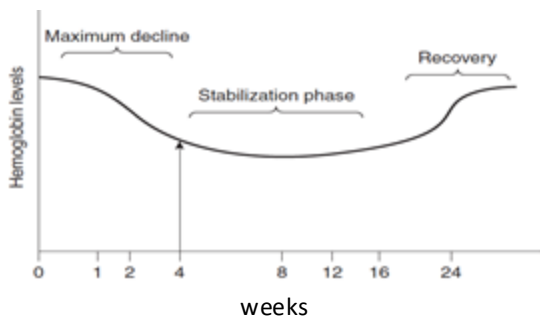
Anemia (11-35%)
Hemolytic anemia (10-13%)
 Neutropenia (8-40%)
 Lymphopenia (14%)
MOSTLY IF >14 days



Contre-indication pendant la grossesse
Anémie hémolytique dose-dépendante et réversible



Déplétion GTP et ATP
 Acidose lactique





Prophylactic anti-RSV mAbs in high-risk adult transplant recipients ?

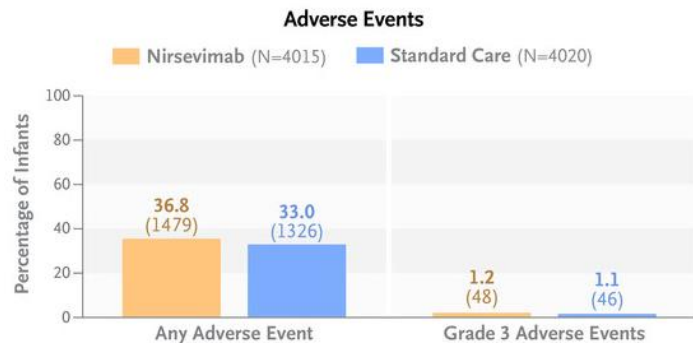
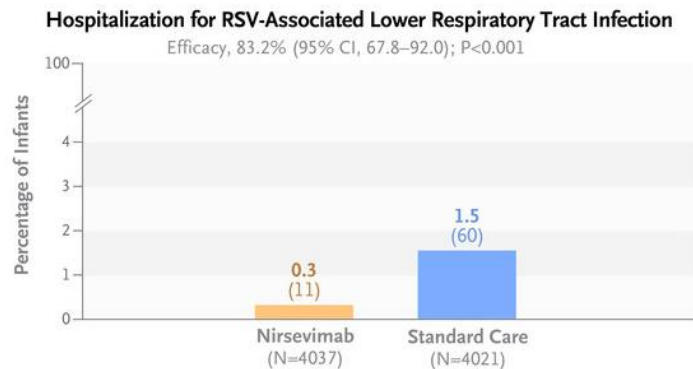
Randomized Controlled Trial > N Engl J Med. 2023 Dec 28;389(26):2425-2435.

doi: 10.1056/NEJMoa2309189.

Nirsevimab for Prevention of Hospitalizations Due to RSV in Infants

Simon B Drysdale¹, Katrina Cathie¹, Florence Flamein¹, Markus Knuf¹, Andrea M Collins¹, Helen C Hill¹, Friedrich Kaiser¹, Robert Cohen¹, Didier Pinquier¹, Christian T Felter¹, Natalya C Vassilouthis¹, Jing Jin¹, Mathieu Bangert¹, Karine Mari¹, Rapi Nteene¹, Sophie Wague¹, Michelle Roberts¹, Pierre Tissi res¹, Simon Royal¹, Saul N Faust¹; HARMONIE Study Group

Phase III, open label RCT
1:1 nirsevimab vs SoC



RSV vaccines

Nom, Fabricant	RSVpreF3-AS01, GSK	RSVpreF, Pfizer Inc	mRNA-1345, Moderna
Type de vaccin	Protéique recombinant, avec adjuvant AS01E	protéique recombinant, bivalent (A et B), sans adjuvant	ARNm
AMM FDA	50-59 ans « à risque » ≥60 ans 	18-59 ans « à risque » ≥60 ans 	≥60 ans 
AMM EMA	50-59 ans « à risque » ≥60 ans 	≥18 ans 	≥60 ans 
Disponible en France			
Remboursement			
Prix	libre, ≈200€	196,10€	

International phase III RCT vs placebo, ≥60y, exclusion criteria = immunocompromised

ORIGINAL ARTICLE

Respiratory Syncytial Virus Prefusion F Protein Vaccine in Older Adults

A. Papi, M.G. Ison, J.M. Langley, D.-G. Lee, I. Leroux-Roels, F. Martinon-Torres, T.F. Schwarz, R.N. van Zyl-Smit, L. Campora, N. Dezutter, N. de Schrevel, L. Fissette, M.-P. David, M. Van der Wielen, L. Kostanyan, and V. Hulstrøm, for the AReSVi-006 Study Group^a

	n LRTD VRS+	Vaccine efficacy
RSVPreF3 OA (adj.)	n = 24,966	47 (2S+ ou 3 S+)
		82.6%

ORIGINAL ARTICLE

Efficacy and Safety of a Bivalent RSV Prefusion F Vaccine in Older Adults

E.E. Walsh, G. Pérez Marc, A.M. Zareba, A.R. Falsey, Q. Jiang, M. Patton, F.F. Polack, C.J.A. Duncan, M. Ujiie, M. Rämets, L. Pérez-Breva, A.R. Falsey, N. Hussien, L.J. Bont, J. Cardona, E. DeHaan, G. Castillo Villa, M. Ingilizova, D. Eiras, T. Mikati, R.N. Shah, K. Schneider, D. Cooper, K. Koury, M.-M. Lino, A.S. Anderson, K.U. Jansen, K.A. Swanson, A. Gurtman, W.C. Gruber, and B. Schmoel-Thoma, for the RENOIR Clinical Trial Group^a

RSVpreF (biv.)	n = 34,284	44 (2S+)/16 (3S+)	66.7% (2S+)/85.7% (3S+)
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ORIGINAL ARTICLE

Efficacy and Safety of an mRNA-Based RSV PreF Vaccine in Older Adults

E. Wilson, J. Goswami, A.H. Baqui, P.A. Doreski, G. Perez-Marc, K. Zaman, J. Monroy, C.J.A. Duncan, M. Ujiie, M. Rämets, L. Pérez-Breva, A.R. Falsey, E.E. Walsh, R. Dhar, L. Wilson, J. Du, P. Ghaswalla, A. Kapoor, L. Lan, S. Mehta, R. Mithani, C.A. Panozzo, A.K. Simorellis, B.J. Kuter, F. Schödel, W. Huang, C. Reuter, K. Slobod, S.K. Stoszek, C.A. Shaw, J.M. Miller, R. Das, and G.L. Chen, for the ConquerRSV Study Group^a

mRNA-1345	n = 35,541	64 (2S+)/20 (3S+)	83.7% (2S+) / 82.4% (3S+)
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Teasing : G2I – Dr. Anne Conrad



Audi Pierre de Ronsard (niveau +1)
Jeudi 12 juin
12h-13h15

SG03 • Session groupe G2I
Actualités thérapeutiques des infections
chez l'immunodéprimé
Fanny LANTERNIER
Serge ALFANDARI
Anne COSTE
Benjamin GABORIT
Anne CONRAD



Tour d'horizon des approches
immuno-thérapeutiques contre le
VRS : vaccins chez l'ID et mAbs

Conclusion

Prevention⁺⁺⁺/Education ---- > **what have we learned from COVID-19 pandemics (??)**

Allo-HSCT/lung Tx

Frequency : RhinoV

Severity : influenza/RSV

Co-infections

Proactive decision-making: risk factors + NAT + CT scan

Neuraminidase inhibitor/oseltamivir

Guanosine analogue/ribavirin

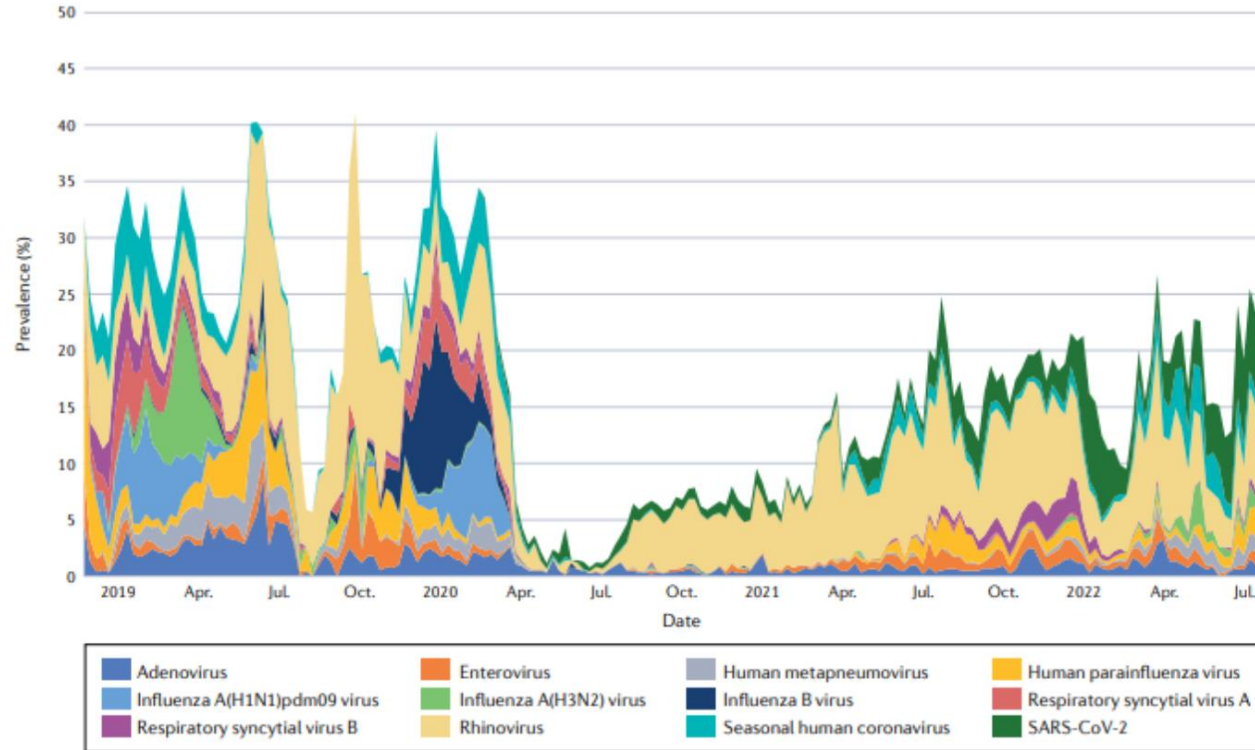
Influenza vaccine⁺⁺⁺

RSV vaccine ?

Prophylactic mAbs ?

Thanks

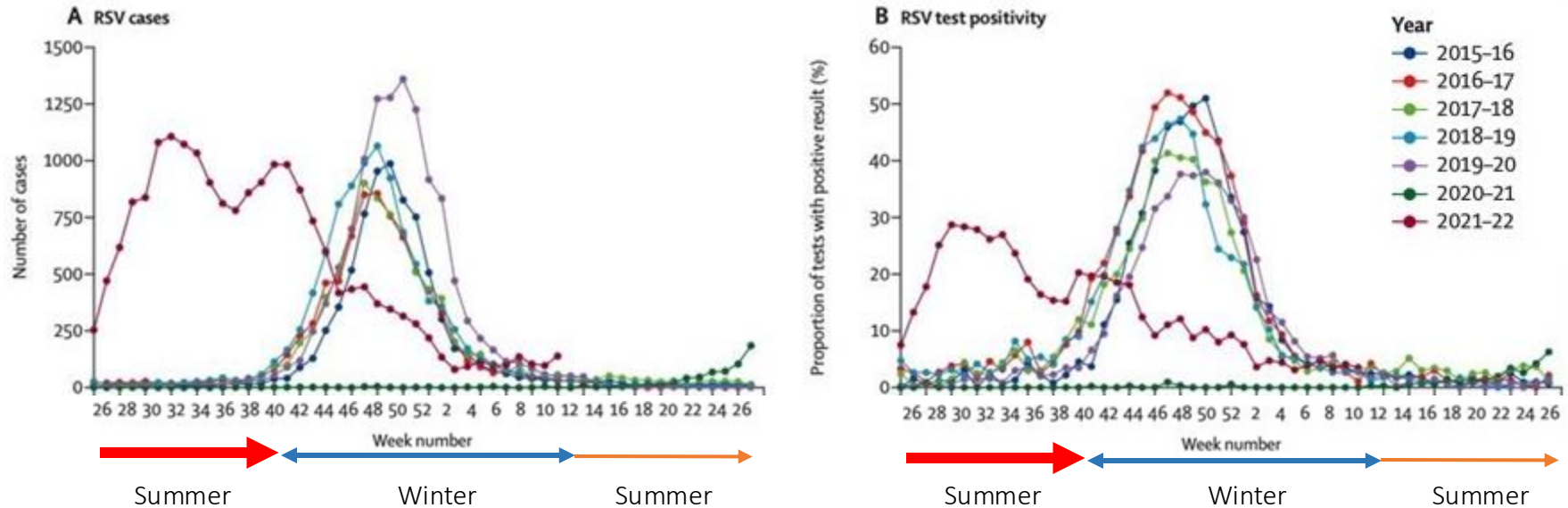
The effect of COVID-19 pandemics



Less influenza and RSV infections

Less viral diversity

Changes in seasonality during COVID-19 pandemics

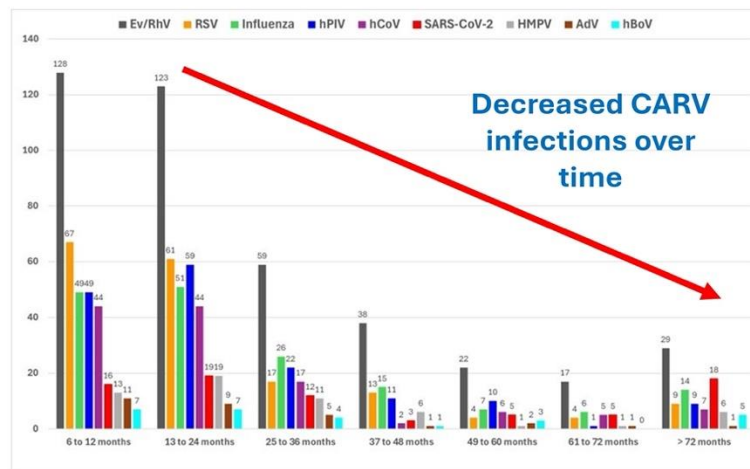


Strong decrease in RSV infections during 2020 -2021 winter

Peak during 2021-2022 summer

Community-Acquired Respiratory Virus Infections: A Threat to Long-Term survivors after Allogeneic Stem Cell Transplant?

Piñana J.L. et al, Clinical Infectious Disease

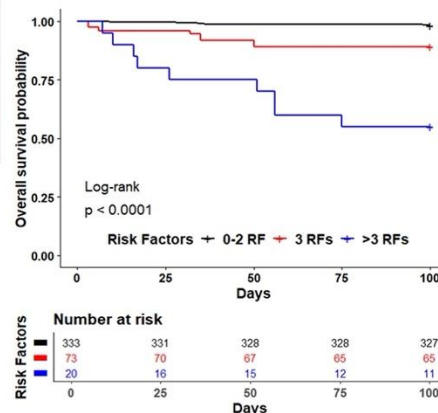


Progressive decrease in CARV detection over time post-transplant, which roughly halved each year

Probabilities of lower respiratory tract disease (LRTD) progression according to the number of risk factors:

GvHD prophylaxis, corticosteroid use, ALC $<1 \times 10^9/L$, fever at CARV screening, RSV and human metapneumovirus

Number of RFs*	Only URTD n (%)	LRTD* n (%)	Total episodes
0	211 (89.7)	27 (11.3)	238
1	278 (86.9)	42 (13.1)	320
2	200 (73.3)	73 (26.7)	273
3	81 (55.2)	66 (44.8)	147
4	14 (21.6)	51 (78.4)	65
5	7 (26)	20 (74)	27



Overall survival at 100 days after CARV detection in recipients with LRTD according to risk factors:

- donor/recipient HLA mismatch
- corticosteroids 0.1-30mg/d and >30mg/d
- ALC $<1 \times 10^9/L$
- ANC $<0.5 \times 10^9/L$
- Age ≥ 40 years.