



Les traitements courts sont-ils applicables chez nous/chez tous ?

Lorenzo Guglielmetti

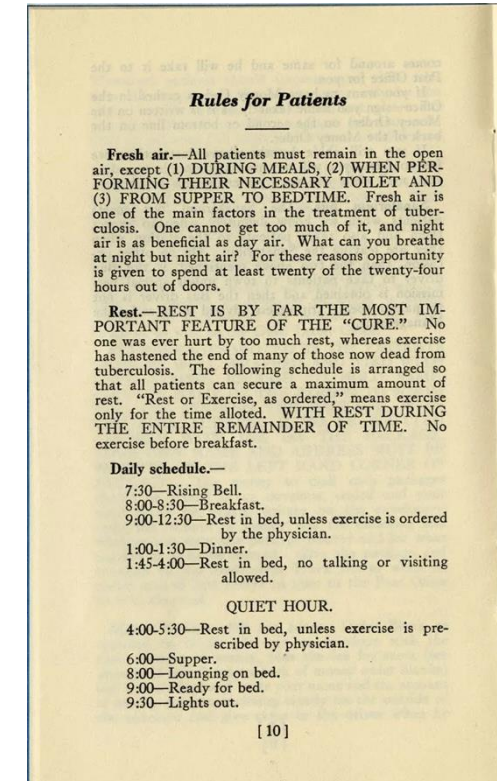


Déclaration de liens d'intérêt avec les industriels de santé en rapport avec le thème de la présentation (loi du 04/03/2002) :

- Consultant ou membre d'un conseil scientifique ☐ OUI ☒ NON
- Conférencier ou auteur/rédacteur rémunéré d'articles ou documents ☐ OUI ☒ NON
- Prise en charge de frais de voyage, d'hébergement ou d'inscription à des congrès ou autres manifestations ☐ OUI ☒ NON
- Investigateur principal d'une recherche ou d'une étude clinique ☒ OUI ☐ NON
 - Investigateur Coordonnateur de l'essai FAST-MDR, étude indépendante soutenu par Viartis par le don du médicament (prétomanide)

Agenda – traitements courts

- Tuberculose sensible (DS-TB)
- Tuberculose résistante (DR-TB)
- Accès aux traitements
- Recherche clinique & Innovation



Patient Pamphlet for Piedmont TB Sanatorium, VA, 1940

DS-TB & short treatments

Shorter treatment for all DS-TB: TBTC Study 31

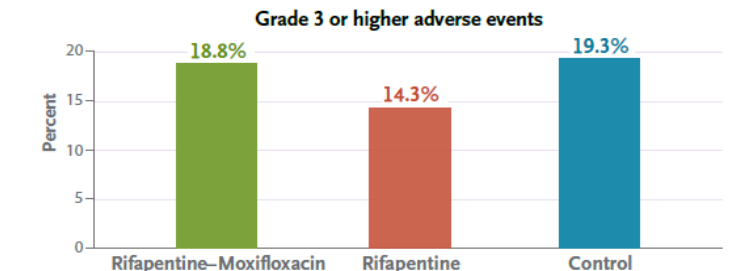
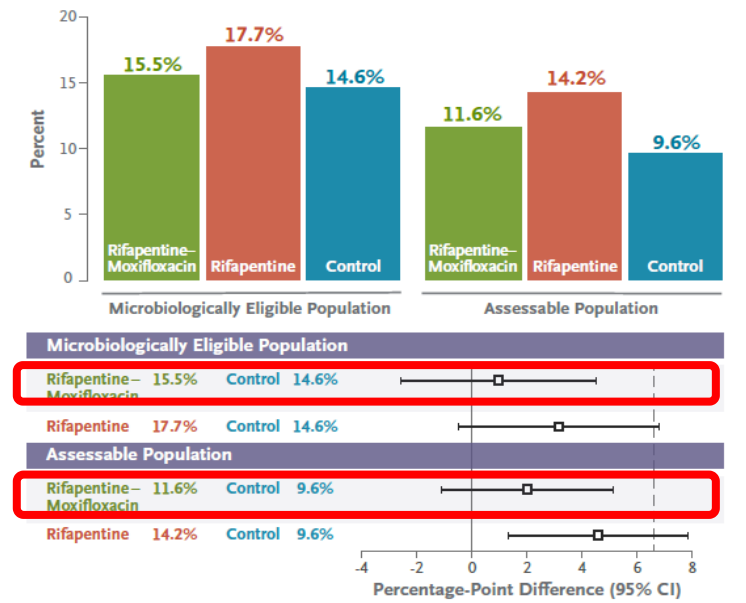
4-month treatment with moxifloxacin and high-dose rifapentine (2HPMZ/2HPM)

- Non-inferior to control (2HRZE/4HR)
- Similar safety

Implementation challenges:

- High pill burden
- Eligibility and tolerability issues
- Access challenges

Absence of tuberculosis disease-free survival at 12 months after randomization



Shorter treatment for children with non-severe TB: SHINE

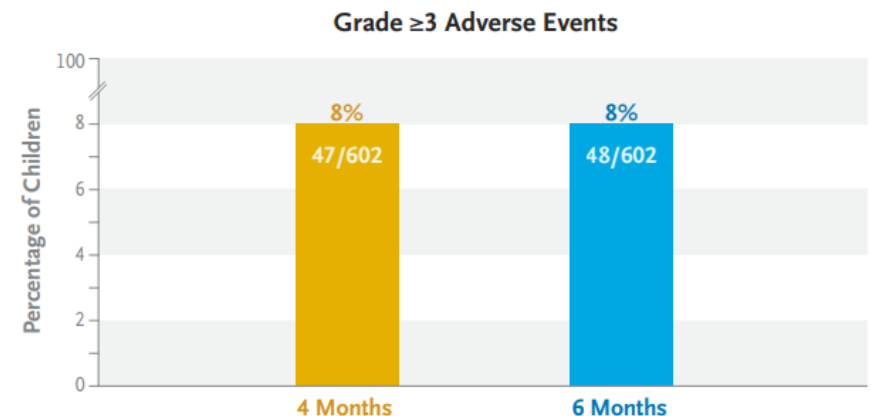
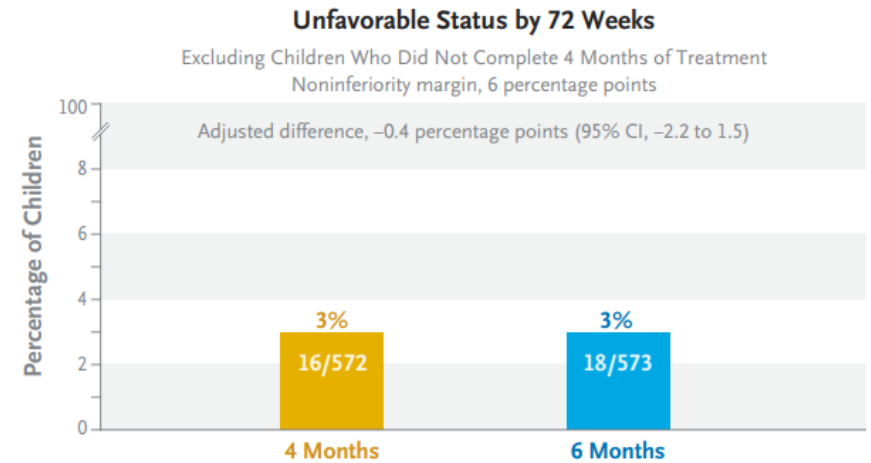
4-month HRZE treatment for children with:

- Non-severe TB*
- Smear-negative
- Drug-susceptible

Implementation challenges:

- Availability of chest X-ray
- Treatment algorithm: clinical predictors alone sub-optimal to determine severity

*Non-severe = one lobe, no cavities, no miliary TB, no complex pleural effusion, no significant airway obstruction



High-dose rifampicin is not enough: RIFASHORT trial

- Open-label, Phase 3 RCT
- 672 DS-TB patients:
 - **HRZE 6**
 - **HRZE 4 with R 1200 mg/d**
 - **HRZE 4 with R 1800 mg/d**

Table 2. Primary and Key Secondary Outcome Analyses.*			
MITT-M Primary Analysis Assessable Outcomes	Control (n=187)	Study Regimen 1 (n=186)	Study Regimen 2 (n=186)
Favorable			
Participants with outcome — no. (%)	174 (93.0)	167 (89.8)	161 (86.6)
Unfavorable			
Participants with outcome — no. (%)	13 (7.0)	19 (10.2)	25 (13.4)
Adjusted percentage point difference from control (90% CI)		3.1 (−1.6 to 7.9)	6.3 (1.1 to 11.5)
Change in treatment because of adverse event‡	1 (0.5)	2 (1.1)	7 (3.8)
Two consecutive positive cultures after completing treatment	2 (1.1)	9 (4.8)	9 (4.8)

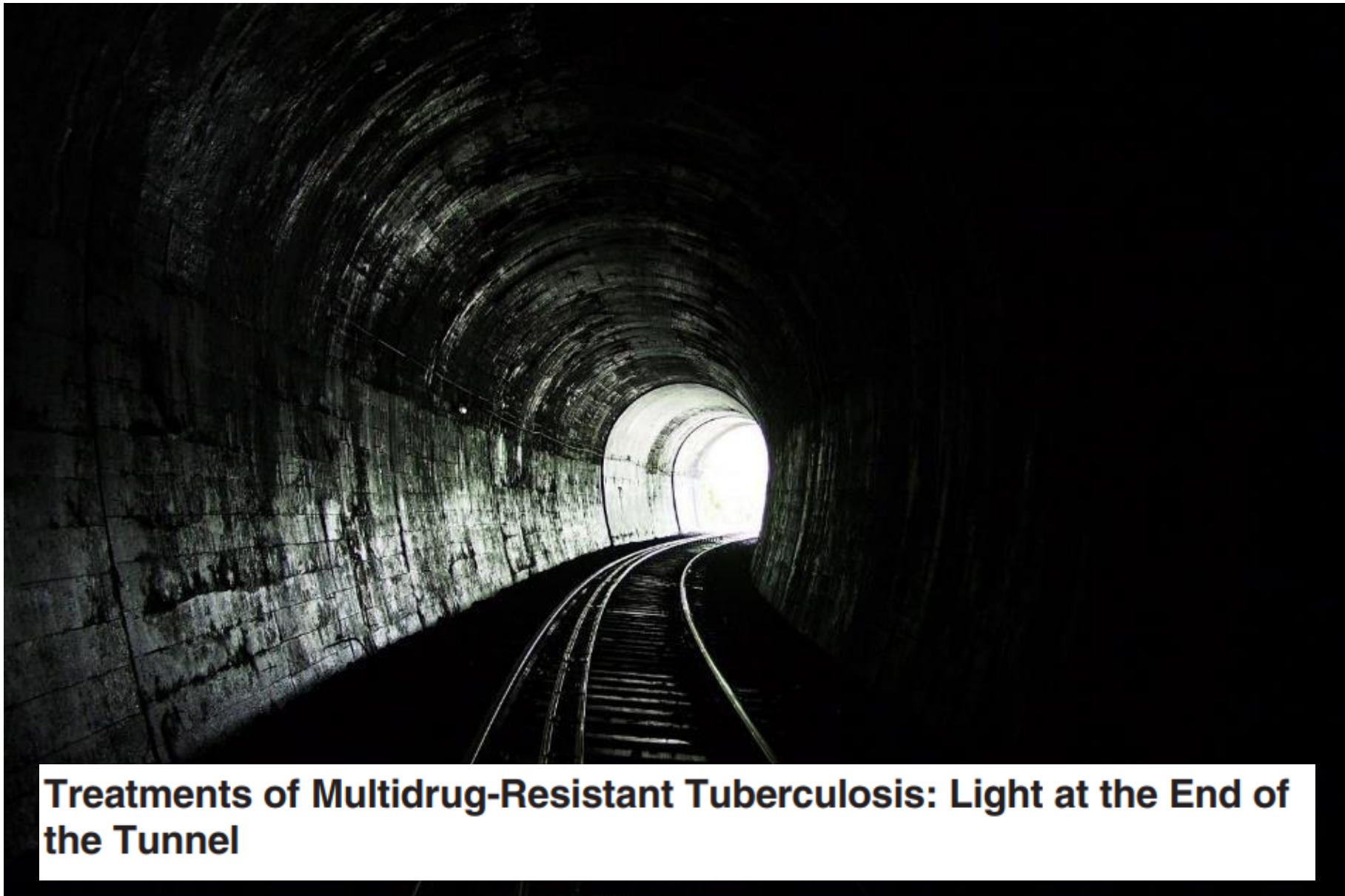
Table 3. Laboratory-Defined and Clinical Adverse Events According to Treatment Group.*			
Participants Experiencing	Control (n=224)	Study Regimen 1 (n=223)	Study Regimen 2 (n=225)
Primary safety outcome			
Grade 3 or 4 adverse event — no. (%)	9 (4.0)	10 (4.5)	10 (4.4)
Percentage point difference from control (95% CI)		0.5 (−3.3 to 4.2)	0.4 (−3.3 to 4.2)
Secondary safety outcome			
Grade 1–4 adverse event — no. (%)	120 (53.6)	109 (48.9)	115 (51.1)
Percentage point difference from control (95% CI)		−4.7 (−13.9 to 4.6)	−2.5 (−11.7 to 6.8)

- NOT non-inferior to HRZE 6 (due to ↑ relapse)
- R1200: well tolerated; R1800: similar Grade ≥3 but lower tolerability

High dose R + FQ = ?

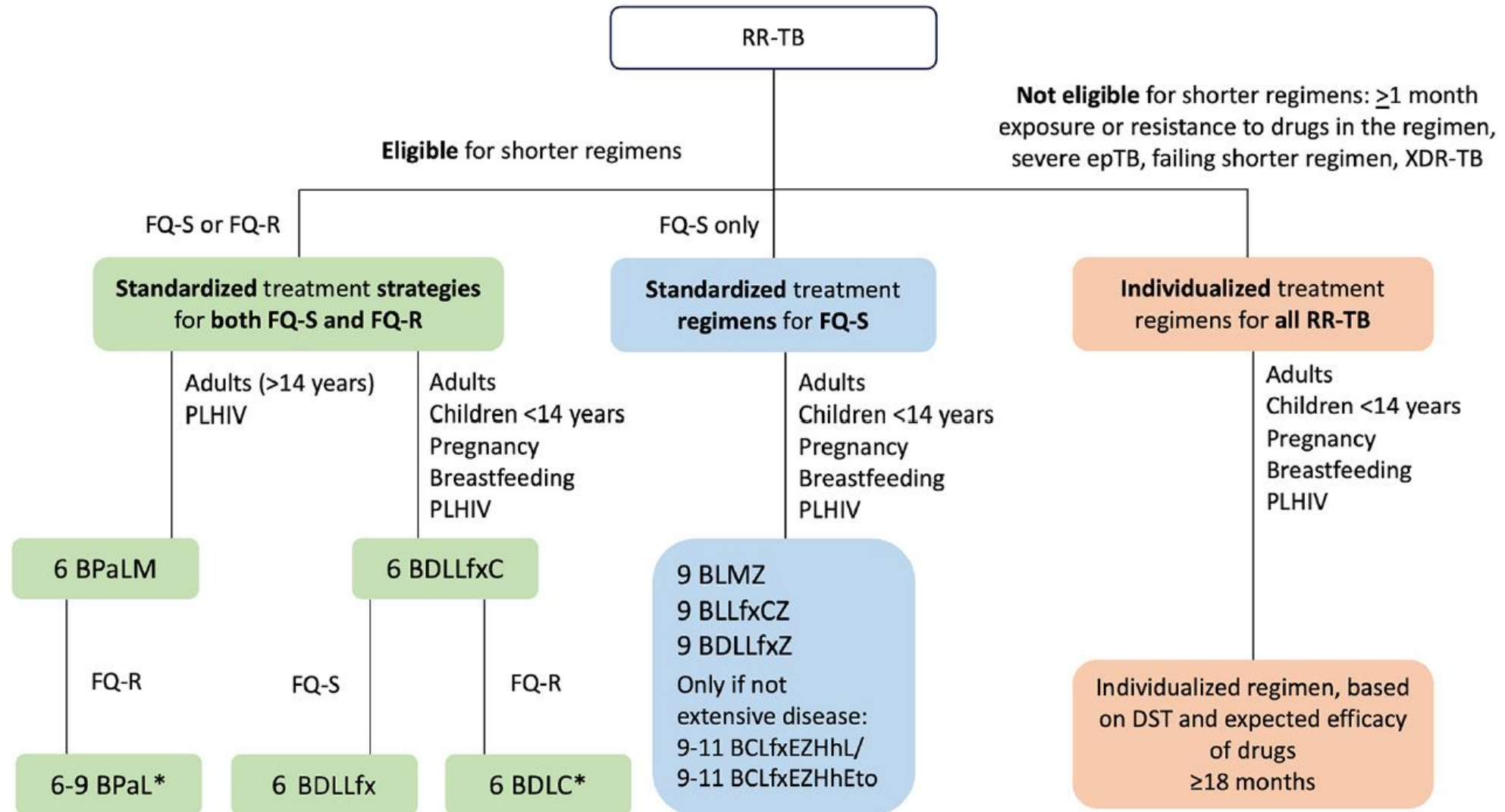
Trial	Population	Exp regimen(s)	Phase	Status
STEP2C	Pulmonary	High-dose R and Z + Mfx , 3 or 4 mts	2c	Completed
OptiRiMox	Pulmonary	High-dose R in 4HRZE and 4HRZM	3	Completed
Hi-DoRi-3	Pulmonary	High-dose R until 3 mts post-culture conversion	3	?
ORIENT	Pulmonary	High dose Rpt in 4HPZM (=Study31 in China)	2	?
(PORT & RIALTA)	Pulmonary	High-dose R for 6 mts (primary objective: safety)	3 & 2b/c	Enrolling

DR-TB & short treatments



Treatments of Multidrug-Resistant Tuberculosis: Light at the End of the Tunnel

RR-TB: 2025 treatment algorithm

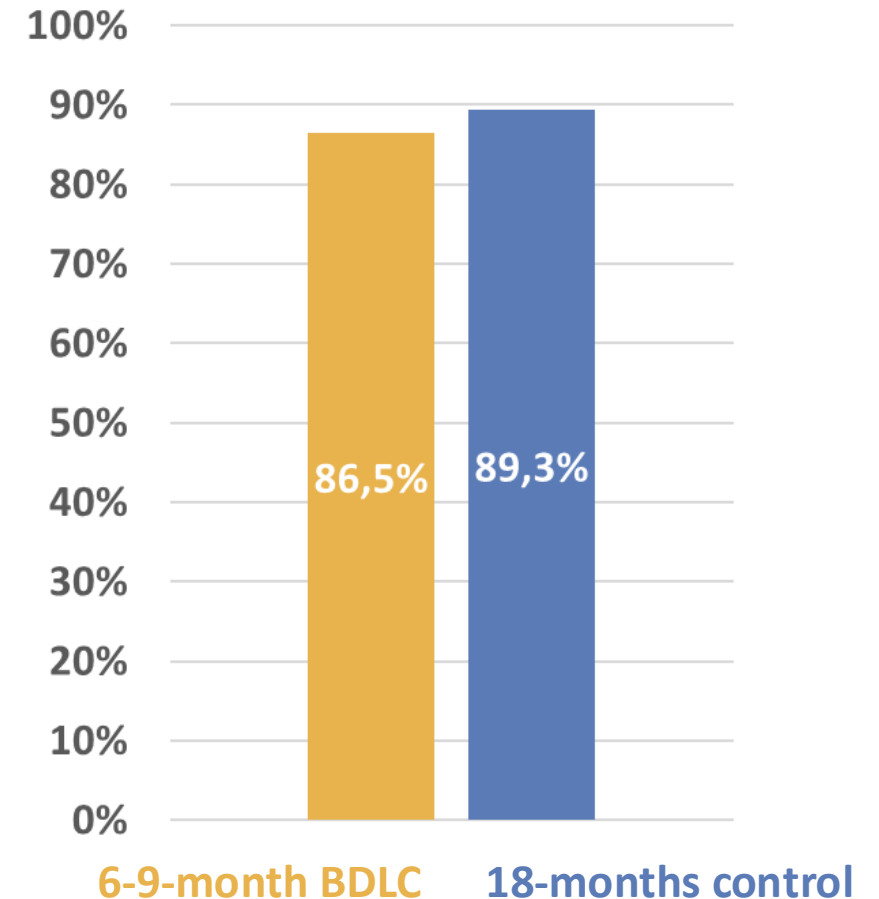


endTB-Q:

Phase 3 stratified RCT for pre-XDR-TB



- **6/9-month BDLC** vs 18-month control
- BDLC duration stratified by extent of disease (sputum smear + cavity) and culture conversion
- NOT non-inferior due to ↑ relapses, more in extensive disease -> **7/9 relapses acquired drug resistance** (all B resistance)
- **6/9-month BDLC** may be **inadequate to prevent relapses in patients with extensive TB**
- **Upcoming WHO guideline update** will provide recommendations based on stronger evidence



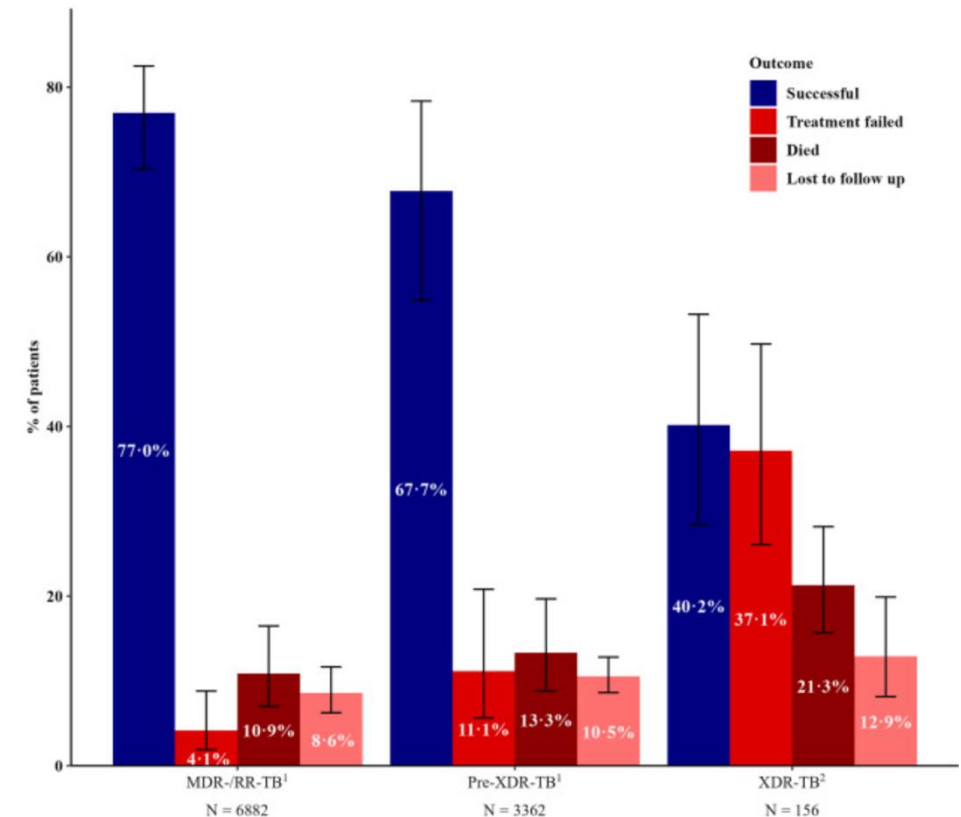
FAST-MDR trial

- Non-inferiority, multicentre Phase 3 RCT for adult MDR/RR-TB
- **6-month BPaLM-based strategy vs French National MDR-TB cohort (2006-2022)**
- PK/PD & MIC testing for second-line drugs
- B dose randomization (daily vs thrice weekly)
- 55 patients, 12 sites in 12 hospitals
- **Inclusions starting Q3 2026**

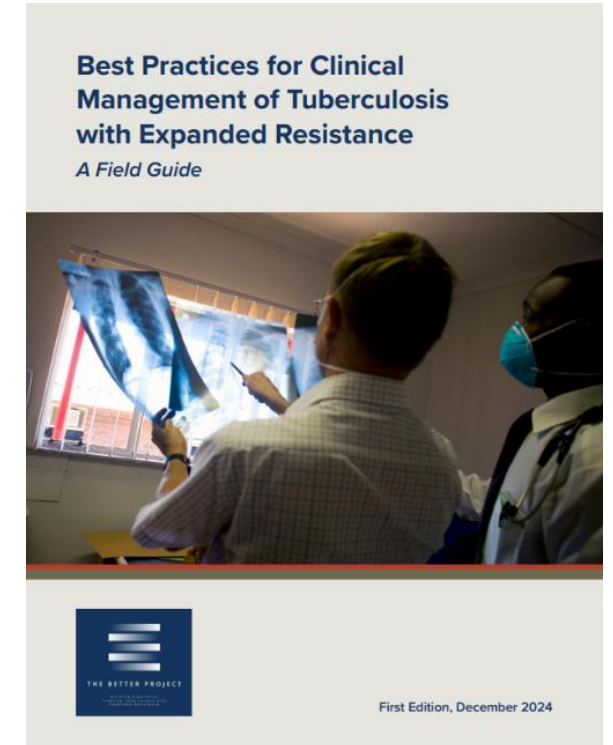
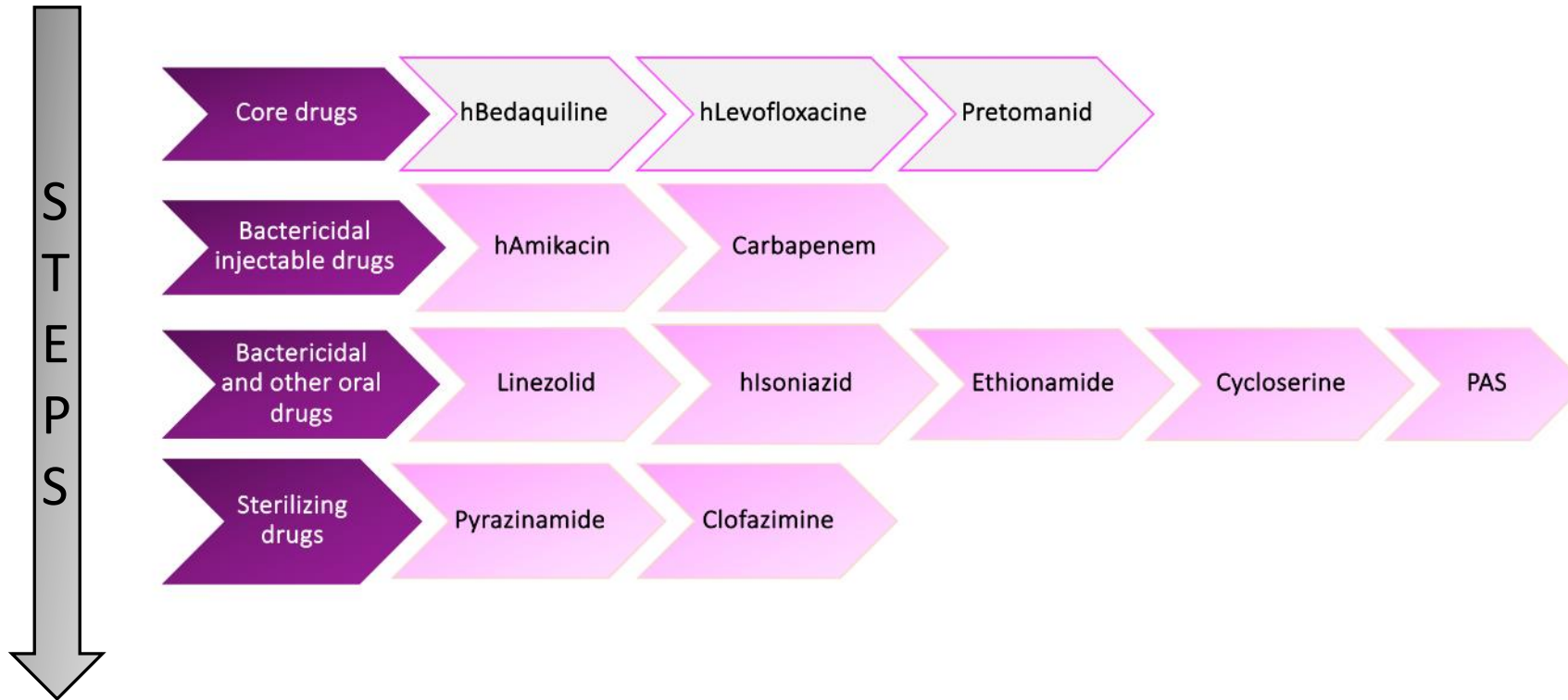


TBnet/ESGMYC XDR-TB retrospective study

- **16 countries, 188 XDR-TB* patients**
- Treatment success rates **similar to pre-antibiotic era (40%)**
- **Each additional effective drug** in regimens significantly **reduced the odds of unsuccessful outcomes**



XDR-TB treatment



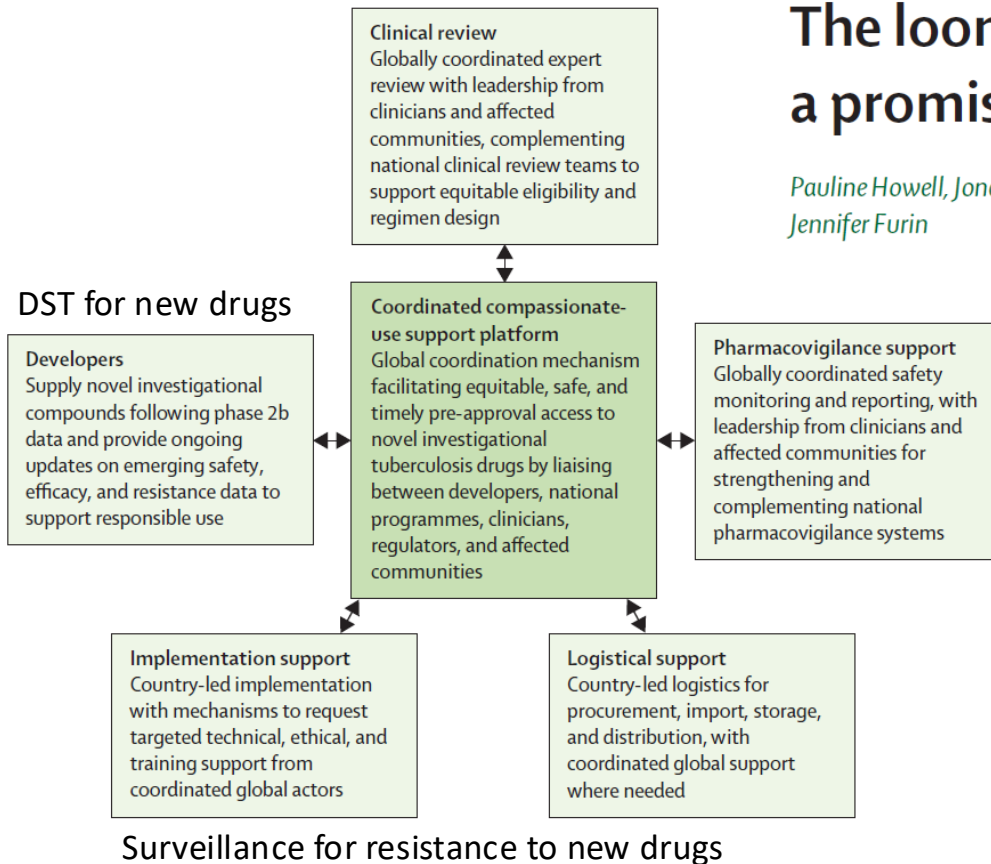
<https://tbcenter.jhu.edu/wp-content/uploads/2024/12/BETTER-Field-Guide-December-2024.pdf>

Nkomo et al, IJTL Open 2025

XDR-TB & Compassionate use

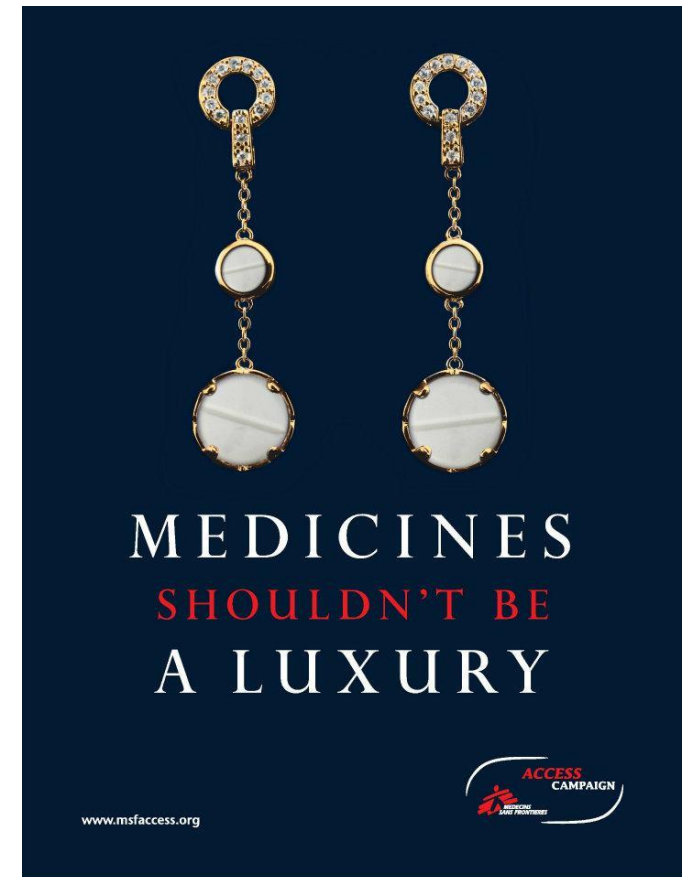
The looming crisis of bedaquiline-resistant tuberculosis and a promising way forward

Pauline Howell, Jonathan Stillo, Anja Reuter, Tendai Nkomo, Carole D Mitnick, Lorenzo Guglielmetti, Kelly Curran, Richard E Chaisson, Jennifer Furin



Access

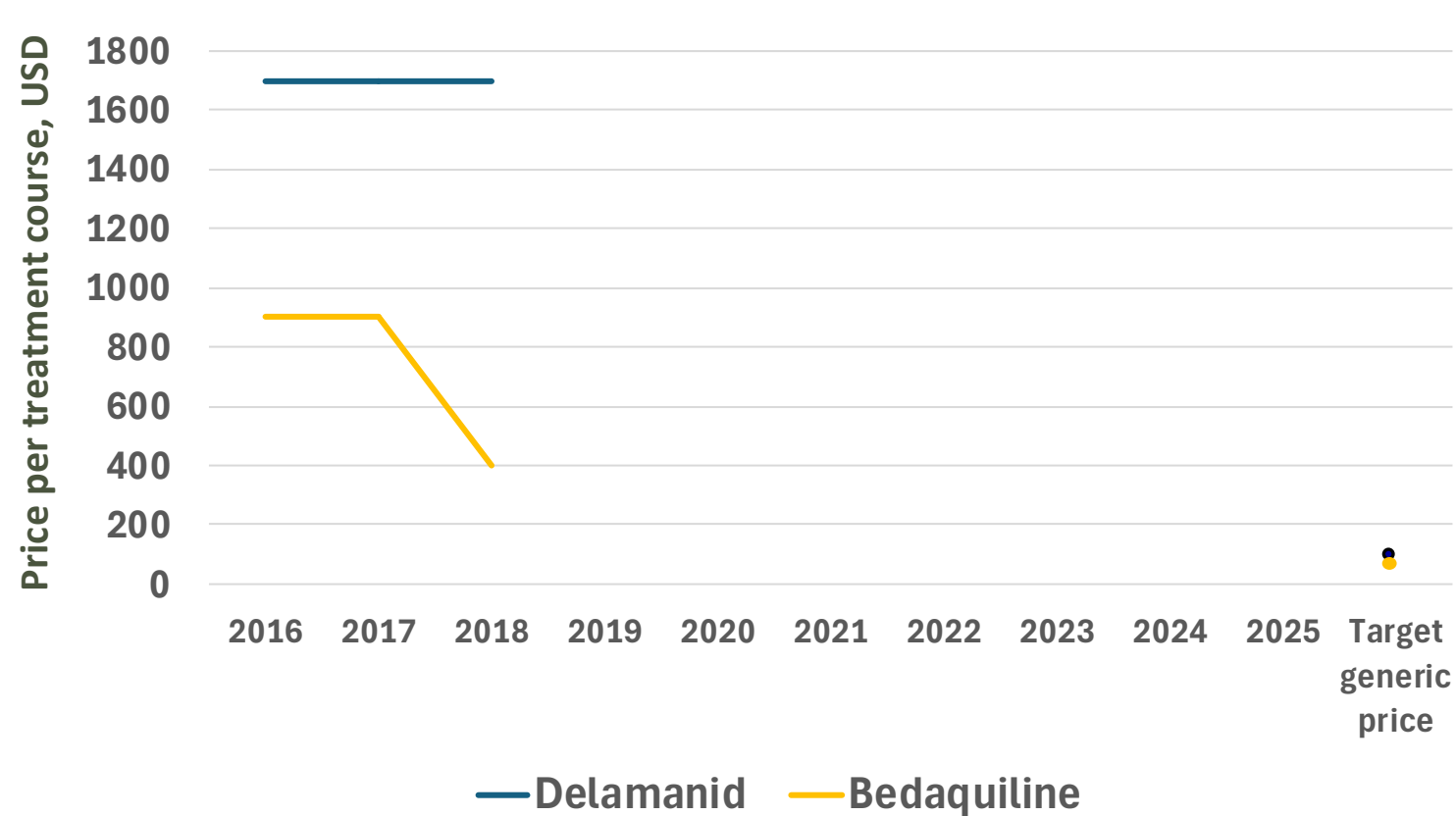
JNI 2026, PARIS



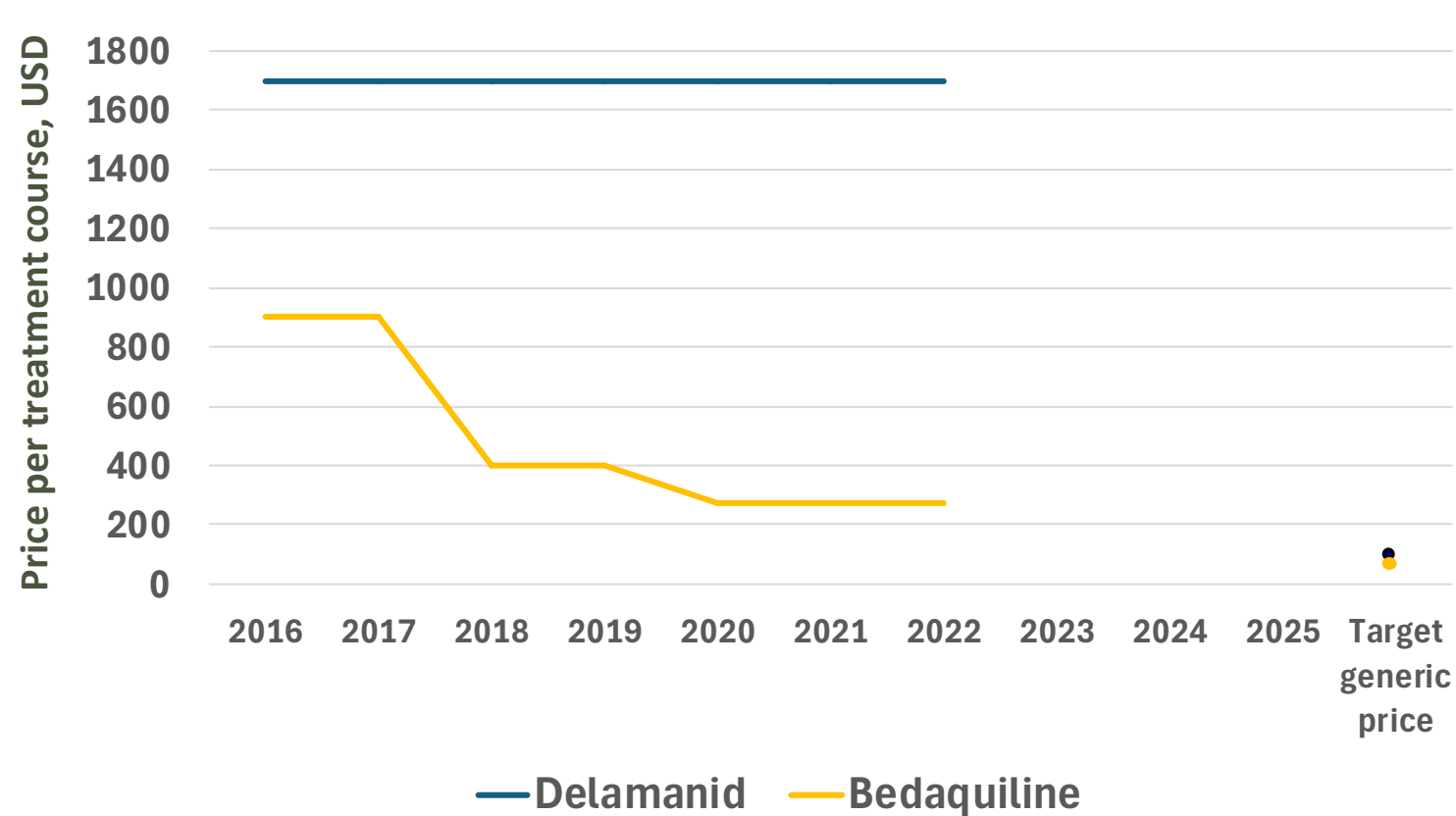
Access to life-saving drugs



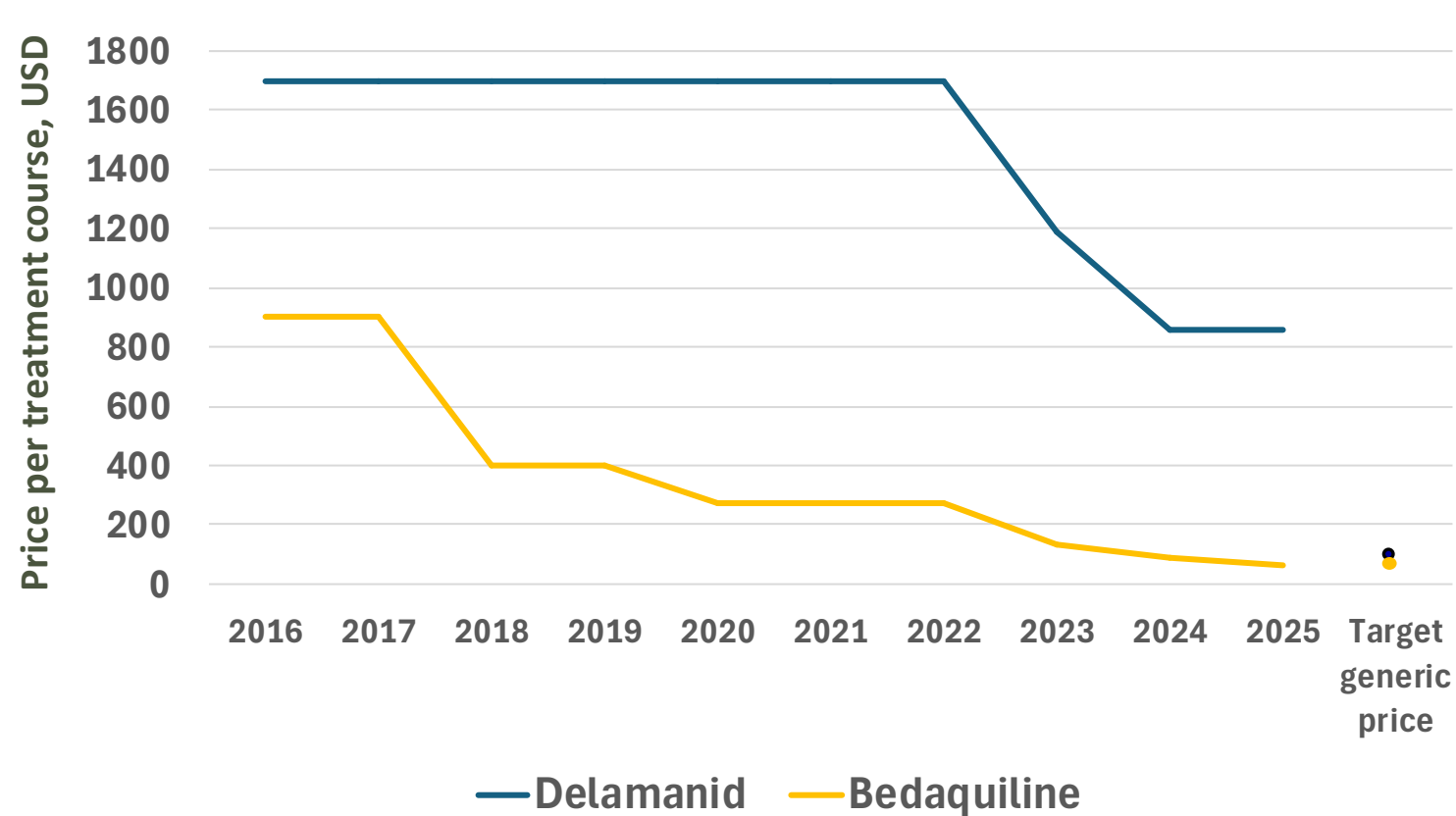
Access to life-saving drugs



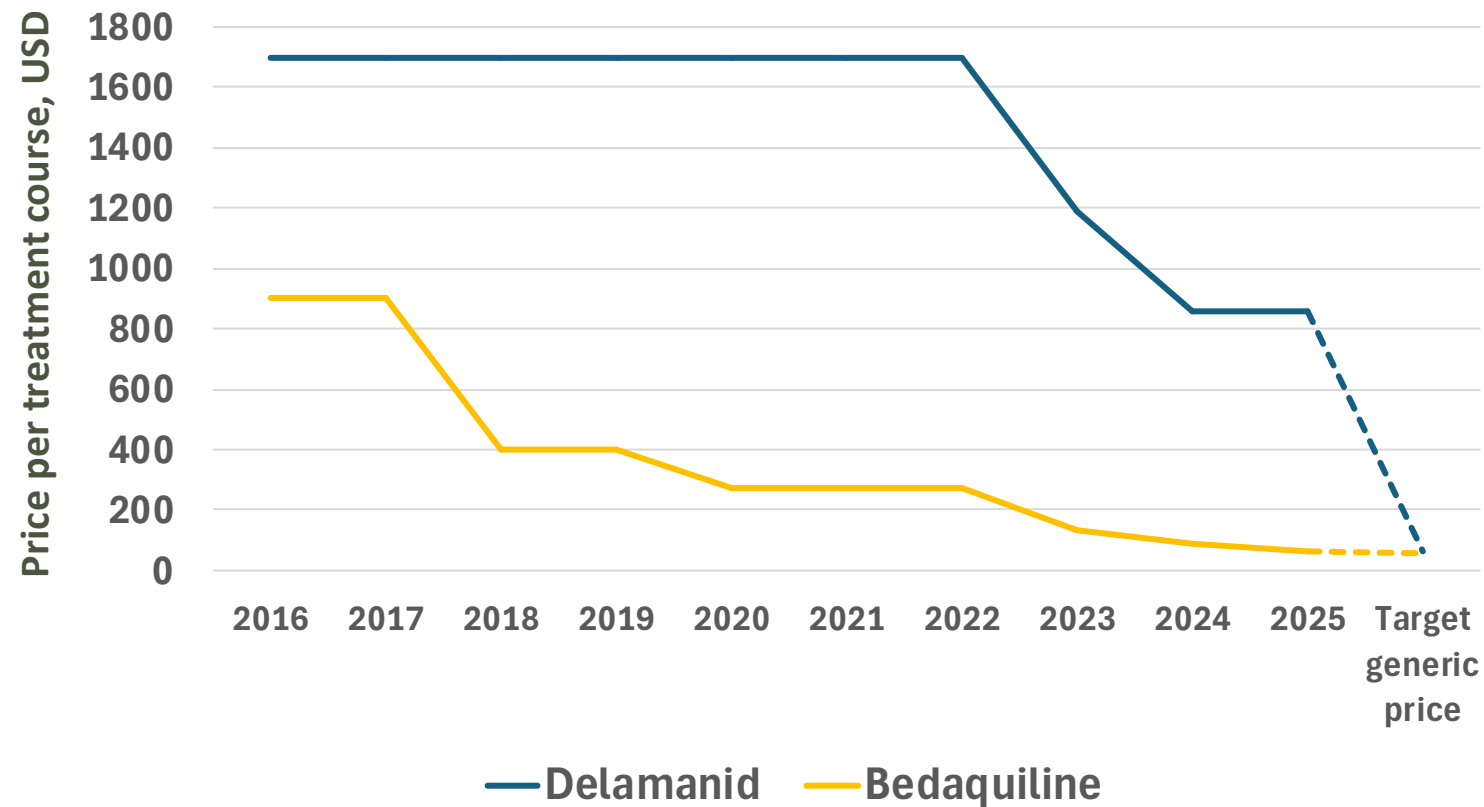
Access to life-saving drugs



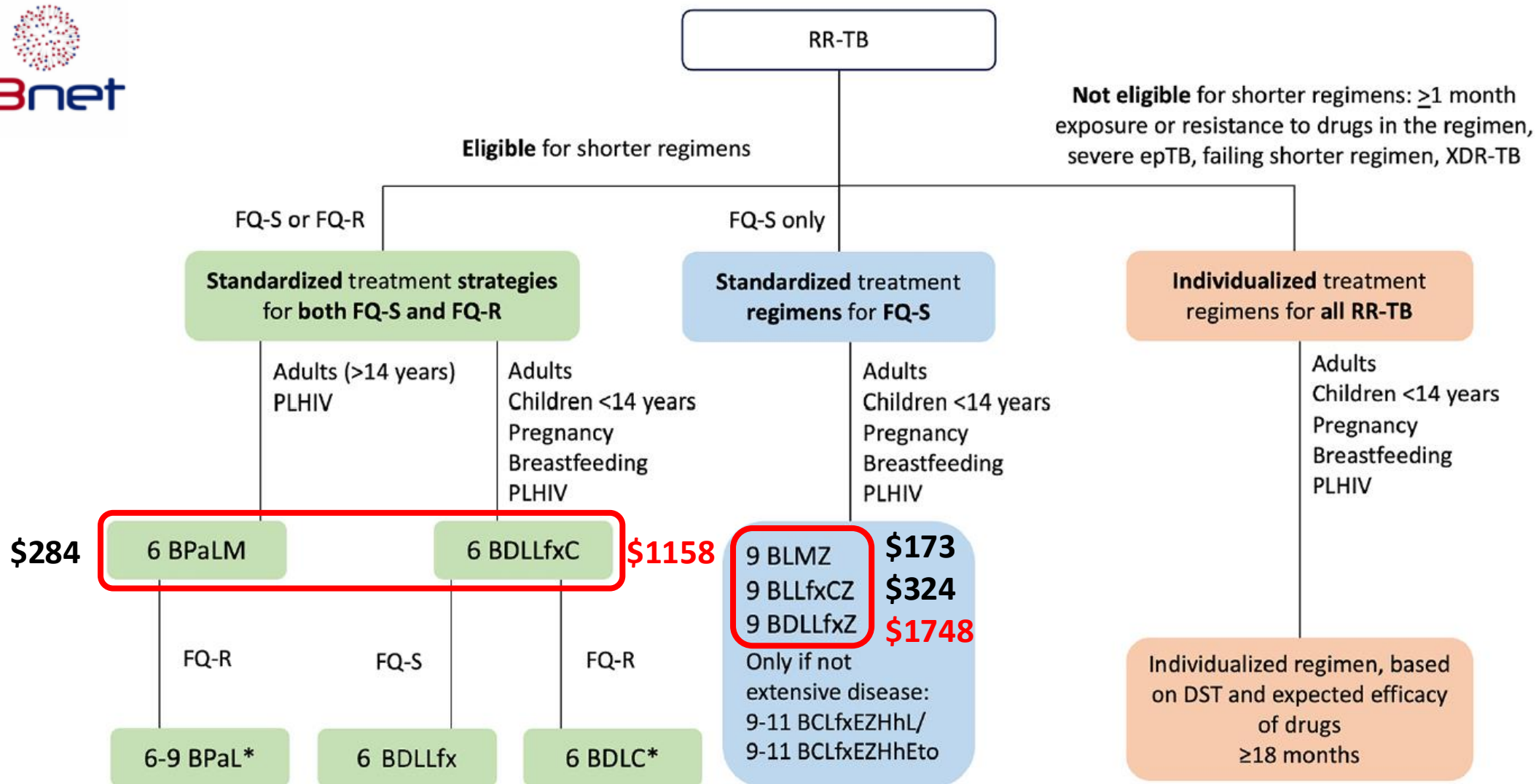
Access to life-saving drugs



Access to life-saving drugs



RR-TB treatment: affordable?





Bridging the gap

Securing access to essential TB
medicines in the EU and EEA



► PRICE COMPARISON OF KEY DR-TB MEDICINES IN THE EU/EEA VS. GDF (APRIL 2025)

MEDICINE	Prices in EU for six-month course	GDF prices for six-month course
Bedaquiline	€20,000 - €25,000	~€86
Pretomanid	€15,000 - €35,000	~€151
Delamanid	€30,000 - €35,000	~€764
Linezolid	€5,000 - €10,000	~€23

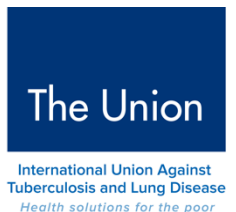
Full BPaL regimen : € 45,000 vs € 275 (150 * more expensive)

Editorial

The Empty Medicine Cabinet: Urgent Action Needed to Resolve TB Drug Shortages in Europe

Lack of **drug registration** + lack of **regulatory approval** + excessive **costs** + drug **shortages**

“...far from being just a supply chain issue...the **lack of a coordinated, Europe-wide mechanism** to ensure an uninterrupted drug supply highlights **systemic neglect**.”



Innovation in clinical TB research

Towards personalised medicine?



Equitable, personalised medicine for tuberculosis: treating patients, not diseases

Lancet Respir Med 2025

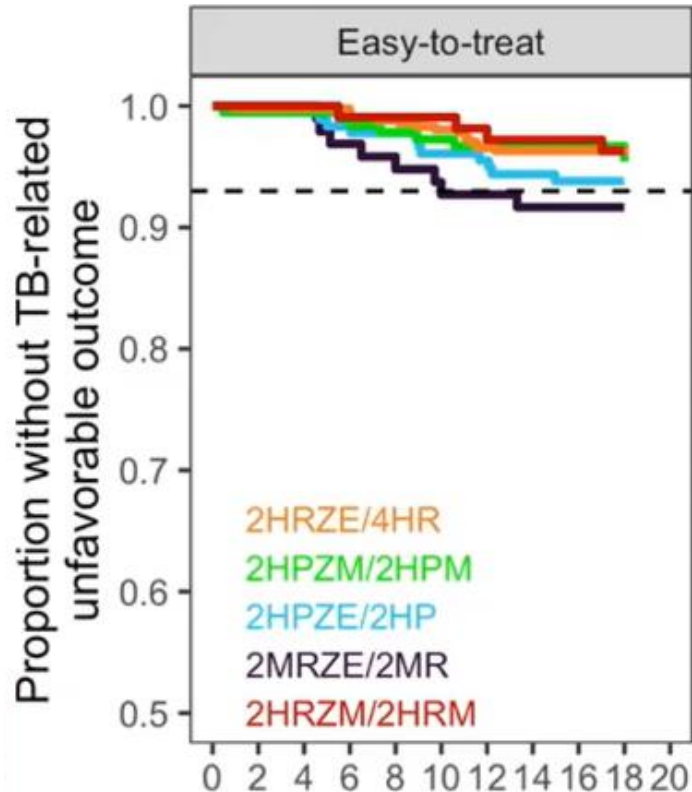
Published Online

March 21, 2025

*Lorenzo Guglielmetti, Samiran Panda,
Amanzhan Abubakirov, Naseem Salahuddin,
Christophe Perrin, Carole D Mitnick

[https://doi.org/10.1016/
S2213-2600\(25\)00080-3](https://doi.org/10.1016/S2213-2600(25)00080-3)

Phase 3 DS-TB trials meta-analysis (TBReFLECT + Study31, N=6,959)



Easy to treat:

Smear <2+ or No Cavity+ (TB-Reflect, Imperial et al 2018)

Control (standard of care)

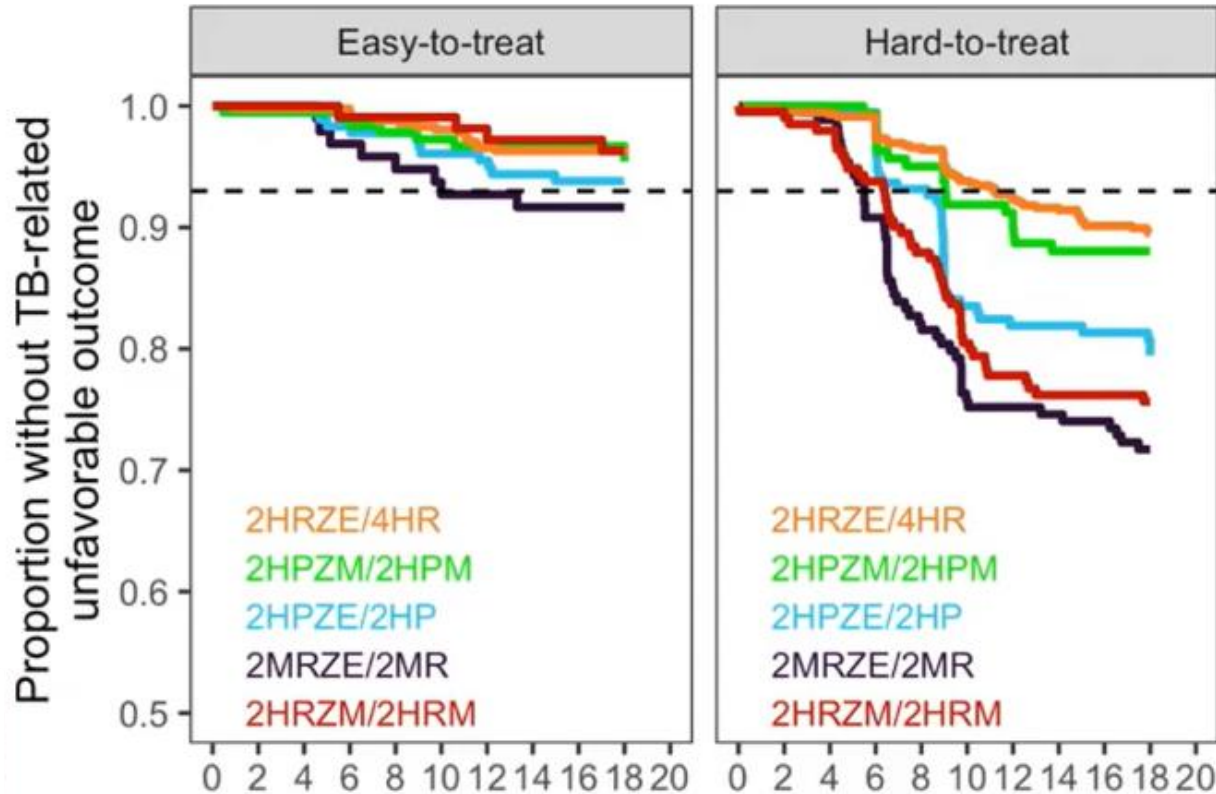
Study 31 - successful arm

Study 31 - inferior arm

RIFAQUIN - inferior

REMoxTB - inferior

Phase 3 DS-TB trials meta-analysis (TBReFLECT + Study31, N=6,959)



Hard to treat:

Smear $\geq 2+$ & Cavity+ (TB-Reflect, Imperial et al 2018)

Control (standard of care)

Study 31 - successful arm

Study 31 - inferior arm

RIFAQUIN - inferior

REMoxTB - inferior

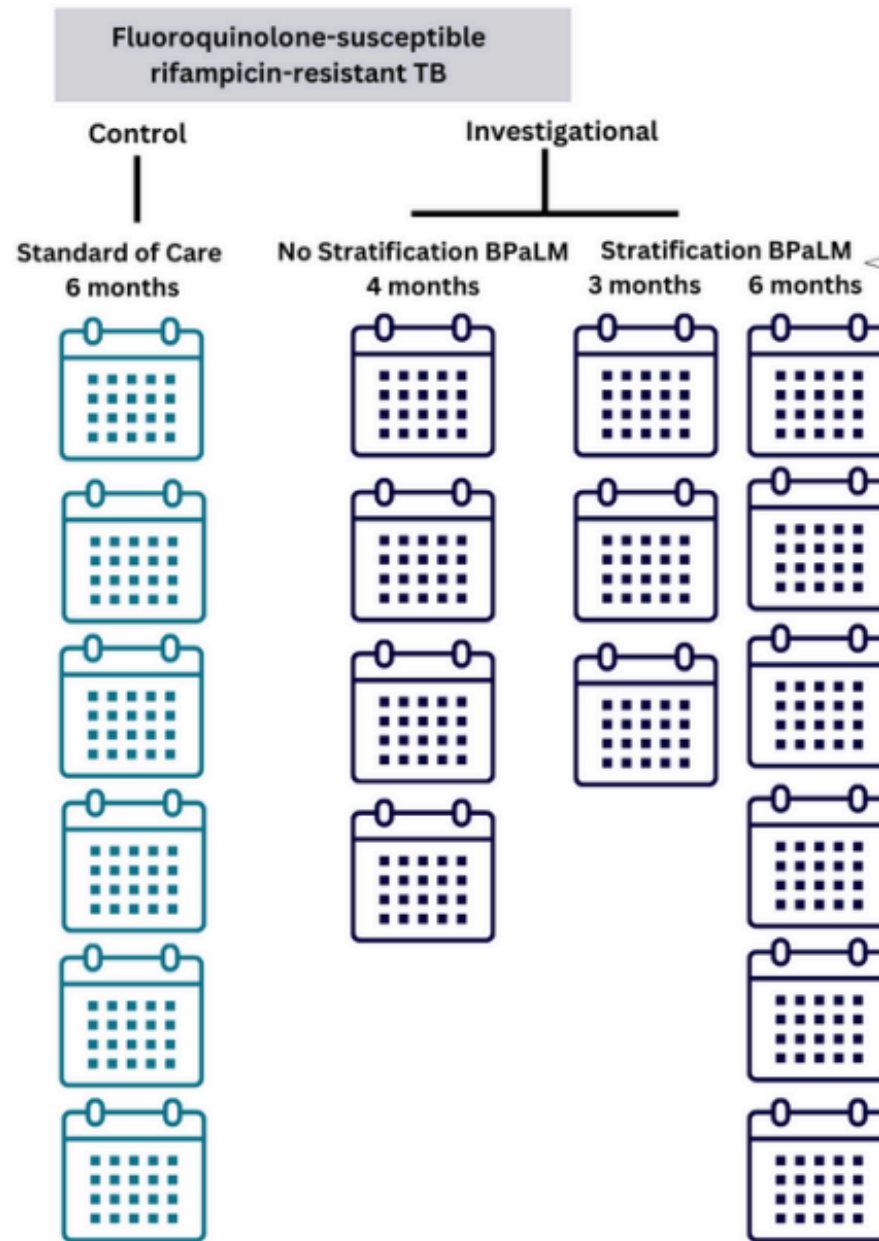
PRISM-TB

Phase 2c, stratified RCT

FQ-S, RR-TB

Goal: identify optimal
BPaLM duration

[https://clinicaltrials.gov/study/
NCT06441006](https://clinicaltrials.gov/study/NCT06441006)



B=bedaquiline, Pa=pretomanid, L=linezolid, M=moxifloxacin

Testing what matters: Patient-centered objectives

« ...with a **myopic focus on treatment duration**, researchers and clinicians are missing opportunities to address other (challenging) aspects of treatment... »

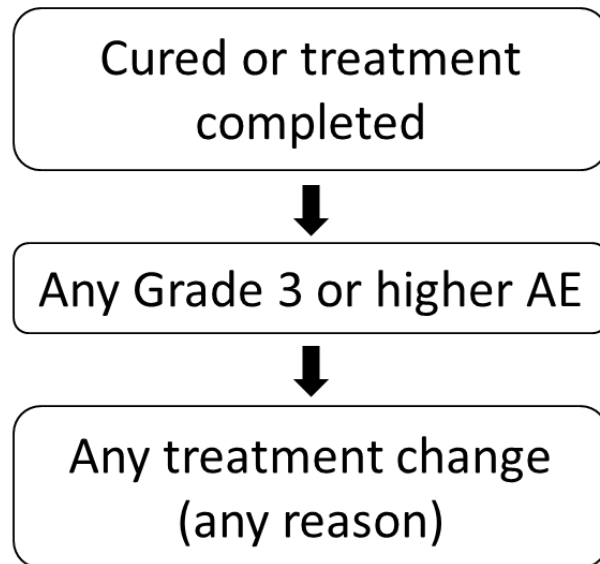
« ...most TB treatment shortening trials **overlook the subjective experience of adverse events**—(...)the amount of **time** people spend feeling unwell, the required toxicity **monitoring schedules** and the relative **impact (...) on the quality of life** »

« High rates of **linezolid toxicity** are a cause for concern among impacted communities, given its (...) inclusion in DS-TB treatment-shortening trials »

Measuring what matters: patient-centered **outcomes**

PRISM-TB, Phase 2c (Superiority)

Primary outcome: **Desirability of Outcome Ranking (DOOR)**



Conclusions



4-month regimens for **DS-TB**
yes, implementation challenging



6/9-month regimens for **pre-XDR-TB**
yes, with caution (evidence needed)



6/9-month regimens for **RR-TB**
yes, multiple choices



Short regimens for **XDR-TB**
No



Major drug **access challenges**
in Europe

Conclusions



4-month regimens for **DS-TB**
yes, implementation challenging



6/9-month regimens for **pre-XDR-TB**
yes, with caution (evidence needed)



6/9-month regimens for **RR-TB**
yes, multiple choices



Short regimens for **XDR-TB**
No



Major drug **access challenges**
in Europe



Need to **innovate the clinical research approach** in TB



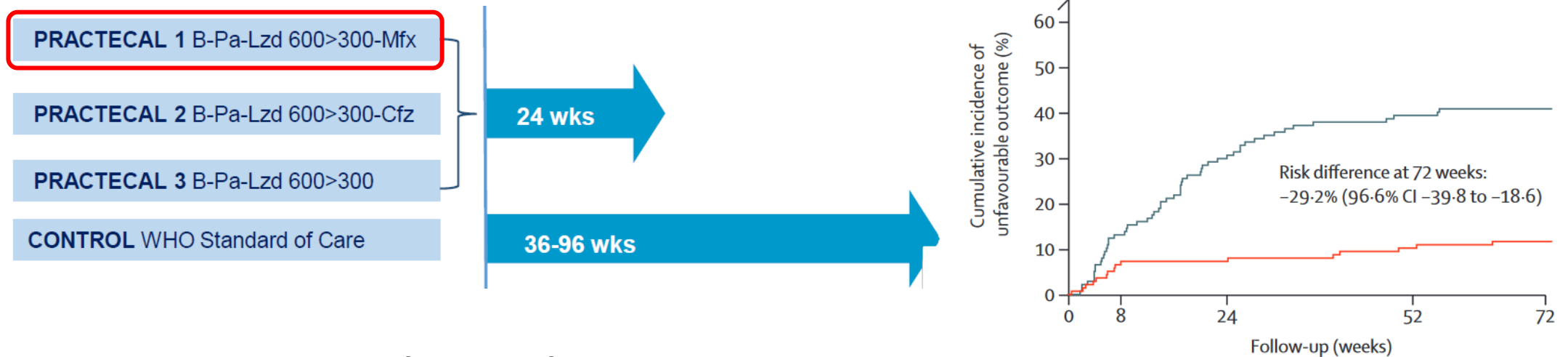
Attacks on healthcare: Medical staff deserve more than empty words



10 years since the first UN resolution calling on protection of medical personnel
Healthcare is @notatarget

EXTRA

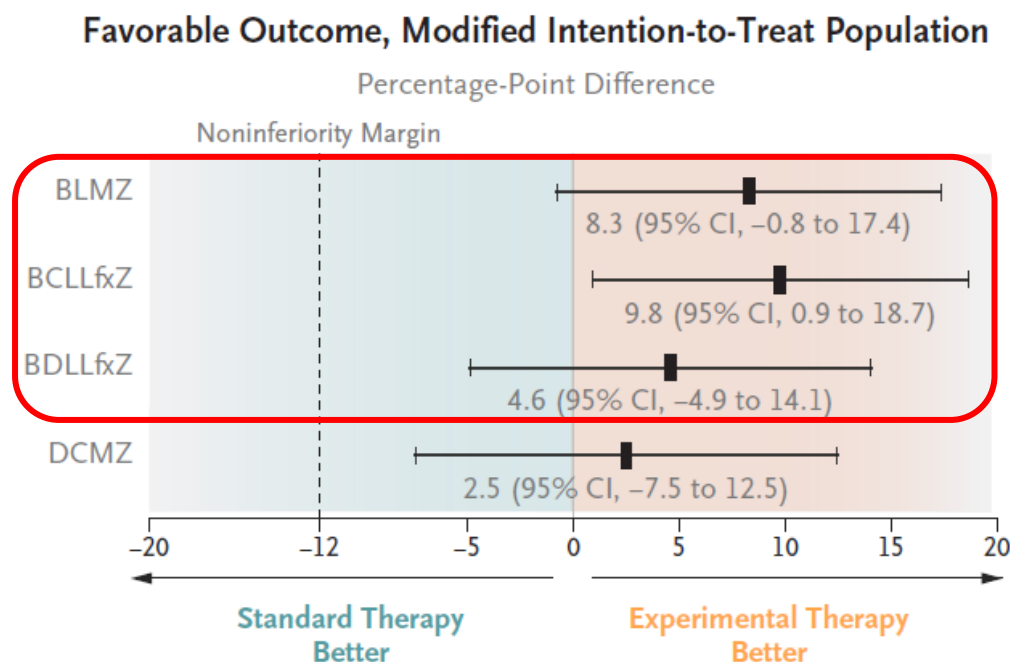
Phase 2/3, MAMS RCT for RR-TB



6 Bdq-Ptm-Lzd-Mfx (BPaLM) vs control:

- Efficacy: non inferiority (PP) / superiority (mITT)
- Better safety and adherence
- **Not suitable for children <14 or pregnant/breastfeeding women**
- (not powered for pre-XDR-TB)

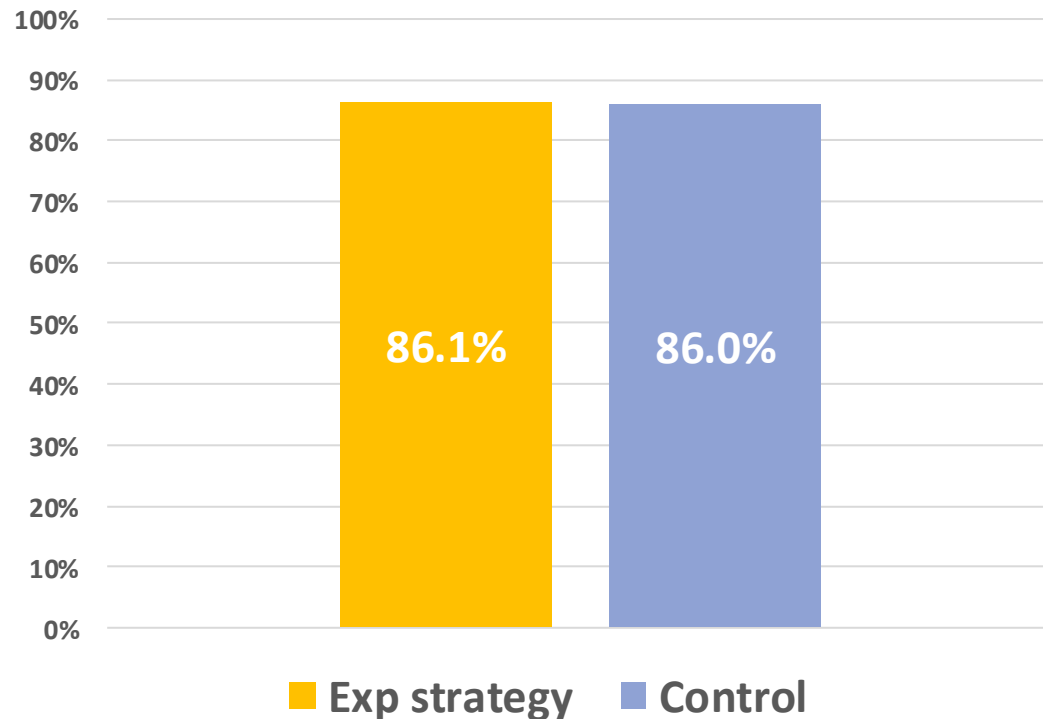
Phase 3, outcome-adaptive RCT for FQ-S, RR-TB



- **Three 9-month regimens for adults, children & pregnant women (9BLMZ, 9BCLLfxZ, 9BDLLfxZ)***
- **Increased hepatotoxicity with 9BLMZ & 9BCLLfxZ (no liver-related deaths)**

BEAT Tuberculosis

Phase 3 pragmatic RCT for RR-TB



- Initial treatment: 6 **BDLLfxC**
- FQ-susceptible: 6 **BDLLfx**
- FQ-resistant: 6 **BDLC**

Strategy non-inferior to control, similar safety (not powered for pre-XDR-TB); suitable for **children & pregnant women**

Attacks on healthcare: Medical staff deserve more than empty words



A decade ago, on May 3, 2016, the **UN Security Council adopted Resolution 2286, calling for the protection of medical personnel and facilities in armed conflicts.**

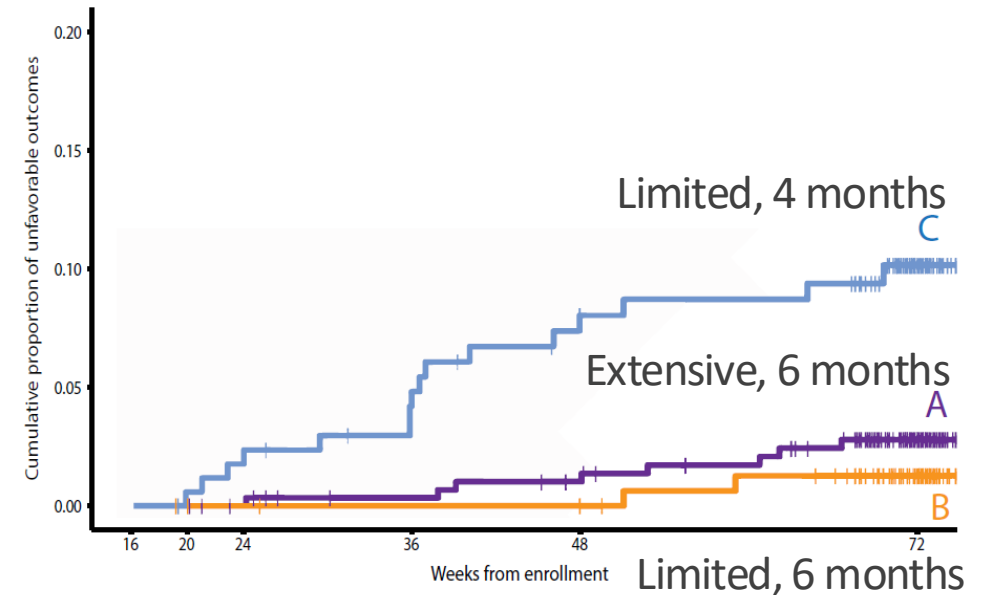
Ten years on, **that promise lies in ruins.**

Over the last 10 years, attacks on healthcare have been various and have included airstrikes on hospitals in Syria, Yemen, Ukraine and Palestine, drone strikes on a hospital in Myanmar, and attacks on clearly marked ambulances in Cameroon, Haiti and Lebanon.

Healthcare is @notatarget

PET-CT imaging & treatment shortening: PredictTB

- Randomised, controlled, Phase 3 clinical trial
- 704 DS-TB participants, stratified into limited (n=273) and extensive disease (n=250) according to FDG PET/CT imaging at baseline and 4 wks + Xpert at 16 wks
- Less extensive disease group: randomized to 4- (n=132) or 6-month HRZE (n=141); extensive disease group: 6-month HRZE
- **The 4-month group had significantly more TB-specific unfavorable outcomes (12.1%, mostly relapses) than those in the 6-month groups (1.5% for limited & 3.2% for extensive disease)**
- **PET/CT imaging failed to predict post-treatment relapse**



A 2-month regimen? TRUNCATE-TB

2-month regimens for uncomplicated DS-TB*

- Primary outcome: TB-free status at 96 wks
- Ok to extend treatment, retreat, close FU
- 2 regimens to Phase 3: HZE+R³⁵+L & HZE+B+L
- HZE+B+L non-inferior

	24 weeks Standard Rx (N=181)	8 weeks BDQ/LZD (N=189)
Unfavourable outcome – no (%)	7 (3.9%)	26 (13.8%)
Treatment failure at switch to standard Rx	0 (0.0)	1 (0.5)
Treatment failure at end of treatment	0 (0.0)	1 (0.5)
Confirmed relapse	4 (2.2)	20 (10.6)

*Exclusion: severe TB disease, HIV, uncontrolled diabetes

	HRZE	HZE+R35+L
	Grade ≥3 AE	Grade ≥3 AE
Dizziness	0	1%
Headache	0	0
Abdominal pain	0	0
Nausea	0	0
Vomiting	1%	2%

A 2-month regimen? TRUNCATE-TB

2-month regimens for uncomplicated DS-TB*

- Primary outcome: TB-free status at 96 wks
- Ok to extend treatment, retreat, close FU
- 2 regimens to Phase 3: HZE+R³⁵+L & HZE+B+L
- HZE+B+L non-inferior

	24 weeks Standard Rx (N=181)	8 weeks BDQ/LZD (N=189)
Unfavourable outcome – no (%)	7 (3.9%)	26 (13.8%)
Treatment failure at switch to standard Rx	0 (0.0)	1 (0.5)
Treatment failure at end of treatment	0 (0.0)	1 (0.5)
Confirmed relapse	4 (2.2)	20 (10.6)

*Exclusion: severe TB disease, HIV, uncontrolled diabetes

	HRZE		HZE+R35+L	
	Any AE	Grade ≥3 AE	Any AE	Grade ≥3 AE
Dizziness	3%	0	14%	1%
Headache	2%	0	16%	0
Abdominal pain	12%	0	28%	0
Nausea	14%	0	33%	0
Vomiting	16%	1%	45%	2%

RR-TB: reducing linezolid-related toxicity

- **Structured linezolid dose reduction**
 - endTB/Q: no difference in efficacy or safety between 16W reduction to 600 tiw & 300 qd¹
 - A5356 (BDLC): 1200 qd for 4 wks then 1200 tiw -> more discontinuations, worse outcomes than 600 mg qd²
- **Replacing linezolid in new MDR-TB regimens**
 - New oxazolidinones: delpazolid, sutezolid, tedizolid, contezolid
 - New drugs -> quabodepistat

WGS-guided precision medicine (SMARTT trial)

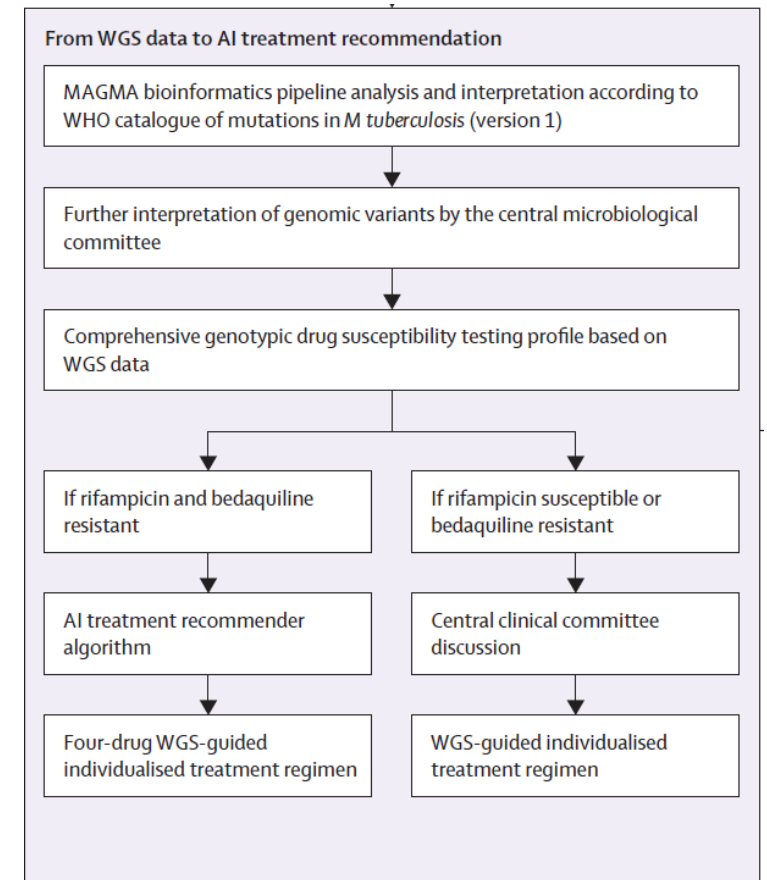
Pragmatic randomized, single-blind **Phase IV trial**

South Africa (13 hospitals, 35 clinics)

Pulmonary RR-TB adults 1:1 to SOC (all-oral 9 mts or 18 mts regimen) vs WGS + AI algorithm-guided 4-drug regimen (6 mo)*

	Standard of care group	Whole genome sequencing group
Clinical effectiveness		
Number of participants*	77	82
Favourable treatment outcomes	45 (58%)	62 (76%)
Cure	44/45 (98%)	62/62 (100%)
Treatment completed	1/45 (2%)	0/62 (0%)
Unfavourable treatment outcome	32 (42%)	20 (24%)
Death	16/32 (50%)	11/20 (55%)
Loss-to-follow-up	15/32 (47%)	7/20 (35%)
Bacteriological failure	1/32 (3%)	2/20 (10%)

*started in 65 (79%) pts after a median of 48 days after empiric treatment

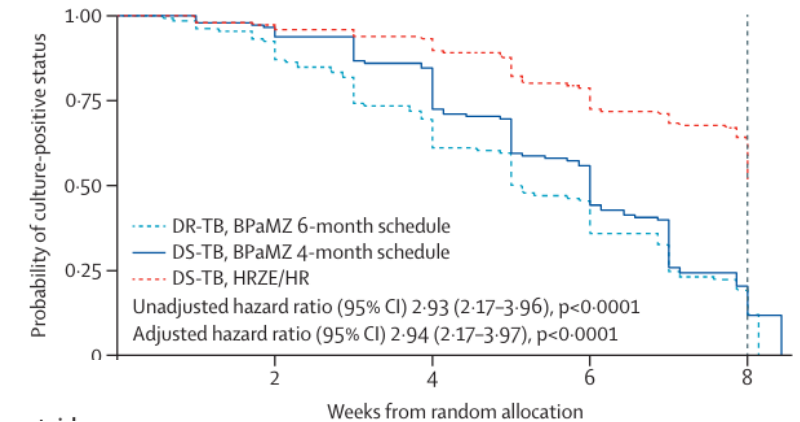




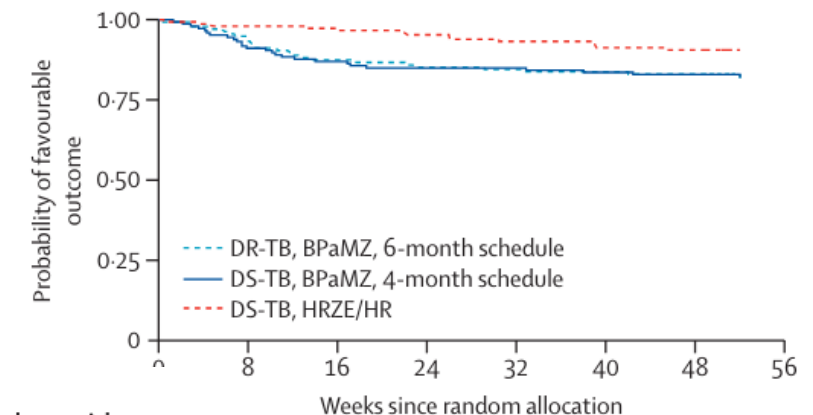
Hepatic toxicity & treatment shortening: SimpliciTB

- Partially-randomised, controlled, Phase 2c, open-label clinical trial
- 455 participants, including 303 DS-TB: **4** months of **BPaMZ** (n=150) or **6** months of **HRZE** (n=153)
- **BPaMZ did not meet the key efficacy endpoint** due to adverse events resulting in treatment withdrawal
- These results **confirm the liver toxicity** of the combination of **PaZ+M** (STAND) & **PaZ+B** (NC-005)

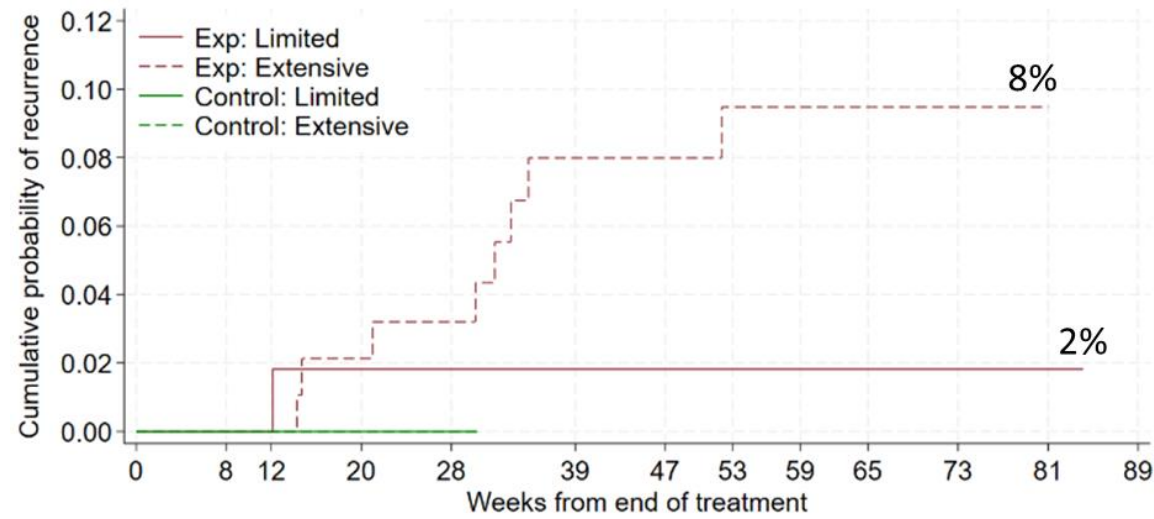
Primary efficacy analysis in the mITT population—time to culture-negative status by 8 weeks



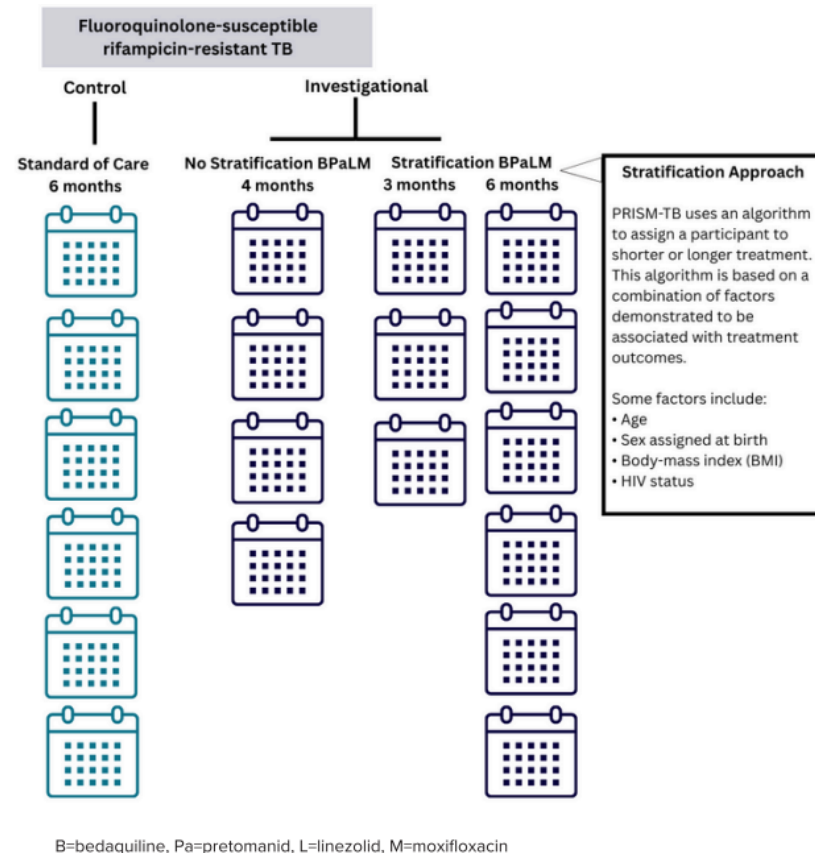
Time to unfavourable status at week 52 (mITT)



endTB-Q & relapses

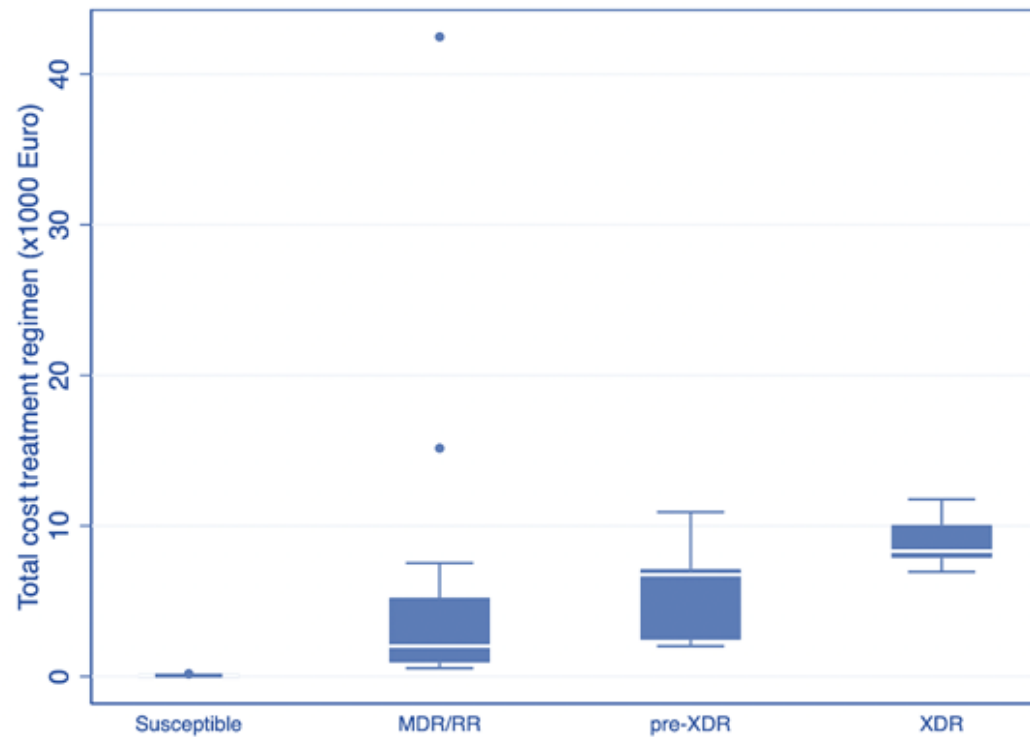


Phase 3 DS-TB trials meta-analysis (TBReFLECT + Study31, N=6,959)

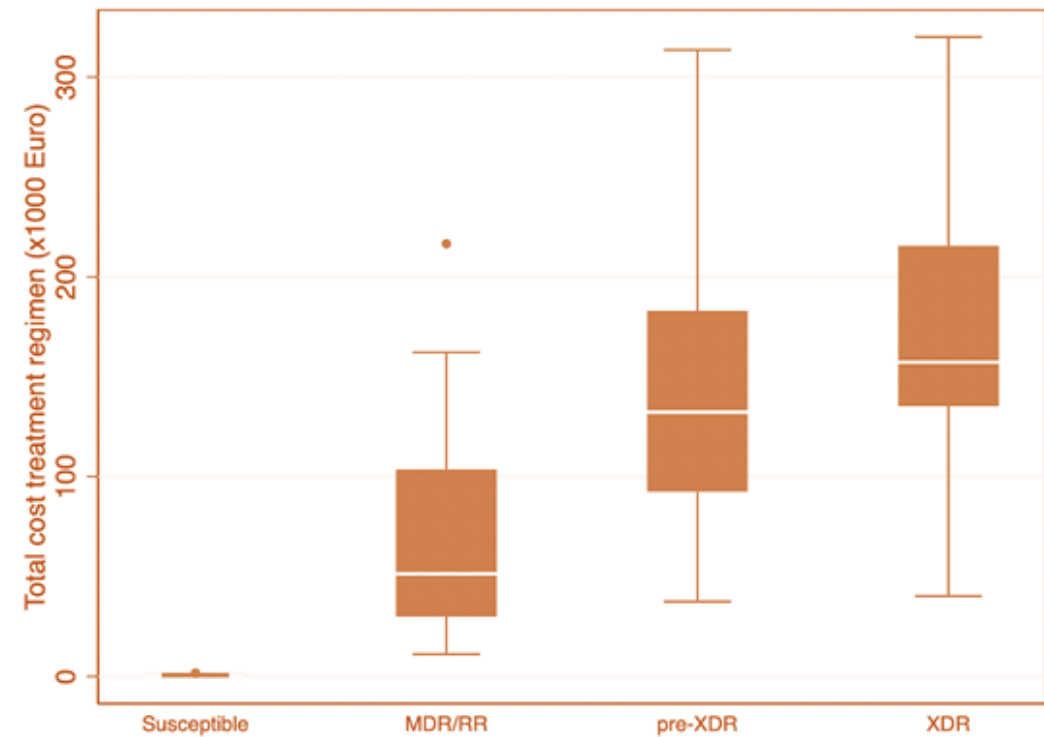


Cost of TB drugs in WHO Europe region

Middle income countries



High income countries



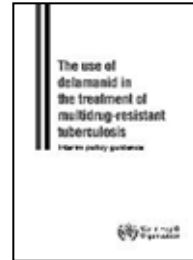
WHO RR-TB guidelines



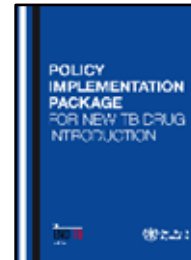
2011
DR-TB
Guidelines



June 2013
WHO BDQ
Guidance



October 2014
WHO DLM
Guidance



2014
Policy Implementation
Package



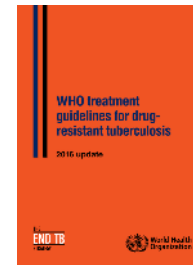
Jan 2015
Companion Handbook,
w/ BDQ and DLM



Nov 2015
aDSM Guide



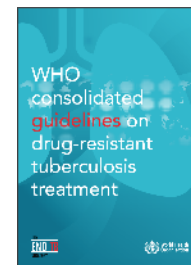
Nov 2015
Bdq Country
Implementation



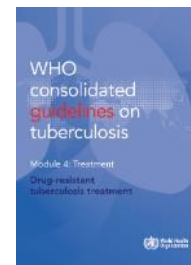
April 2016
New DR-TB
guidelines



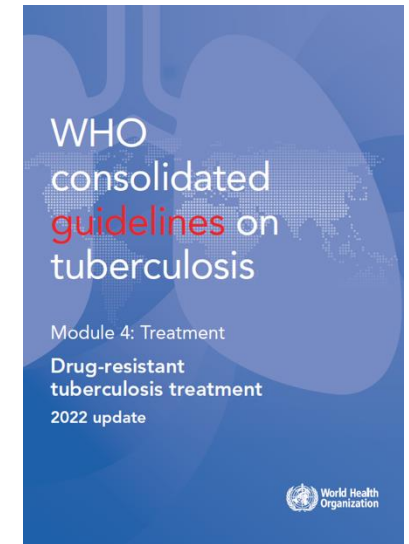
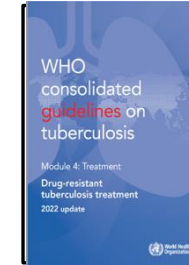
March 2017
Updated
Bdq guidance



2019/2020
Consolidated DR-TB guidelines



2022
New DR-TB
guidelines



2025
update