NEUROIMAGING IN ENCEPHALITIS

NADINE GIRARD DEPARTMENT OF NEURORADIOLOGY MARSEILLE AMU FRANCE

LAY OUT

• 1. Imaging techniques

- US scan: neonates
- CT
- MRI

• 2. Acute Encephalitis

- and related disorders: Autoimmune response to viral infections
- 3. Subacute, chronic, progressive infections

1. IMAGING TECHNIQUES

US SCAN: NEONATES

- Ventriculitis
- Cerebritis
- Abscess
- Encephalitis
 - brain swelling
- Hyperechoic lesion: non specific
- Differential diagnosis
 - Ischemia
 - hemorrhage

Brain swelling hematoma leucomalacia cerebritis

ventriculitis



Transfontanel US : « lenticulostriate vasculopathy » trisomy 13, 21, anoxic/toxic injury, CMV infection

CT SCAN

Herpes encephalitis

- Depends on the local access to CT & MRI
- CT
 - emergency
 - before & after contrast +/- angioCT
 - Rule out brain shift, diffuse brain swelling, tonsils prolapse before LP





MRI

- most sensitive
 - Diffusion
 - FLAIR
 - T1, T2, T2*
 - IV injection
 - Perfusion
 - Abscess, inflammation
 - MRS
 - Differential diagnosis with tumours
 - Especially in the posterior fossa
 - +/- angioMR, dynamic angioMR



DIFFUSION - PRINCIPLES

- Evaluate mobility (diffusion) of water molecules within tissues
- Displacements of water molecules are modified by structural & physiologic factors in a medium
- Random direction = isotropy; diffusion of water molecules is identical in all directions (CSF)
- In contrast: anisotropy; the process is dependent on direction; the water molecules are spatially distributed (within an ellipsoid) (white matter axons-myelin)



- Diffusion is not the same in all directions of 3D space (anisotropy)
- Molecules are moving in a preferential direction
- Characterized by:
 - coefficient of diffusion (ADC apparent diffusion coefficient)
 - effective diffusion tensor (DT MR imaging with at least 6 directions)
 - 3 eigen values
 - Radial diffusivity: $\lambda 2 + \lambda 3$
 - Longitudinal diffusivity: λ1



GENERATED IMAGES

- Anisotropic images: 3D space
 - Anatomy
 - Direction of WM bundles
- Diffusion WI
 - Trace (combination of 3 directions)
- ADC map
 - slope of b0, 500, 1000
 - measurement of ADC
 - Structural information
 - Quantitative
 - Dependent on structure









PATHOPHYSIOLOGY OF ADC CHANGES

Cellular edema (cytotoxic) => Decreased ADC

(for b values between 800 and 2000s/mm²)





Restricted diffusion in the extracellular space

Increased diffusion in the intracellular space

Vasogenic edema => increased ADC





Less restriction of water motion Membrane breakdown Expansion of extracellular space

DIFFUSION: APPLICATION

- Factors causing restriction of diffusion: increased signal on DWI & low ADC
 - Hypoxia-ischemia, Stroke
 - Trauma (acute axonal shear injury)
 - Compact tumoral tissue
 - Abscess (bacterial origin, fungal origin)
 - Metabolic
- Factors causing expansion of extracellular space: decreased or increased signal on DWI & normal or increased ADC
 - Acute demyelination (MS, ADEM, encephalitis)
 - Peritumoral edema
 - Loose tumoral tissue
 - Toxicity of chemotherapy
 - PRES (posterior reversible encephalopathy syndrome)

Combination of both: trauma, metabolic injury, encephalitis, ADEM

RESTRICTION OF DIFFUSION - INFECTIONS



NO RESTRICTION OF WATER MOTION INFLAMMATORY LESIONS - MS

=> Increased MD

 \Rightarrow ADC decrease can be related to a mass effect



PERFUSION MR IMAGING

• T2* weighted dynamic susceptibility technique (DSC)

- T1 WI: DCE (dynamic contrast enhancement), leakage (ENT & breast imaging)
- ASL (Arterial spin labeling):, without contrast injection, not used in routine practice

- T1 gadolinium: rarely used in neuroradiology
- used to be the only sequence: ischemia, tumor
- No map available
- Is becoming again fashionable
- Skull base



• Arterial spin labeling: ASL, without contrast injection, not used in routine practice: CBF only

Mouse @ 11.75T CBF ~ 300 mL/100g/min



Human @ 3T CBF ~ 50 mL/100g/min





- T2* weighted dynamic susceptibility technique
 - Exploit signal changes that accompany the passage of a tracer through the cerebrovascular system
 - Non diffusible Gd-DTPA/DOTA
 - Large transient signal loss of 25% in normal white matter after contrast injection
 - 6 color maps: MTT, TTP, rCBF, rCBV, K2, Tmax





permeability



Brain masses

APPLICATIONS OF PERFUSION MR

- Stroke: adult population, selection of patient for thrombolysis
- Tumors & non neoplastic mass: adult & pediatric population
- Contrast enhancement
 - Rupture of BBB
 - Capillary extravasation
 - Overshoot above the baseline
 - Tumors, inflammation, infection
 - Neoangiogenesis
 - Increased CBV
 - tumors



PROTON MR SPECTROSCOPY

- MR imaging: signal obtained in the time domain is used to generate an image
- MR spectroscopy: signal obtained is used to generate a frequency domain with spectrum of components (that make up the image)
- At each frequency corresponds metabolite or water with a chemical shift to express a peak position
- Reference: NAA set at 2 ppm from the center radiofrequency of the spectrometer

Metabolic information extracted from ¹H brain spectrum



Technical issues of MRS

- Monovoxel (SVS single voxel)
 - PRESS
 - 30 to 128 measures (depending on VOI location)
 - short (30ms) and long (135ms) TE
 - Acceptable AT: 51s to 3min (ex utero)
 - More easy than CSI
- Enemy
 - hemorrhage, calcification, fat
 - CT scan+++ before MRS



30 measures 51 seconds









General rules of MRS

- Brain metabolism is age dependent
- With regional variations during maturation and in adult population
- Specific pattern: few diseases display specific pattern as abnormal peak or lack of normal peak
- Metabolic changes reflect extension of a disease: pathogenic approach
- Focal disease: normal tissue of each patient is a control
- Diffuse disease: references of normality do not exist (age, location, T1 & T2 parameters dependent)

MRS APPLICATIONS

- Inborn error of metabolism
- Neoplastic mass
- Non neoplastic mass
- Trauma





2. ACUTE VIRAL INFECTIONS OF THE BRAIN & OTHER ENCEPHALITIS

 differences between Europe, USA, Asia

- Herpes encephalitis still the most frequent worldwilde
- Japanese encephalitis in Asia
- West-Nile virus in Africa and Middle East
- St-Louis encephalitis in USA
- Complications of a viral infection (or a vaccination) such as Acute Disseminated Encephalomyelitis (ADEM), an autoimmune reaction to the virus
- Immune mediated
 encephalitis
- can mimic viral infections on imaging





CASE 1

- 53 years male
- Confusion, agitation
- Fever 38°5
- ICU: Intubated & ventilated

- Questions?
- 1. stroke
- 2. ADEM
- 3. vasculitis
- 4. herpes encephalitis
- 5. MELAS



HERPES SIMPLEX ENCEPHALITIS

- Pathology: Necrotizing encephalitis
- 95 % Herpes Simplex virus type 1
- Mortality 50-70%
- Adults Reactivation of latent infection - at age >50 years
- Children Primary infection at age 6 months to 3 years



- Lesions are typically located in the temporal lobe
 - medial before lateral
 - Extra-temporal regions: 40% of children (only 9-15% of adults)
- Extension to
 - insula
 - Orbital surface of frontal lobes
 - Cingulate gyrus
 - Thalamic lesions: children with parietal or opercular lesions (probably related to the existence of numerous thalamo-cortical connections)
- Asymmetric brain damage
 - Unilateral or
 - Bilateral
- GM first then WM



- Lesions tend to be hemorrhagic
- In the acute setting diffusion restriction can be seen
 - Low ADC in severe form
- Contrast enhancement
 - Variable
 - is not seen in the early stage of disease but occurs later
 - typical gyriform pattern of enhancement



- MRI abnormalities may precede PCR detection of HSV
 - PCR sensitivity 96 %, specificity 99 %
 - In children specificity is lower 70 % to 75 %, virus absent in the CSF at the early phase
- Normal imaging does not exclude DG
- Rapid necrosis even with treatment

Follow up 15 days






Sometimes the mesial temporal area is not involved



• Questions?

- 1. Gliomatosis
- 2. MS
- 3. Acute recurrence of HSV encephalitis
- 4. Stroke
- 5. toxic/metabolic

HSV ENCEPHALITIS ACUTE RECURRENCE

- 5 % to 30 %
- Viral replication or immune inflammatory response
- several days after end of treatment, months to years after initial episode
- New lesions at a distance from initial lesions: Multifocal involvement of WM
- Infants and young children
- Genetic susceptibility for this secondary response
- Three mutations have been identified in the immunological pathway of interferon-a production that do not modify the severity of the viral disease in general, but do alter the susceptibility to encephalitis



 $20 \,\mathrm{m}$



• Questions?

- 1. Herpes encephalitis
- 2. Gliomatosis cerebri
- 3. MELAS
- 4. ADEM
- 5. None of them

Mitochondrial Encephalopathy, Lactic Acidosis, and Stroke-like episodes

- Is a mitochondrial cytopathy
- On MRI multiple cortical stroke-like lesions are seen, that can simulate herpes encephalitis

Sharfstein SR et al, Adult-onset MELAS presenting as herpes encephalitis. Arch Neurol. 1999

OTHER CAUSES OF SIGNAL ABNORMALITIES WITHIN THE TEMPORAL LOBE

- Other infections: HHV6 (hematopoietic transplant), Whipple
- Tumor: DNET, gliomatosis
- Ischemia
- Limbic encephalitis
- Creutzfeld Jakob disease when involvement of the pulvinar is isolated



42 years male

- Whipple disease
- Tropheryma whipplei
- Digestive tract, heart & CNS

- Hippocampus
- Hypothalamus
- Thalamus
- Colliculi
- Periaqueductal GM
- Middle cerebellar peduncle



Gliomatosis

MRS HSV: lactate 1 no 1 of Choline

- diffuse hyperl (FLAIR & T2 WI)
- involve at least 3 lobes
- considered to have a poor prognosis & poor response to treatments

Courtesy Pr JM Constans Amiens, France















14 years nonneoplastic limbic encephalitis



+ 1 month

+ 1 year

Anti NMDA-R 11y 5 months, Marta, acute ataxia, abnormal behaviour











• Questions?

- 1. Birth aspyxia
- 2. Stroke
- 3. Tumor
- 4. Herpes encephalitis
- 5. Toxic-metabolic

HSV 2 ENCEPHALITIS

- Patchy, widespread areas of abnormal signal
- Primarily in the white matter
- Cortical gray matter
- Loss of brain substance occur rapidly, often as early as the second week
- Vaginal delivery of infected mother (type II herpetic lesions)
- Onset 1-2 weeks after birth
- Diffuse brain swelling
- Diffuse lesions of cerebral hemispheres



- 22 months old
- BMT
- Neurological deterioration
- No known pulmonary infection at day 1
- Questions?
- 1. Stroke
- 2. Primary vasculitis
- 3. CMV encephalitis
- 4. ADEM
- 5. Metabolic

HERPES FAMILY: CMV ENCEPHALITIS

• CMV

- GM & periventricular WM
- Vasculitis
- Immunocompromised
- Reactivation of latent infection



Day 20 CMV encephalitis vasculitis



Adults

 Abnormal signal of ependyma (ventriculitis)



Pr JL Dietemann AIDS CMV

HERPES FAMILY ENCEPHALITIS

- Varicella zoster virus
 - WM & basal ganglia
 - Angiopathy: anterior circulation
 - Late stroke (months): basal ganglia
 - Acute ataxia
 - Adult immunocompromised patient
 - Multiple subcortical enhancing lesions







EBV

- EBV
 - GM & WM
 - Cerebral & cerebellum
 - myelitis
 - Immunocompromised

Acute cerebellitis

- Common cause: varicella
- Followed by: mumps, mycoplasma, EBV, influenza, rotavirus, enterovirus 71
- Imaging not necessary
 - Cerebellar swelling, Dentate nuclei, Hydrocephalus
 - Possible enhancement

Rhombencephalitis

- brainstem inflammatory disease that follows a viral illness
- Typical location: brainstem, with extension to thalamus & cerebellum in some cases
- Contrast enhancement is variable

enterovirus











• Questions?

- 1. low grade glioma
- 2. cerebritis
- 3. venous thrombosis
- 4. stroke
- 5. None of them



CEREBRITIS

- May be difficult to identify
- CT
 - Ill defined hypodense subcortical lesion
 - Mass effect
 - Foci of hemorrhage may be seen
- MR
 - Hyperintensity T2
 - Diffusion: restriction of diffusion
 - No enhancement
 - Patchy enhancement may be seen
 - Sulci & GM



From P Tortori Donati



• Early stage of purulent infection

CEREBRITIS BEFORE 10-15 DAYS



Early Cerebritis 3-5 days Large edema

Late cerebritis-capsule formation

4-5 days to 2 wks Progressive necrosis Rim of inflammatory cells, macrophages, granulation tissue, fibroblasts Vascular proliferation Abscess with capsule Early capsule (begins 2 wks) Collagenous capsule

Late capsule (wks to months) Central cavity shrinks Thick wall

Abscess

- Central cavity
 - DWI: restriction of diffusion
- MRS: lactate, lipids, amino acids (succinate and others)
- PWI: low rCBV of capsule, increased permeability







• Questions?

- 1. MS
- 2. ADEM
- 3. Lyme
- 4. vasculitis
- 5. toxicmetabolic

LYME (NEUROBORRELIOSIS)

- Tick transmitted spirochetal disorder: Borrelia burgdorferi
- Neurological manifestations
 - meningitis, encephalitis, cranial neuritis, radiculoneuritis, myelitis
- Imaging
 - May mimic MS, ADEM : WM
 - Thalamus, basal ganglia
 - brainstem
 - Cranial neuropathy
 - thickened nerve and marked enhancement











1.Mitochondriopathy

2. Viral encephalitis

3.ANE (acute necrotizing encephalopathy)

4.Gayet Wernicke

5.None of them

8 months High fever followed by coma No known familial history History of infection at 4 months of age: convulsions with fever Lumbar puncture: non specific No causative agent found



ACUTE NECROTIZING ENCEPHALOPATHY (ANE)

- Rapidly progressing encephalopathy
 - triggered by acute febrile diseases,
 - mostly viral infection,
 - influenza is the most common prodromal illness
- Poor prognosis with elevated mortality
 - but may regress completely with prompt steroid treatment
- Intracranial "cytokine storm"
 - causing blood-brain barrier damage: edema, petechial hemorrhages, necrosis

- No signs of direct viral invasion or parainfectious demyelination (in contrast to ADEM)
- Characteristic bilateral
 thalamus involvement
 - May extend to WM, brainstem
- ANE: isolated (sporadic)
- Familial, recurrent: ANE1 caused by mutation in the gene coding protein RANBP2 2q11-q13

3. SUBACUTE, PROGRESSIVE CHRONIC ENCEPHALITIS

- Chronic and progressive encephalopathy of infectious origin
 - are not common in children
- They include
 - the Rasmussen's encephalitis that is specific for the pediatric population
 - the encephalitis/encephalopathy of acquired immunodeficiency syndrome (AIDS)
 - the infection due to JC virus responsible for progressive multifocal leucoencephalopathy (PML)
 - the complications of measles infections
 - and infections by prion agents: rare

RASMUSSEN ENCEPHALITIS

Rare, but severe

- progressive disease of childhood or adolescence, median age of onset is 5 years
- severe epilepsy, progressive development of hemiparesis, and dementia
- Children otherwise normal
- Epilepsy
 - Most commonly partial onset,
 - involving the same side of the body
 - Epilepsia partialis continua is frequent (56 %)

The etiology remains unknown: suggested mechanisms

- chronic viral infection
- Viral agents supposedly involved:
 - CMV, herpes simplex virus, Epstein-Barr virus, and slow virus
- autoimmune theory postulates
 - the breach in the blood-brain barrier (caused by infection or another mechanism) allows the entry of autoantibodies to GluR3 into the brain, which causes activation of the glutamate receptors and subsequent seizures, and produces a vicious circle in which further breaches of the blood-brain barrier could be caused by the seizures
- Imaging: Normal at the onset
- Brain swelling : when seizures are frequent
- Unilateral enlargement of CSF compartments in the insular and periinsular regions is seen after disease onset
- Atrophy, either focal or hemispheric, develops progressively
- increased signal intensity on T2 WI & FLAIR images is also seen in the affected cortex & underlying white matter: possible gliosis
- Involvement of the basal ganglia
- MRS: non specific; decreased NAA peak (related to neuronal loss); increased choline (due to increased cell membrane turnover associated with inflammation); myo-inositol (reflecting glial proliferation); lactate





5 years old Recurrent focal seizures followed by status epilepticus

neuropil antibodies

Trt IVIg



Milh M et al, Brain Dev 2010

- FIRES: febrile infection-related epilepsy syndrome
- First epileptic seizure follows upper respiratory tract infection with fever
- Followed by recurrent partial or generalized seizures evolving to refractory status epilepticus lasting 1 to several weeks in a previously normal child



JC VIRUS : PROGRESSIVE MULTIFOCAL LEUCOENCEPHALOPATHY (PML)

- Human polyomavirus
- Infects tonsils or GI-tract
- Virus remains latent in tonsils, GI-tract or tubular cells of the kidney
- Reactivation in immunodeficient patients (transplant, AIDS, MS..) because of immunosupressive medications
- Also seen in patients under natalizumab (Tysabri)
- Extremely rare in children

PML: IMAGING

- "Scalloped" WM lesions: U fibers involved
- Multifocal, asymmetric
- Parieto-occipital, Basal Ganglia, PF
 - Cerebellar syndrome and multiple cranial nerve palsies related to involvement of the brainstem are most likely encountered in PML associated to AIDS
- Hypointense T1 WI/hyperintense T2-WI / FLAIR
- No enhancement or marginal contrast enhancement
- No/min mass effect







- Frontal predominance in MS patients treated by Tysabri
- Linear contrast enhancement is seen in up to 40% of cases



Pr JM Constans, Amiens

Flair NF et al Neurology 2012

• May manifest as a stroke like episode

30 y HIV & PML Aphasia hemiparesis



Case 11 2 months later 20 03 2014, ART JC virus positive, symptomatic Trt plasmatic exchange



07 05 2014

Worsening of visual symptoms





Question?

- 1. Tumoral pathology (lymphoma)
- 2. Viral infectious pathology (HSV, CMV...)
- 3. Inflammatory pathology (IRIS)
- 4. Other infectious pathology (Toxoplasmosis, cryptococcosis, aspergillosis,..)

IMMUNE RECONSTITUTION INFLAMMATORY SYNDROME

- Paradoxical clinical deterioration in HIV-patients under HAART (Highly Active Anti Retroviral Therapy)
- Exuberant granulomatous inflammation
- Patchy or punctiform enhancement
- Also described in patients with MS, Crohn disease treated with natalizumab (Tysabri-R), solid organ transplant recipients with immunosuppressive medications



Cryptococcus meningitis Kydney transplant and immunossuppression trt

8 months later: unsteady gait, obnubilation, and anterograde amnesia



contrast enhanced ependymal nodule

MEASLES

- Causes "Subacute Sclerosing Panencephalitis" (SSPE)
- History of primary measles infection before age 2, followed by several asymptomatic years
- Also described after vaccination
- Gradual psychoneurological deterioration
- MR findings are aspecific
 - subcortical periventricular WM, bilateral and asymmetric distribution, encephalomalacia and atrophy eventually
 - Parietal temporal lobes
 - Mass effect enhancement may be seen
 - Basal ganglia, thalami, cerebellum, CC and spinal cord: less frequent
 - Brainstem: rare



CONCLUSIONS

- Neuroimaging has a central role in the early diagnosis of encephalitis
- Increased human susceptibility to infection (HIV, chemotherapy/BMT/steroid treatments, genetics)
- The neuroimaging appearance of encephalitis and related disorders is non specific
- and requires close clinical correlations
- and follow-up in order to establish a diagnosis