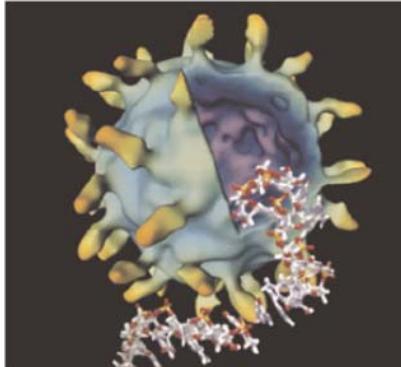


Hépatite E & transplantation d'organes

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Genotype 3 HEV infection is an emerging disease in developing countries

The NEW ENGLAND JOURNAL of MEDICINE

Hepatitis E Virus and Chronic Hepatitis in Organ-Transplant Recipients

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Leila Quezzani, M.D., Jean-Marie Péron, M.D., Ph.D., Joëlle Guitard, M.D.,
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Marie Danjoux, M.D., Dominique Durand, M.D., Jean-Pierre Vinel, M.D.,
Jacques Izopet, Pharm.D., Ph.D., and Lionel Rostaing, M.D., Ph.D.

Chronic Hepatitis E with Cirrhosis in a Kidney-Transplant Recipient

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ORIGINAL ARTICLE

Hepatitis E Virus Infection as a Cause of Graft Hepatitis in Liver Transplant Recipients

Factors Associated With Chronic Hepatitis in Patients With Hepatitis E Virus Infection Who Have Received Solid Organ Transplants

Inne Baechlein,⁵ Hannelore Barg-Hock,²
Christian P. Strassburg,¹ Frank Lehner,²
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Chronic Hepatitis E Virus Infection in Liver Transplant Recipients

Elizabeth B. Haagsma,¹ Arie P. van den Berg,¹ Robert J. Porte,² Cornelis A. Benne,³ Harry Vennema,⁴
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Hepatitis E Virus-Related Cirrhosis in Kidney- and Kidney–Pancreas-Transplant Recipients

N. Kamar^{a,b,*}, J.-M. Mansuy^c, O. Cointault^a,
J. Selves^d, F. Abravanel^{c,e}, M. Danjoux^d,
P. Otal^f, L. Esposito^a, D. Durand^a, J. Izopet^{c,e}
and L. Rostaing^{a,e}

Influence of Immunosuppressive Therapy on the Natural History of Genotype 3 Hepatitis-E Virus Infection After Organ Transplantation
Nassim Kamar,^{1,2,3} Florence Abravanel,^{3,4} Jamick Selves,⁵ Cyril Garrouste,¹ Laure Esposito,¹
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Factors Associated With Chronic E Virus Infection With or Without Cirrhosis

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Chronic Trans-

Elizabeth
Johanna

Persistent Carriage of Hepatitis E Virus in Patients with HIV Infection

Harry R. Dalton, F.R.C.P.¹
Richard P. Bendall, F.R.C.P.¹
Frances E. Keane, F.R.C.P.¹
J. Porte,² Cornelis A. Benne,³ Harry Vennema,⁴

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ORIGINAL

Virus Infec-

tions With Hepatitis

Liver Trans-

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Hepatitis E in an HIV-infected patient

Philippe Colson^{a,b,*}, Mamadou Kaba^{a,b}, Jacques Moreau^c, Philippe Brouqui^{b,c}

Journal of Clinical Virology

Journal of Graft

Journal of Clinical Virology

Reactivation of hepatitis E infection in a patient with acute lymphoblastic leukaemia after allogeneic stem cell transplantation

P le Coute,¹ H Meisel,² J Hofmann,² C Röcken,³ G L Vuong,¹ S Neuburger,¹
P G Hemmati,¹ B Dörken,¹ R Arnold¹

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Chronic Hepatitis After Hepatitis E Virus Infection in a Patient With Non-Hodgkin Lymphoma Taking Rituximab

Laurence Ollier, MD
Nathalie Tieulie, MD
Frédéric Sanderson, MD
Philippe Heudier, MD
Valérie Giordanengo, MD, PhD
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Chronic Transient or Persistent Carriage of Hepatitis E Virus

Elizabeth Johansson, MD
Harry R. Dahl, MD
Richard A. Johnson, MD
Francis G. Vermeire, MD

Persistent infection of hepatitis E virus transmitted by blood transfusion in a patient with T-cell lymphoma

Akinori Tamura,¹ Yohko K. Shimizu,² Torahiko Tanaka,³ Kazumichi Kuroda,²
Yasuyuki Arakawa,¹ Kazuaki Takahashi,⁴ Shunji Mishiro,⁴ Kazufumi Shimizu²
and Mitsuhiro Moriyama¹

Definition of chronic HEV infection

- ❖ There is no established definition for chronic HEV infection
- ❖ Definition used in published literature:

Persisting elevated liver-enzyme levels

&

Positive HEV RNA in the serum and/or in the stools

6 months after diagnosis

HEV Seroprevalence in organ donors (Toulouse)

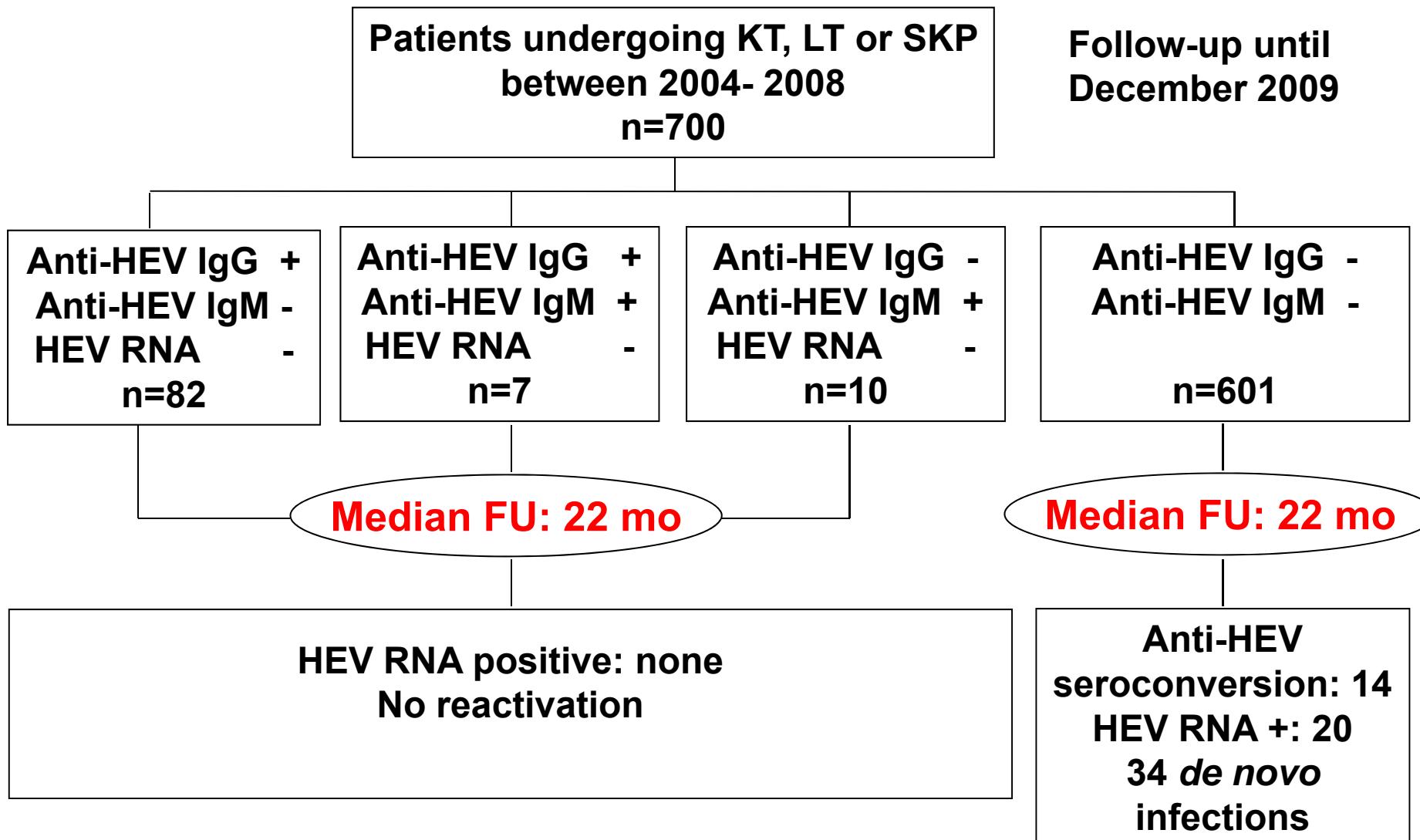
- ❖ Between 2004 and 2008, organ donors were tested for anti-HEV IgG: ($N= 258$)
- ❖ 35/258 were tested positive for anti-HEV IgG
- ❖ 15/258 were tested positive for anti-HEV IgM
(HEV RNA negative)

⇒ **Seroprevalence in organ donors = 13.5%**

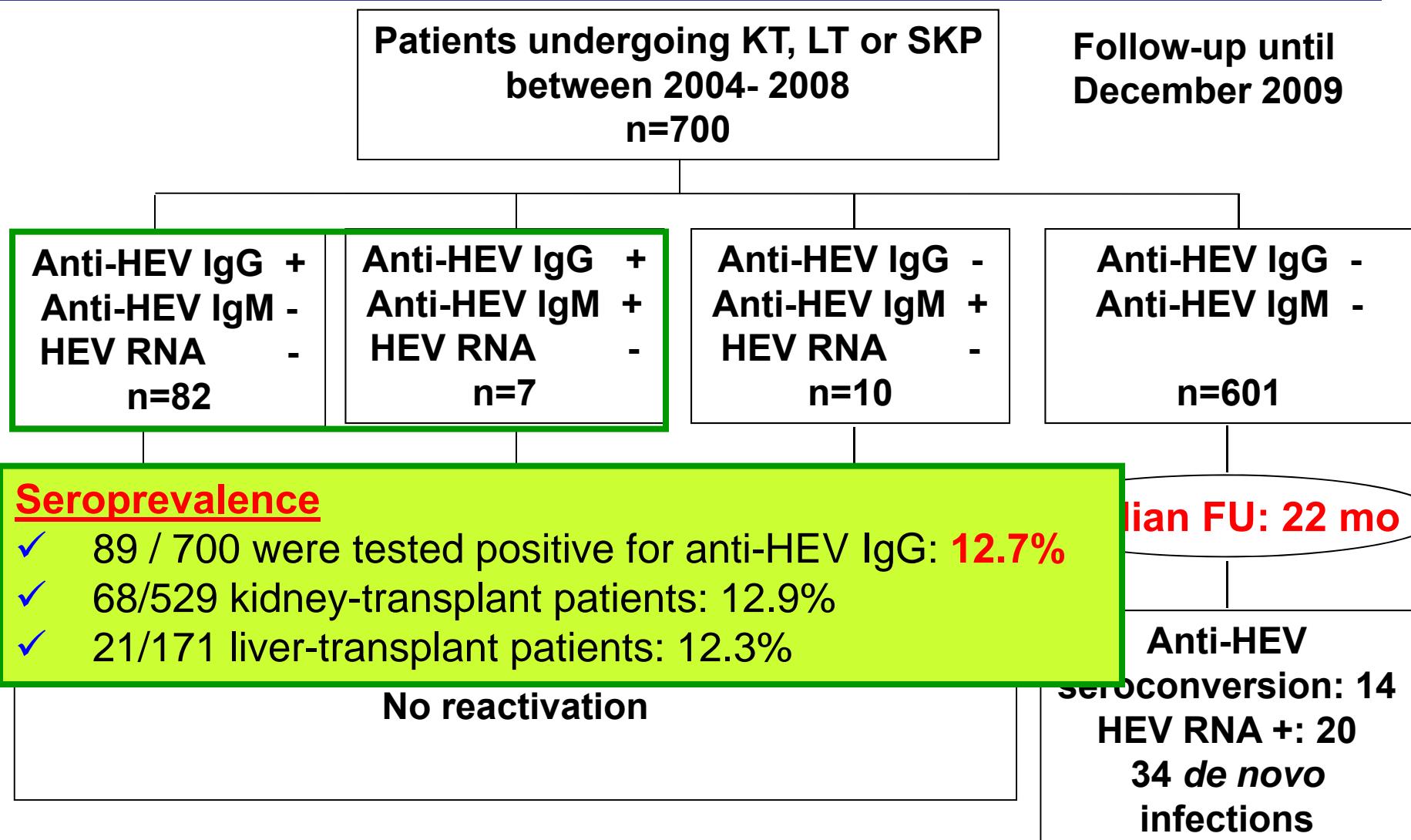
No HEV transmission by the graft or by blood transfusion

- ❖ Organ donors of 15/17 SOT who presented with HEV infection within the first year posttransplantation were tested for HEV:
 - ✓ 14 were anti-HEV IgG - / Ig M -
 - ✓ 1 was anti-HEV IgG - / Ig M + (HEV RNA -)
- ❖ Among 34 SOT with HEV infection, 2 had received blood transfusion within the 3 months before acute HEV episode. The 10 involved blood donors were tested for HEV:
 - ✓ 9 were anti-HEV IgG - / Ig M -
 - ✓ 1 was anti-HEV IgG - / Ig M +
 - ✓ All 10 were HEV RNA -

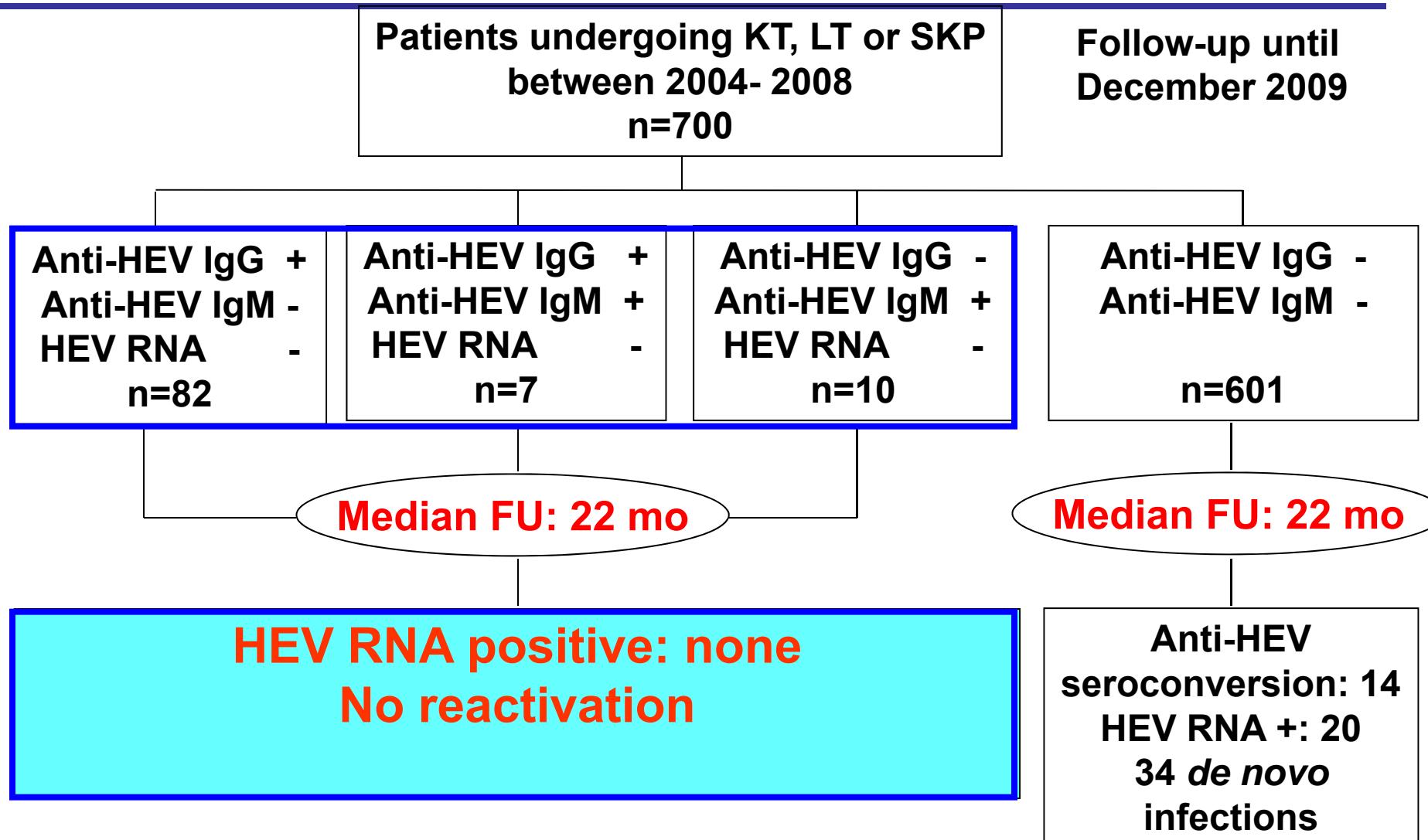
HEV Seroprevalence and incidence in SOT patients (Toulouse)



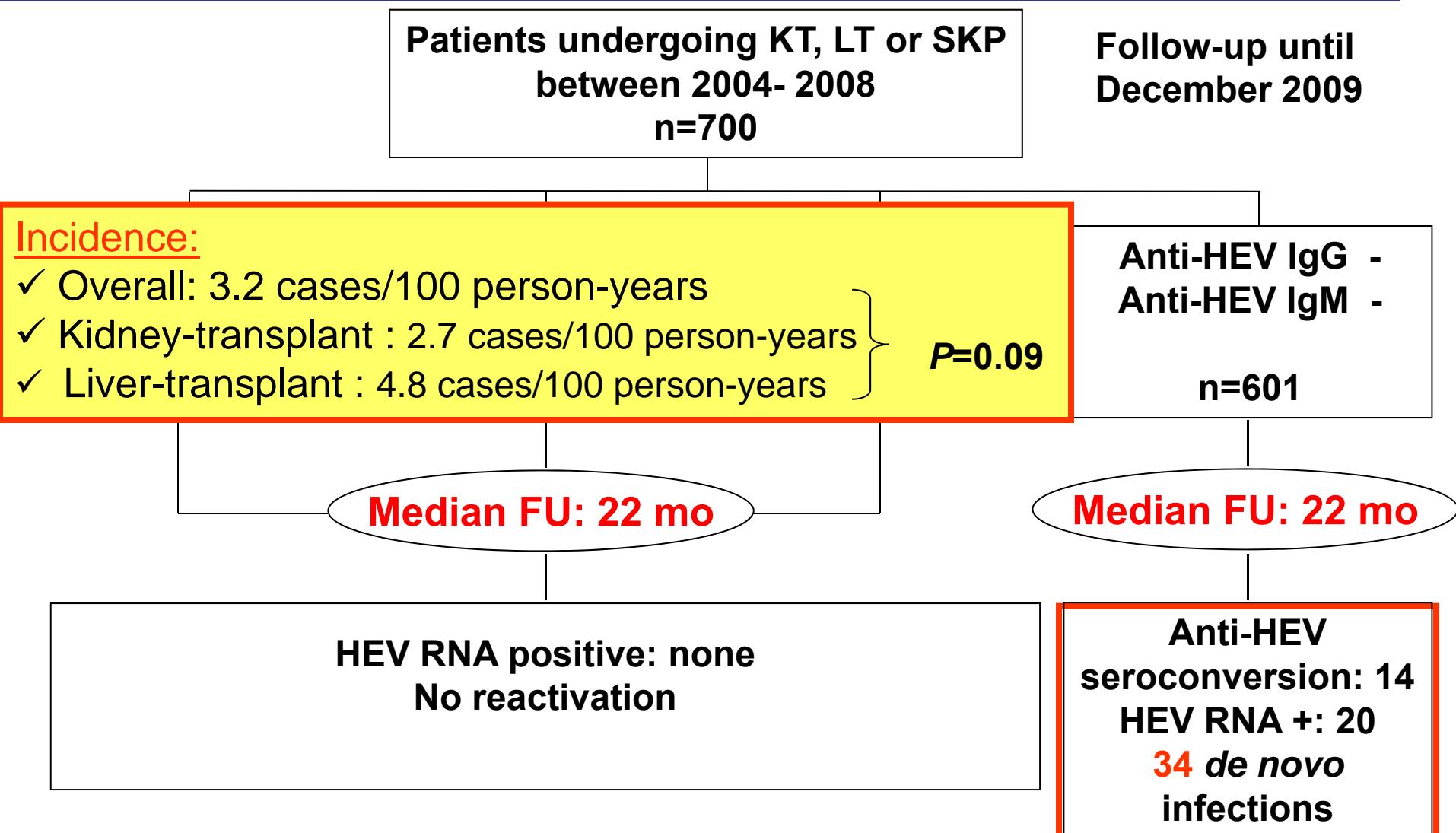
HEV Seroprevalence and incidence in SOT patients (Toulouse)



HEV Seroprevalence and incidence in SOT patients (Toulouse)



HEV Seroprevalence and incidence in SOT patients (Toulouse)



Prevalence and incidence of HEV infection in liver-transplant patients (The Netherlands)

Eligible: 331 patients

Available: 285 patients' sera (85%)

Negative HEV parameters: 274 patients (96.1%)

HEV RNA positive: 1 patient with chronic hepatitis E 

HEV IgG positive: 9 patients

Seropositive since pretransplant: 6 patients

Posttransplant episode of HEV infection: 1 patient 

Seropositive some time after transplantation: 2 patients

HEV IgM positive: 1 patient

Incidence ≈ 2%

Haagsma et al., Liver Transplant 2009

HEV seroprevalence in liver-transplant patients (Germany)

Group	Number of Patients	Anti-HEV IgG-Positive	Anti-HEV IgM-Positive	HEV RNA-Positive
Healthy controls	108	1 (0.9%)	0/1*	0/1*
Nontransplanted patients with chronic liver disease	108	4 (3.1%)	1 (0.8%)	1/129 (0.8%)
Liver transplant recipients with no graft hepatitis (group A)	156	7 (4.5%)	0 (0%)	0/156 (0%)
Liver transplant recipients with elevated ALT levels (group B)	70	3 (4.3%)	2 (2.9%)	2/70 (2.9%)

HEV seroprevalence in kidney and liver-transplant patients (Spain)

- ❖ Between July and August 2008, 108 Kidney-, or liver-transplant recipients were tested for HEV
 - 82 liver-transplant recipients
 - 21 kidney-transplant recipients
 - 5 dual-organ recipients

- ❖ Anti-HEV IgG was detected in only 3/ 108 patients (**2.1%**)

Case control study to investigate the source of contamination in solid-organ-transplant patients

- 37 SOT patients matched to 148 other SOT patients for age and gender
- Questionnaire: living conditions, food, drink, and leisure activity

	Case subjects (%)	Control subjects (%)	P	Odds Ratios (95% CI)
Bivariate analysis				
Eating game meat	67%	47%	0.03	2.3 (1.04-5.22)
Eating pork product	97%	83%	0.03	6.82 (0.86 -53.9)
Eating mussels	100%	77%	0.002	10 (1.25 -79.7)
Multivariate analysis				
Eating game meat	67%	47%	0.03	2.3 (1.04 -5.22)

Natural history of HEV infection in solid-organ transplant patients

- Multicenter study: 17 centers in Europe and 1 in USA
- 85 solid-organ-transplant patients

- ✓ Toulouse (n= 52);
- ✓ Groningen (The Netherlands, n=5);
- ✓ Montpellier (n= 4);
- ✓ Hannover (Germany, n=3);
- ✓ Lyon (Edouard Herriot n=3);
- ✓ Lille (n=3);
- ✓ Nice (n=2);
- ✓ Necker (n=2);
- ✓ Saint Antoine (n=2);
- ✓ Pitié Salpêtrière (n=2);
- ✓ Royal Cornwall Hospital (UK, n=1);
- ✓ Sioux Falls (USA, n=1);
- ✓ Saint Luc Hospital (Belgium, n=1);
- ✓ Limoges (n=1);
- ✓ Dijon (n=1);
- ✓ Lyon Nord Croix Rousse n=1);
- ✓ Paul Brousse (n=1).
- ✓ Kidney (n= 47);
- ✓ Liver (n=26);
- ✓ Liver-kidney (n= 2);
- ✓ Kidney-pancreas (n=6);
- ✓ Islet (n=1);
- ✓ Heart (n=2);
- ✓ Lung (n=1);

Clinical and biological at diagnosis

- Only 32% were symptomatic (fatigue+++)
- 35% had contact with animals
- Anti-HEV IgG: 78 tested, 41% positive
- Anti-HEV IgM: 78 tested, 80.8% positive
- HEV RNA: 82 tested, 100% positive
- Genotype 64 tested. 59 genotype 3 (5 not amplified)
- ALT : 260 ± 38 IU/L (vs. 42 ± 8 , p <0.0001)
- AST: 155 ± 25 IU/L (vs. 29 ± 3 , p<0.0001)
- γ GT: 308 ± 56 IU/L (vs. 90 ± 20 , p<0.0001)
- Total bilirubin: 22.5 ± 3.8 μ moL/L (vs. 11.2 ± 0.8 , p=0.005).

Outcome

85 pts with a FU > 6 months

29 cleared the virus within the 6 Months after diagnosis:

Acute hepatitis E (34.1%)

56 evolved to chronic hepatitis (> 6 months):

Chronic hepatitis E (65.9%)

No reactivation was observed

Chronic hepatitis rate:

- Toulouse: 57.8%
- Outside Toulouse: 78.8%

Evolution to cirrhosis: 8/85 (9.4%)

Predictive factors for chronic hepatitis: Multicenter study

Univariate analysis

Variables <i>At diagnosis</i>	Patients with resolving HEV infection (n =29)	Patients with chronic hepatitis (n=56)	P
Liver/non-liver transplant	5/24	23/33	0.05
Time last AR /HEV (days)	102±93	29.5±31	0.03
Time since transplantation (m)	70.3±52.8	41.4±38	0.005
AST (IU/L)	107 (16–1,571)	94 (21–436)	0.02
ALT (IU/L)	263 (24–2,675)	135 (28–874)	0.001
Peak AST level (IU/L)	223 (31–1,571)	147 (39–874)	0.001
Peak ALT level (IU/L)	272 (29–2,675)	167 (32–522)	0.005
Serum creatinine (µmol/L)	168±69	130±51	0.005
Platelet count (/mm3)	225,655±62,521	190,384±79,903	0.04
Cyclosporin A / Tacrolimus	9/13	4/43	0.003

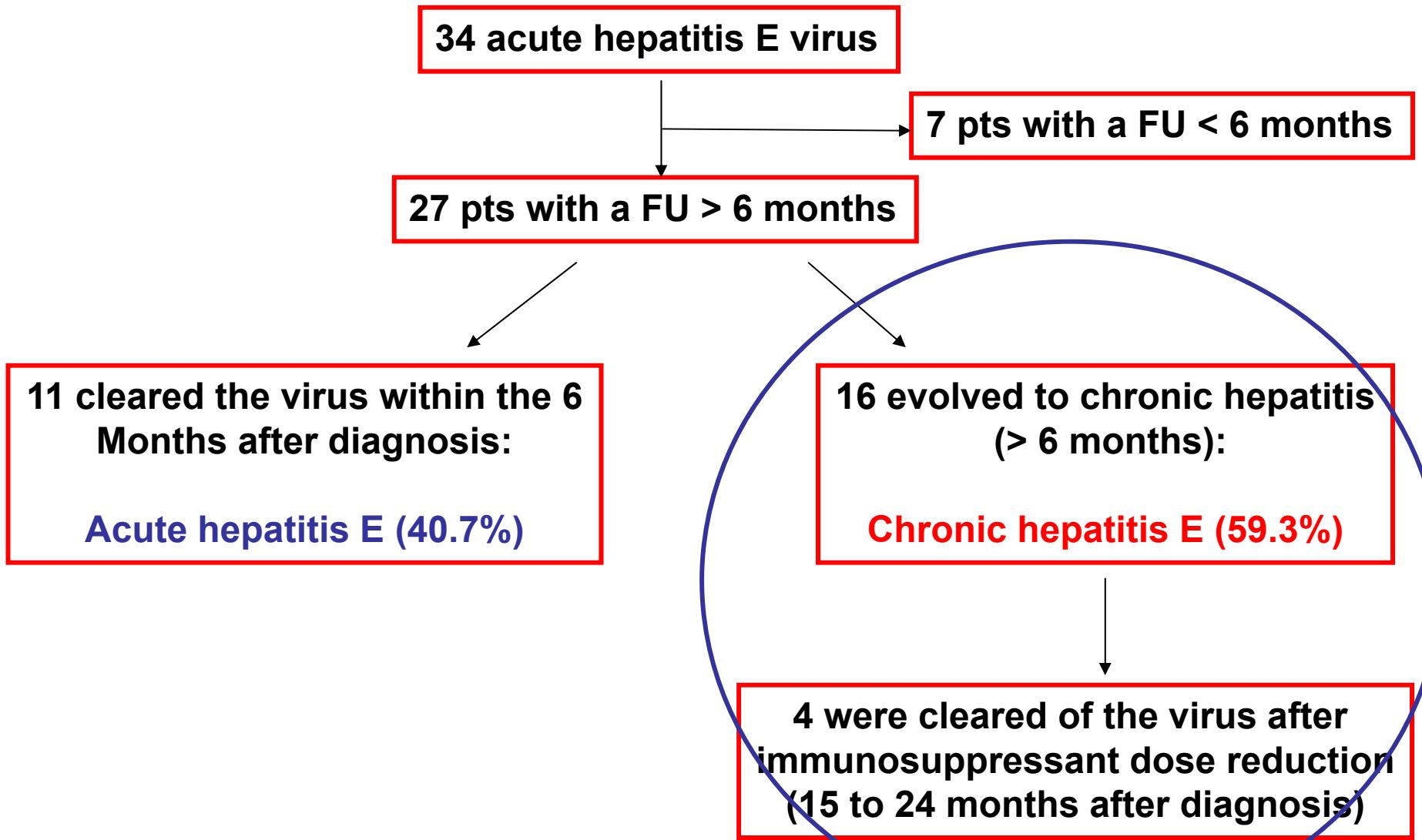
Predictive factors for chronic hepatitis: Multicenter study

Multivariate analysis

Variables <i>At diagnosis</i>	OR	CI _{95%}	P
Platelet count (/mm ³)	1.02	1.001–1.1	0.04
Cyclosporin A / Tacrolimus	1.87	1.49–1.97	0.004

Management of chronic hepatitis E virus infection

Outcome

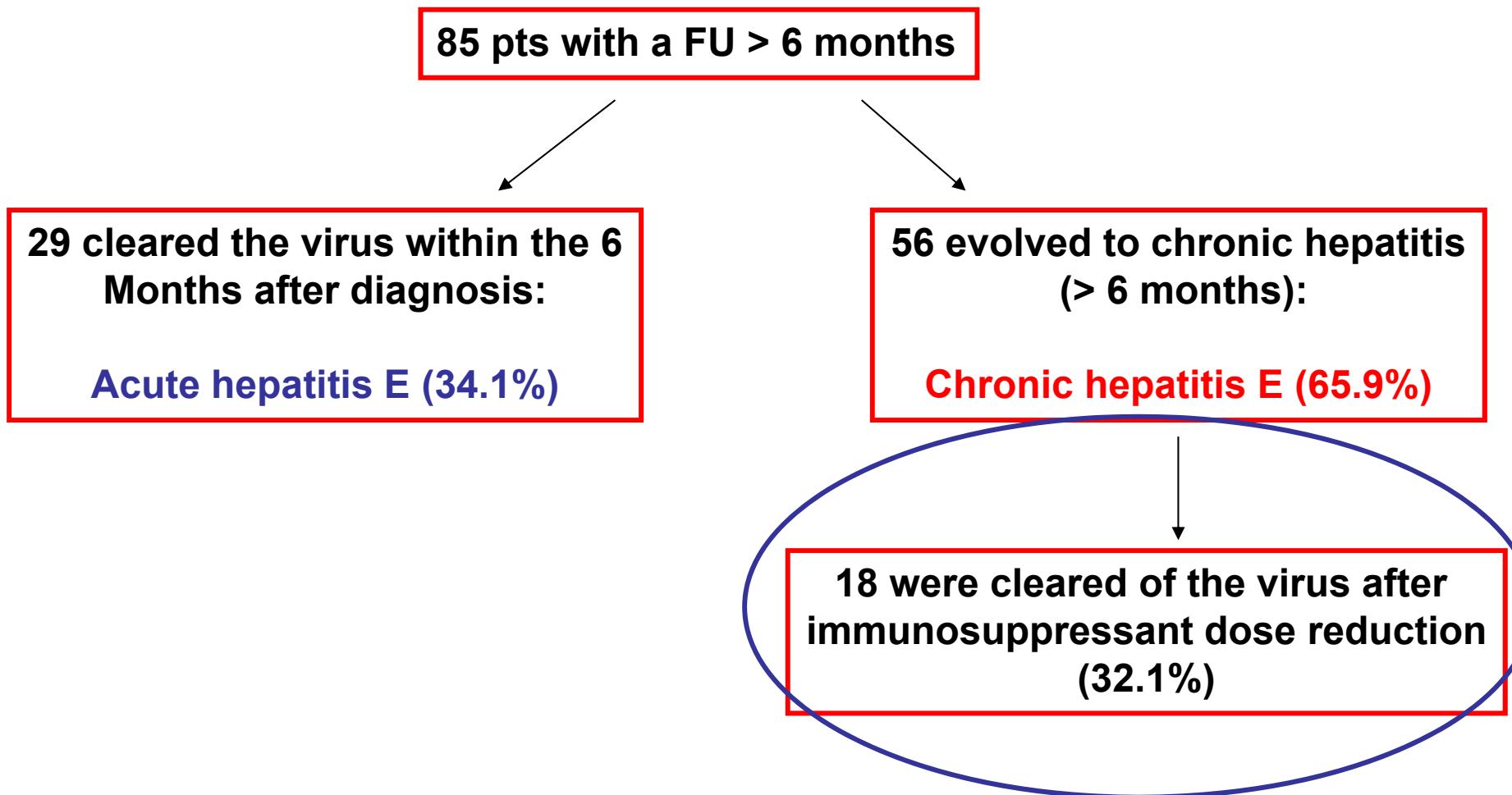


Differences between chronic patients who remained viremic and those with who were cleared of the virus

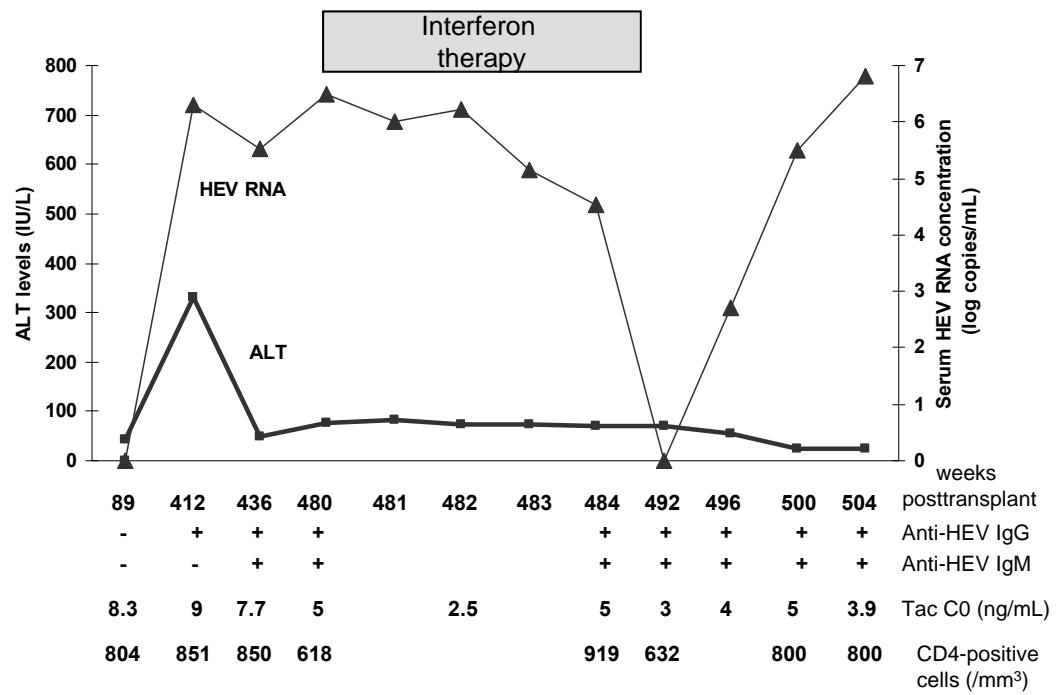
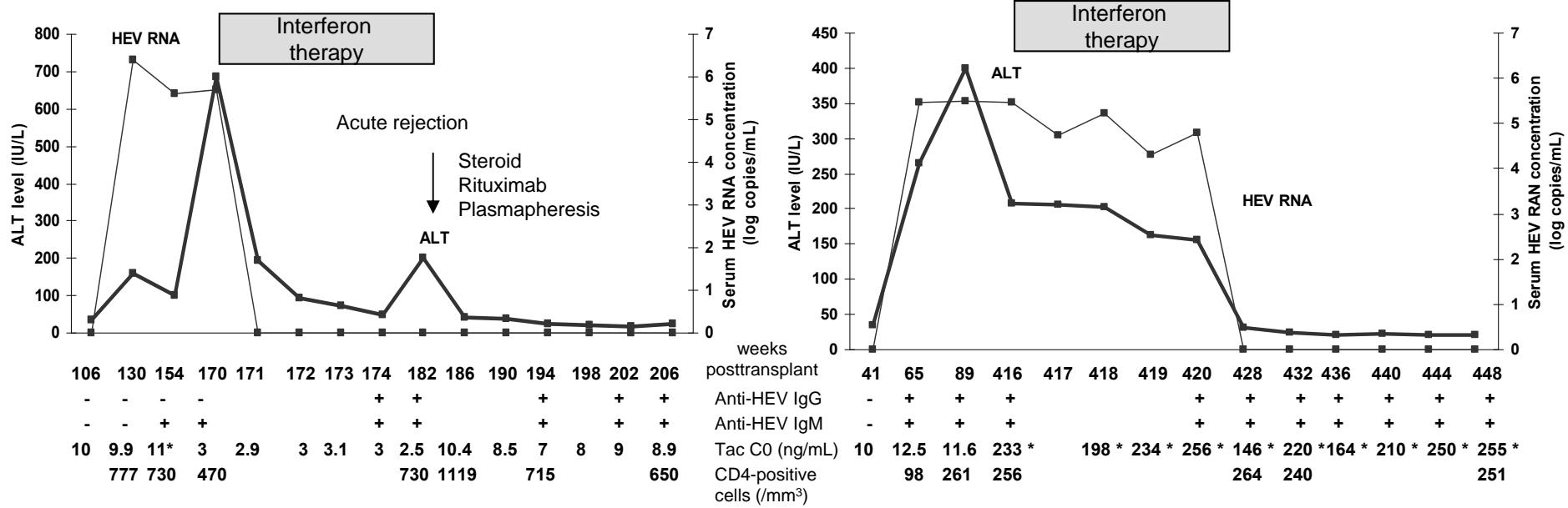
Variables	Patients with chronic HEV infection who remained viremic (n =12)	Patients with chronic HEV infection who were cleared off the virus (n=4)	P
Kidney or SKP/liver Tx organ	9/3	0/4	0.02
AST at last FU (IU/L)	72 (26-308)	17 (8-67)	0.03
ALT at last FU (IU/L)	99 (42-257)	16.5 (8-56)	0.005
Activity score at last LB	2 (1-3)	1 (0-1)	0.02
Induction therapy at Tx: Y/N	11/1	1/3	0.03
C0 Tac at last FU (ng/mL)	7.35 (3.8-11.2)	3.25 (2.5-6.5)	0.02
Steroids (mg/kg/d) at last FU	0.1 (0.06-0.1)	0.035 (0.03-0.04)	0.04
CD3 + cells at last FU (/mm ³)	427 (344-783)	1033 (440-1570)	0.05
CD4 + cells at last FU (/mm ³)	261 (167-292)	369 (322-444)	0.02

Immunosuppressant dose reduction may be a first-line therapeutic option

Outcome: Multicenter study

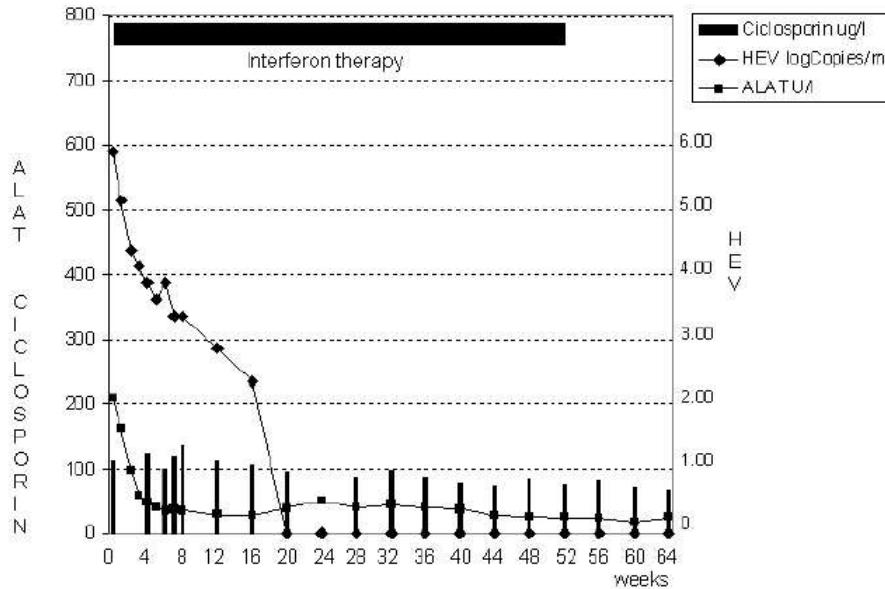


Pegylated-alpha interferon for chronic HEV infection



- Three liver-transplant patients with chronic HEV infection
- Pegylated interferon alpha-2a
- 135 µg/week
- Three months
- SVR: 2 out of 3

Liver-Transplant patient with chronic HEV infection



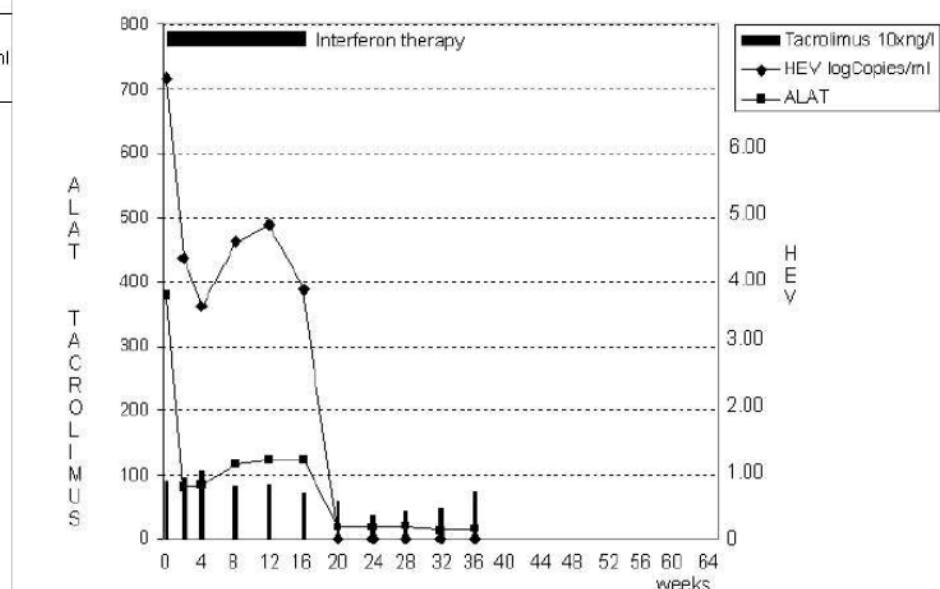
Peg IFN (27 mo after re-OLT)
(9 years post-infection)

-100 µg for 4 weeks
- 80 µg for 16 weeks
- 60 µg for 32 weeks
-Total 52 weeks

No relapse 3 months after Peg-IFN

Haagsma et al., Liver Transplant 2010

Liver-Transplant patient with chronic HEV infection

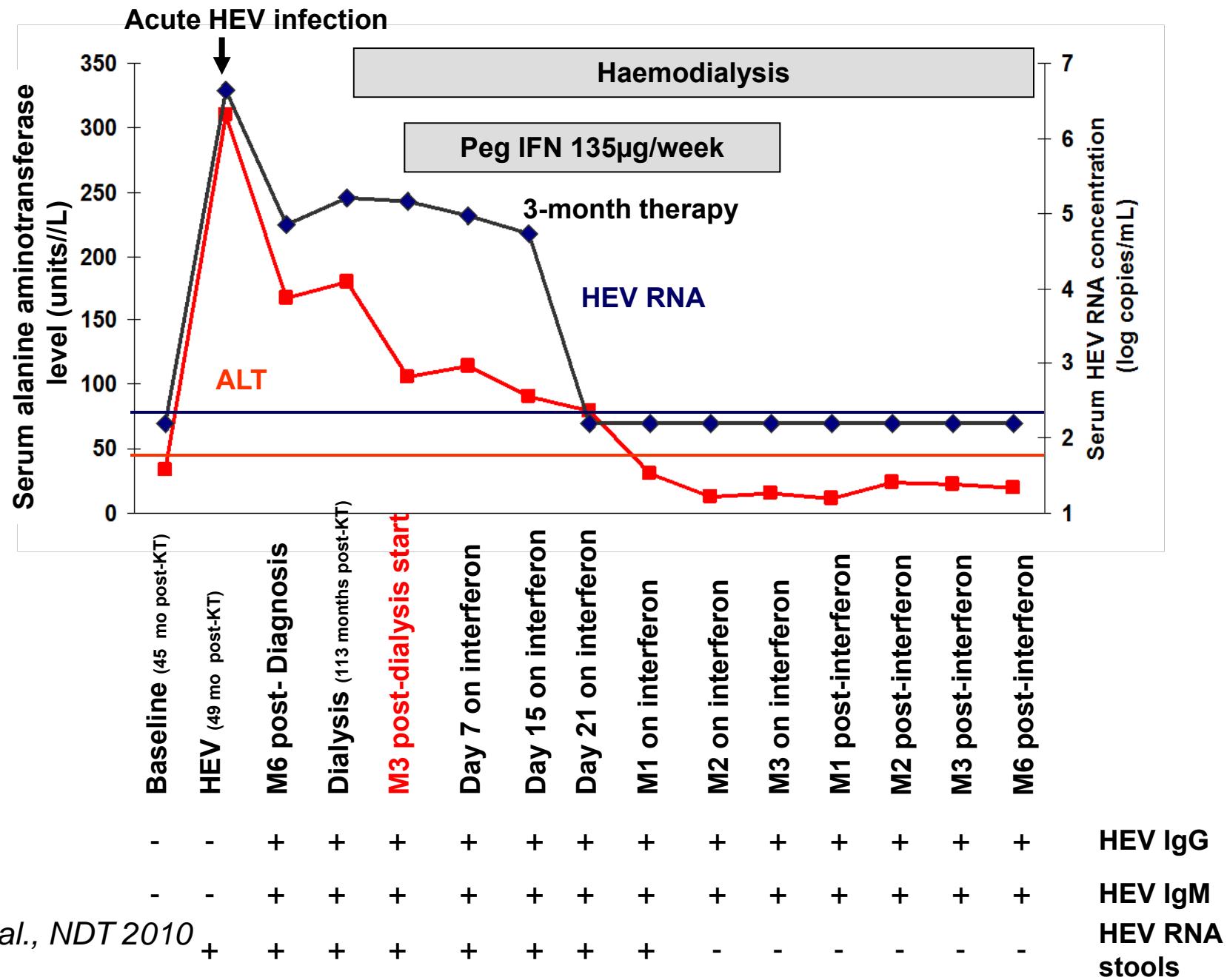


Peg IFN (9 mo after OLT)
-150 µg for 4 weeks
- 120 µg for 4 weeks
- 90 to 100 µg for 8 weeks
-Total 16 weeks

HEV clearance at week 20 (4 weeks after Peg-IFN therapy).

Effect of Tac C0 decrease?

Hemodialysis patient with chronic HEV infection



Ribavirin for chronic HEV infection

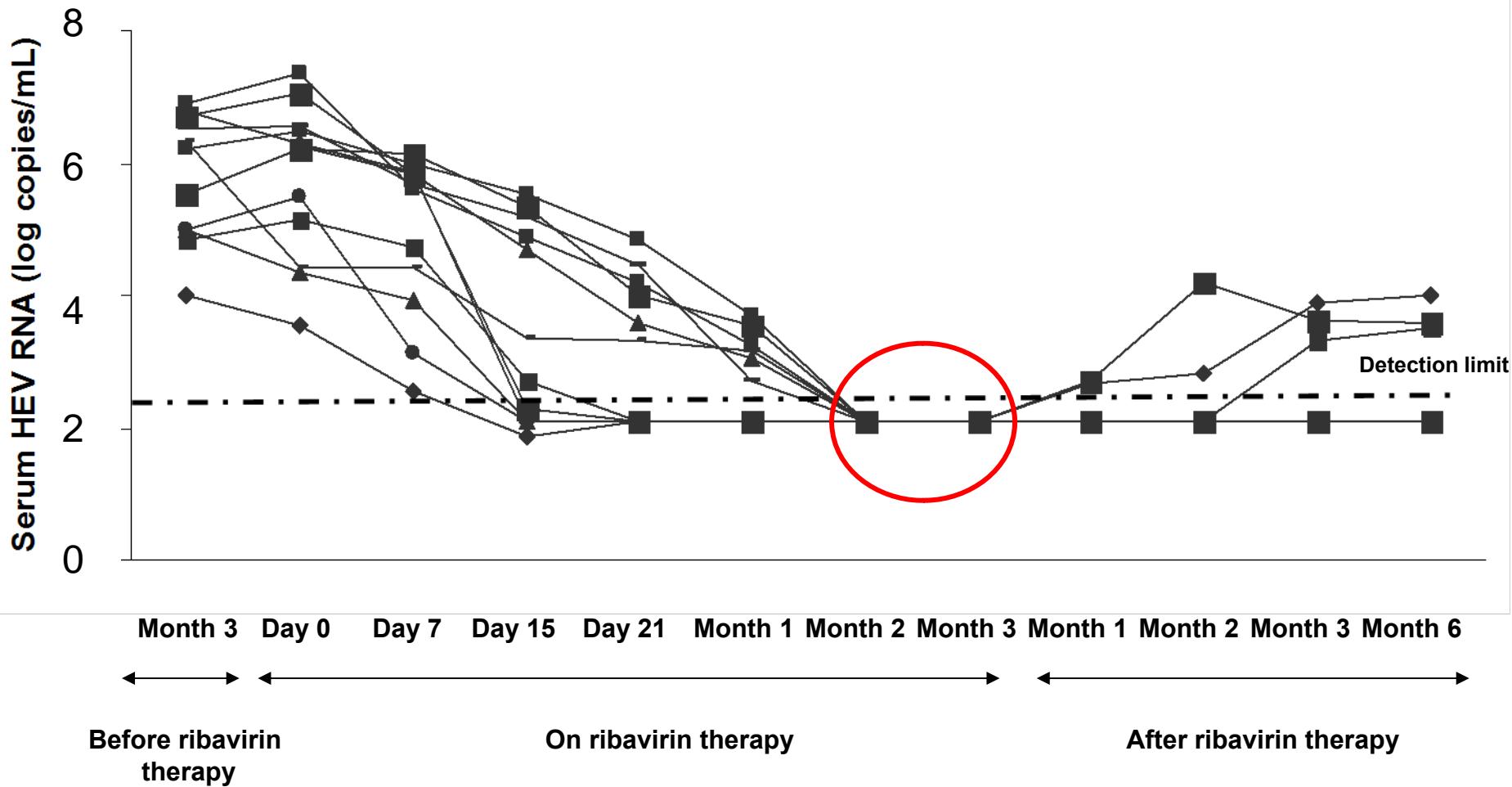
Ribavirin monotherapy for chronic HEV infection in SOT patients

- ✓ 2 patients:
 - Ribavirin: 12 mg/kg/d for 3 months
 - **HEV clearance: 2 patients**, but short follow-up.
(Mallet, Ann Intern Med 2010)

- ✓ 8 patients,
 - Ribavirin: 400 to 800 mg/d for 3 months
 - 6 patients with long FU: **SVR in 4 patients**
 - 2 patients with short FU: **HEV clearance in 2 patients**
(Kamar, Gastroenterology 2010)

- ✓ 1 patients (heart-transplant patient)
 - Ribavirin: 17 mg/kg/d for 3 months
 - **HEV clearance**, 4 months FU after ribavirin cessation.
(Chaillon, J Heart Lung Transplantation 2011)

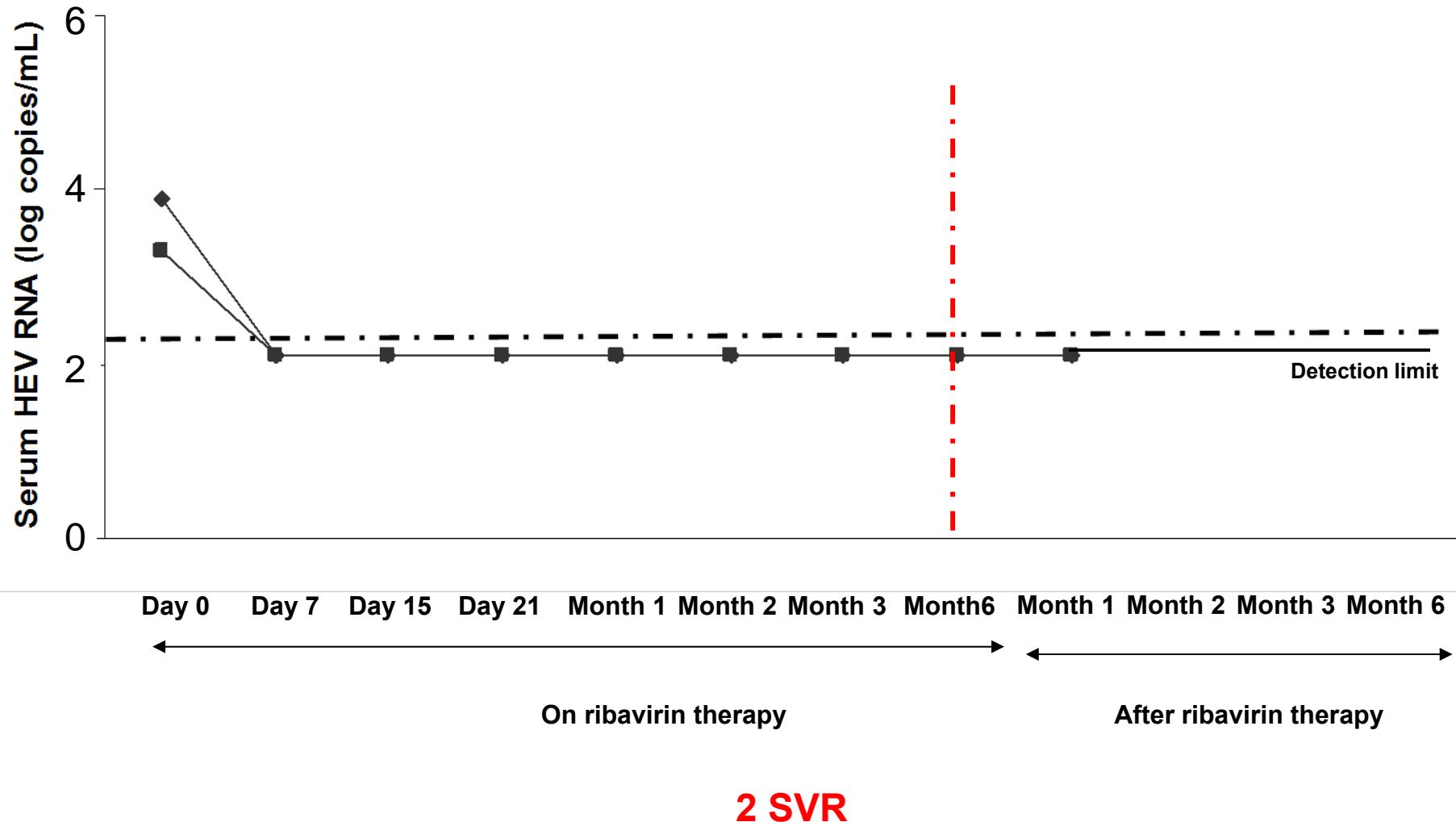
Virological response



- 10 patients had > 6 months FU after therapy
 - SVR: 7 patients
 - Relapse: 3 patients
- 2 patients were cleared of the virus at the end of therapy

Unpublished data

Virological response after 6 months ribavirin therapy in 2 relapsers



Extra-hepatic HEV manifestations:

Neurological disorders

Neurological symptoms and HEV infection

- ✓ Retrospective study between 2004-2009
- ✓ 126 patients with acute or chronic locally acquired genotype 3 HEV infection
- ✓ 2 countries:
 - Toulouse (France):
 - Transplant unit: 50
 - Hepatology unit: 21
 - Truro (UK):
 - Hepatology unit: 55
- ✓ Incidence of neurological disorders: 7/126 (5.5%)

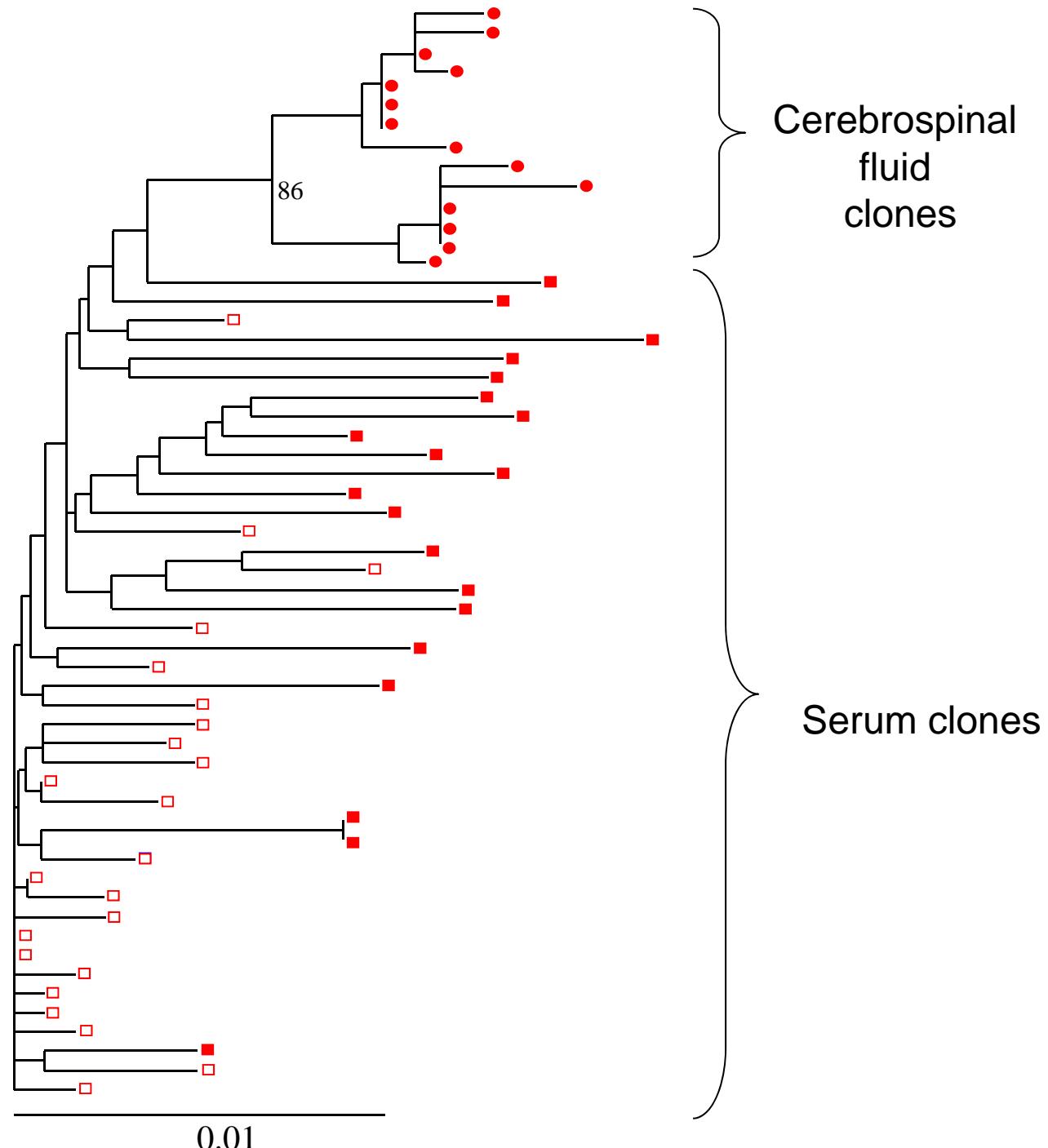
HEV may induce peripheral neurological symptoms

Pts	Type of patient	HEV phase	HEV genotype	Serum				CSF		
				HEV IgG/IgM	HEV RNA	ALT (IU/L)	Bilirubin (μmol/L)	HEV RNA	Protein level (g/L)	WBC (/mm ³)
1	Non immunocompromized	Acute	3e	+/+	+	623	14	-	1.27	145
2	Non immunocompromized	Acute	3e	+/+	+	1160	70	ND	-	-
3	Non immunocompromized	Acute	3f	+/+	+	384	35	-	2	14
4	Kidney-pancreas transplant	Chronic	3f	+/+	+	171	19	+	0.71	1
5	Kidney-transplant	Chronic	3f	-/+	+	110	12	+	0.8	8
6	Kidney-transplant	Chronic	3f	+/+	+	105	12	+	0.76	7
7	HIV-positive	Chronic	3a	+/+	+	150	9	+	0.47	1

	Neurological symptoms	Therapy	Outcome
1	Acute inflammatory polyradiculoneuropathy	-	Complete resolution
2	Bilateral brachial neuritis	-	Resolution with residual weakness
3	Guillain-Barré Syndrome	IV Ig	Resolution at HEV clearance
4	Ataxia, severe proximal weakness of his lower limbs, urine retention, and cognitive dysfunction	IS modification	Resolution with residual motor deficit
5	Encephalitis	IS Stop, Foscavir, IV Ig	Complete resolution
6	Peripheral demyelinating polyradiculoneuropathy	IS modification, IV Ig	No improvement
7	Painful sensory peripheral neuropathy	Peg-IFN/ ribavirin	Complete resolution

HEV Genotype 3f,
Genbank number
FJ665423

Are neurological
symptoms linked to
the emergence of
neurotropic variants ?



Summary (1)

- ❖ HEV infection may evolve to chronic hepatitis in immunosuppressed patients
- ❖ Characteristics of HEV infection in solid organ-transplant patients
 - Majority of patients are asymptomatic
 - The increase of liver enzymes levels is less marked than in immunocompetent patients
 - Seroconversion is delayed and may never occur

Summary (2)

- ❖ HEV infection evolves to chronic hepatitis in nearly 60 % of transplant patients.
- ❖ HEV infection may evolve to cirrhosis and may recur after retransplantation
- ❖ The reduction of immunosuppressive drugs targeting T-cells should be considered as a first-line therapeutic option
- ❖ Pegylated-interferon therapy and ribavirin are efficient anti-viral therapies against HEV
- ❖ HEV induces neurological symptoms

Acknowledgments

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Thank you for your attention